

Appendix 4 – CHILDREN’S BOOKS AND TEACHER RESOURCE LIST

BOOKS FOR PRE-BEREAVEMENT

- **Someone I love is sick** by Kathleen McCue : **2-6 year olds**
- **What About Me : When Brothers and Sisters get sick** by Allan Peterkin : **2-6 year olds**
- **Gentle Willow** by Joyce Mills : **2-6 year olds**
- **Grandma** by Jessica Shepherd : **4-7 year olds**
- **My Brother and Me** by Sarah Courtauld : **4-10 year olds**
- **Saying Goodbye to Hare** by Carol Lee : **5-9 year olds**
- **Sometimes** by Rebecca Elliott : **5-8 year olds**
- **As Big as it Gets** by Julie Stokes : **5-10 year olds**
- **The Secret C** by Julie Stokes : **6-10 year olds**
- **Flamingo Dream** by Donna Jo Napoli : **6-11 year olds**
- **Because Someone I love has cancer : Kids activity book** : by Terri Ades : **6-12 year olds**
- **Help me Say goodbye** by Janis Silverman : Janis Silverman : **11-14 years**
- **My Parent has cancer and it really sucks** by Maya & Marc Silva : **12-18 years**

BOOKS FOR UNDER 5s

- **Honey Bear Died** by Jennifer E Melvin
- **Always and forever** by Debi Gliori and Alan Burant
- **Goodbye Mousie** by Robie H Harris
- **The Elephant in the room** by Amanda Edwards and Leslie Ponciano
- **How do people with Autism, grieve, and how to help** by Deborah Lipsky
- **Missing Mummy** by Rebecca Cobb
- **We Were Gonna Have A Baby But We Had An Angel Instead** by Pat Schwiebert
- **Remembering Lucy** by Sarah Helton
- **Is Daddy Coming Back in a Minute** by Elke & Alex Barber
- **Fred** by Posy Simmonds
- **The Sunshine Cat** by Miriam Moss
- **Are you sad Little Bear** by Rachel Rivett

BOOKS FOR 5-8 YEAR OLDS

- **Badger’s Parting Gift** by Susan Varl
- **Sad isn’t Bad** by Michaelene Mundy
- **A birthday present for Daniel** by Juliet Rothman
- **What on earth do you do when someone dies?** by Trevor Romain
- **When Uncle Bob Died** by Althea
- **Molly’s Rosebush** by Janice Cohn

- **We Were Gonna Have A Baby But We Had An Angel Instead** by Pat Schwiebert
- **The Day the Sea Went Out and Never Came Back** Margot Sunderland.
- **When your grandparent dies** by Victoria Ryan
- **The Way I Feel** Janan Cain.
- **Who moved my cheese? For kids** by Spencer Johnson, M.D and Christian Johnson
- **How do people with Autism, grieve, and how to help** by Deborah Lipsky
- **When Dinosaurs Die (a guide to understanding)** by Laurie Rasky
- **The Heart and the Bottle** by Oliver Jeffers
- **The Scar** by Charlotte Moundlic
- **Muddles, Puddles and Sunshine** by Diana Crossley
- **Beyond the Rough Rock (supporting a child who has been bereaved through suicide)** by Winston's Wish
- **The Elephant in the room** by Amanda Edwards & Leslie Ponciano
- **The Invisible String** by Patrice Karst
- **My Daddy is My Superhero** by Michaelagh Broadbent
- **A Terrible Thing Happened** by Margaret Holmes.

BOOKS FOR 9-12 YEAR OLDS

- **Death What's Happening** by Karen Bryan-Mole
- **Lifetimes** by Bryan Mellonie
- **Milly's Bug Nut** by Jill Janney
- **When Someone very special dies** by Marge Heegaard
- **Children also grieve** by Linda Goldman
- **Molly's Rosebush** by Janice Cohn
- **Love Will Never Die: helping a child through bereavement** by Clare Shaw
- **After A Murder: a workbook for grieving kids** by The Dougy Center
- **Her Mother's Face** by Roddy Doyle
- **The Frog Ballet** by Amanda McCardie
- **How do people with Autism, grieve, and how to help** by Deborah Lipsky
- **Something Bad Happened: A Kid's Guide to Coping with events in the News** Dawn Huebner.
- **Beyond the Rough Rock (supporting a child who has been bereaved through suicide)** by Winston's Wish
- **What To Do When You're Scared & Worried: A Guide for Kids** James Crist.

BOOKS FOR 11-18 YEAR OLDS

- **Straight Talk about Death for Teenagers** by Earl Groltman
- **The Charlie Barber Treatment** by Carole Lloyd
- **The Lost boy's Appreciation Society** by Alan Gibbons
- **The Spying Game** by Michael Smith
- **Two Weeks with the Queen** by Morris Gleitzman
- **Vicky Angel** by Jacqueline Wilson

- **You just don't understand: Supporting bereaved teenagers** by Winston's Wish
- **Hope beyond the headlines: Supporting a child bereaved through murder or manslaughter** by Winston's Wish
- **How do people with Autism grieve and how to help: An insider handbook** by Deborah Lipsky
- **My Sister Lives on the Mantelpiece** by Annabel Pitcher
- **The Grieving Teen: A Guide for Teenagers and their Friends** by Helen Fitzgerald
- **When a Friend Dies** by Marilyn Gootman
- **Healing Your Grieving Heart for Teens** by Alan Wolfelt
- **Beyond the Rough Rock (supporting a child who has been bereaved through suicide)** by Winston's Wish

BOOKS AND RESOURCES FOR TEACHERS

Title	Author/link
Someone has died suddenly	www.suddendeath.org
Helping Children to Think About Bereavement	Heather Butler
Finding your own way to grief (A practical, informative and sensitive workbook that encourages constructive expression of grief for those children and adolescents who have Autism Spectrum Disorder)	Karla Helbery
Have You Filled A Bucket Today? A Guide to Daily Happiness for Kids Encourages positive behaviour and expressing kindness and appreciation.	Carol McCloud.
How Grief may affect children	https://www.mariecurie.org.uk/help/support/bereaved-family-friends/supporting-grieving-child/grief-affect-child
Grief encounter: a workbook to encourage conversations about death between children and adults	Shelley Gilbert 2019 edition
When Children Grieve	Alfred Torrie
When Parents Die	Rebecca Abrams
The Little Book of Bereavement for Schools	Ian Gilbert

Title	Author/link
Draw on Your Emotions A resource to help people express and communication their emotions.	Margot Sunderland.
Living with Grief in School: Guidance for Primary School teachers and Staff: helpful for all age groups and includes policy examples	https://www.childbereavementuk.org/Handlers/Download.ashx?IDMF=a35f83e5-e4ad-49e1-8b01-7e7d55ffa528
Healing Grief	https://www.helpguide.org/articles/grief/coping-with-grief-and-loss.htm
Bereavement Box	https://www.nurtureuk.org/publications/practical-tools
Saying Goodbye to Greg – Understanding Bereavement- EYFS and primary	Christine Chapman
Remembering Lucy	Sarah Helton
Grief in Children	Atle Dyregrove
Learn How to Cope with Death, Loss and Grief	Veronica Semenova
Giving Sorrow Words	Steve Killick
Then, Now and Always: Supporting children as they journey through Grief: A Guide for Practitioners	Julie A Stokes
Good Grief 1: Talking about and Learning about Loss and Death-ideas for the school curriculum	Barbara Ward & Jamie Houghton
Good Grief 2: Exploring Feelings, Loss and Death with Under 11's	Barbara Ward and Associates
You just don't understand: supporting bereaved teenagers	Winston's Wish
Journeying through bereavement in schools	Ian Terry
Effective Grief and Bereavement Support	Kari Dyregrov
Children at Funerals (download)	https://www.ionabooks.com/children-at-funerals-pdf-download.html
How do people with Autism grieve and how to help: An insider handbook	Deborah Lipsky