



AWARD WINNING VOLUNTEERING & YOUTH EMPOWERMENT

To apply for a youth volunteering or empowerment programme visit www.wearespotlight.com/youthvolunteering or call the Volunteering & Youth Empowerment team on **020 30 111 333**

Over 19 and want to become an adult volunteer? Visit www.poplarharca.co.uk/volunteer

020 30 111 333
hello@wearespotlight.com
wearespotlight.com
@weare_spotlight
#OpenToInspire



YOUTH EMPOWERMENT PROGRAMME

OVERVIEW

Do you want the tools, insight and knowledge to broaden your horizons and prepare yourself for the future?

Improve your understanding of one of the most important issues facing young people today - the environmental crisis - and learn how to create change within your community and in wider society.

This the ultimate personal development programme for 15-19 year olds and will cover a wide range of topics through workshops, accreditations and trips to key organisations

WHY JOIN?

- A unique opportunity to build your knowledge, skills and confidence.
- Exclusive access to mentoring, personal development workshops and networking opportunities.
- Gain leadership skills and work alongside professionals from across the environmental sector and beyond
- Stand-out from the crowd with unique experiences that will look great on your CV and personal statement.

COMMITMENT

This programme will start in February 2020 and take place on Tuesdays from 4.30 - 6.30pm at Lansbury Spotlight. During school holidays longer sessions and day trips will take place

Register your interest now via www.wearespotlight.com/empowerment

Spotlight provides free creative, active and inspiring programmes for young people. To find out more visit www.wearespotlight.com



CONTENT

SELF REFLECTION

As part of the programme participants will work with professionals to explore their core beliefs and sense of self, whilst developing a set of shared group values.

COMMUNITY ACTION

The group will work to create change in their community through social action projects. They will learn how to plan, prepare and deliver events in their community and consult with their peers on the issues that matter.

EDUCATION

Participants will take part in a range of educational sessions focusing on:

- The causes of the global environmental crisis
- Campaigning, lobbying and creating change
- Learning how to amplify your voice
- Learning how to identify the truth amongst propaganda and fake news

EMPOWERMENT

Trips to organisations will help broaden horizons and inspire careers. These will include visiting:

- Charities
- Third sector organisations
- Government departments
- Non-profit environmental education groups

2019 HIGHLIGHTS



SELF REFLECTION

Group session delivered by life coaches



COMMUNITY ACTION

Volunteering at The Wildlife Trust



INSPIRATIONAL SPEAKERS

Ask questions and get inspired



EMPOWERMENT

Trip to the Unicef HQ



2020 PROGRAMME

FEBRUARY

Learn about the local and global ISSUES associated with the environmental crisis. Identify your core values and the programme's key aims and objectives.

MARCH

Develop the SKILLS needed to create change in society. Discuss key topics with inspirational speakers, learn how to communicate with decision makers and plan and design a social action campaign.

APRIL

How can we create CHANGE beyond the programme? Learn how to amplify your voice, take action to change people's behaviour and work to find the truth within today's media landscape.

MAY

Exam season 1-2-1 support

To find out more information, please visit www.wearespotlight.com/empowerment