

Advice for parents

• Talk to your child in the language you feel most confident and comfortable



- Do not change your natural
 pattern of language use at home
- Keep language simple: use short phrases when talking, use lots of repetition and keep modelling language to your child
- Use gesture, facial expression and body language to help show your child what you mean
- Encourage attempts from your child to communicate in any way or language show them you are interested!

Speech and Language Therapy strategies can be delivered in any language. Talk to your Speech and Language Therapist for more advice.

Kingston Children's Speech and Language Therapy

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My Child Hears More Than One Language - What should I do?

Bilingualism **does not cause** language delay.

Due to the common misunderstanding that bilingualism causes language difficulties, many parents stop using their native language in the home. This doesn't benefit the child's speech and language development.

In fact, there is overwhelming evidence to suggest that using home language can actually **help develop English** language rather than hinder it.



Children who learn more than one language tend to do well at **multitasking and focussing their attention**.



Research has found that having two languages can help **protect against the decline in the brain's abilities** when aging.

Date created: 02/11/2016

Review date: 02/11/2019

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There are two ways children acquire two (or more) languages:

Simultaneous: when both languages are acquired at the same time, ie from birth

Sequential: when a child learns a second language after the first language is more established.

AT SCHOOL

Silent period

Children learning a second language sequentially can go through a 'silent period'. This is often noticed in the school environment. This should be treated as a normal phenomenon - like any settling in period in a new environment.

Learning

If your child has leant a second language sequentially, he/she will begin to talk to peers in the playground relatively quickly.





MYTH BUSTER

You can mix **languages within a sentence** when you talk to your child



Your child **can mix languages in one sentence** when they talk to you

It is OK to speak in your chosen language to your child, even if s/he responds in a different language. If the child responds this shows that the message has been understood

 Codeswitching (moving between 2 languages) is a completely normal pattern of talking used by all bilingual speakers

 Evidence shows that young bilingual speakers produce their longest and most complex sentences when codeswitching

 If your child has learnt a second language simultaneously s/he is likely to be at the same level as a child who learns one language only

