

# DELIVERY PLAN FOR DPH'S ANNUAL PUBLIC HEALTH REPORT 2019

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### **BACKGROUND**

DPH has a statutory DUTY to produce an APHR

It is an independent report on the health of local population.

The APHR is an opportunity for the director of public health to review a local health issue or health of a community or population subgroup.

# WHAT IS THE TOPIC FOR THE APHR 2019/20

A WHOLE SCHOOL APPROACH TO HEALTH AND WELLBEING IN RICHMOND

# WHAT IS A WHOLE SCHOOL APPROACH TO HEALTH AND WELLBEING?

- A whole-school approach as a concept and model acknowledges the wider determinants within which schools operate and influence health and wellbeing
- A whole school approach recognises that all aspects of the school community can impact positively upon students' health and wellbeing
- In this approach, health is defined as a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity

### WHY FOCUS ON WHOLE SCHOOL APPROACH?

### Fit with Local Plan

- Richmond Corporate plan-Green, fairer and safer borough for everyone
- Richmond Health and Care Plan-Starting well
- Health and Wellbeing Strategy-Starting well
- SEND transformation plan
- Public Health Business Plan-Children and young people workstream
  - Develop a strategic vision to support health and wellbeing in schools
  - Healthy Early Years
     Award Networks
  - Improving air quality
  - Sexual health strategy working with schools around RSE

## Fit with Regional plans and opportunities

- Ask about Asthma Toolkit and clean air Healthy London awards
- Daily Mile Walk
- London Schools Superzones
  - Creating healthier spaces for London's children to live, learn and play
  - Create healthy environments in and around around schools (10-15 minutes walk)
- Mental Health in schools Toolkit
- Suicide prevention training
- Active Schools
- Water only Schools trial launch

## Fit with national plans and opportunities

- Whole school approach supported by DfSE, DoH, NHS, PHE and VS
- New Ofsted inspection framework 2019
- PHE 2020-2025 Strategy
- Cleaner air and start well
- Statutory Health education and relationships in primary schools and relationships and sex education in secondary schools will be compulsory from September 2020
- Children's society and Church of England Mental Health and Wellbeing: Towards a Whole School Approach (2018)
- NHS Long term plan Everyone gets the best start in life

### **SCOPE OF THE APHR**

Schools and colleges as a setting for supporting health and wellbeing of Children and young people in Richmond

The APHR will aim to answer the following questions:

- 1. How are schools and colleges in Richmond supporting health and wellbeing of the students? How does this compare with current evidence on what works?
- 2. How do students currently perceive the support and environment in schools and colleges affects their health and wellbeing?
- 3. How are parents engaging with schools and colleges to support the health and wellbeing of their children?
- 4. What is the current offer from other services to schools to support the health and wellbeing of the students?
- 5. What further steps can be recommended to ensure all schools and colleges progress towards meeting the whole school approach to health and wellbeing?



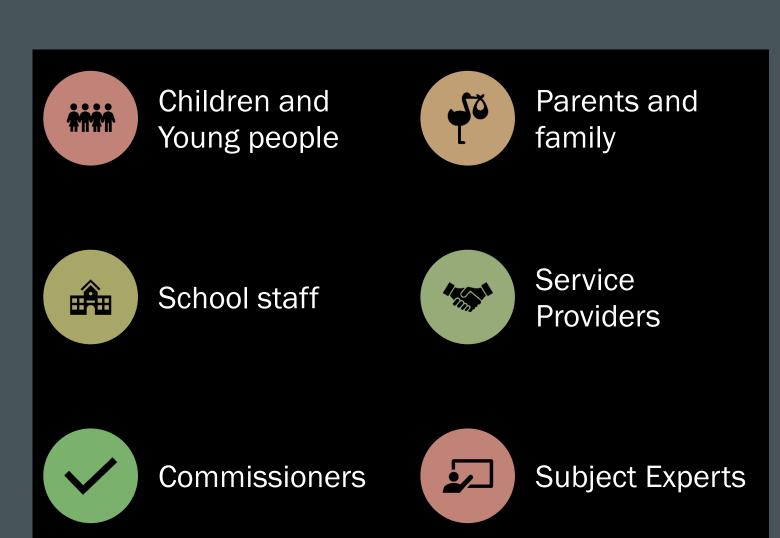
### **METHODOLOGY**

A collaborative approach engaging the local school communities in the process

A stakeholder's group will be established to ensure joint working



### STAKEHOLDERS GROUP









PROCESS OF ENGAGEMENT – BIG CONVERSATIONS WITH STRUCTURED FRAMEWORKS

### THE BIG CONVERSATIONS FRAMEWORK



Evidence on what works for whole school approach

Examples from other areas that have implemented



Mapping what is already in place

Local good practice



What are the gaps – solutions and what should we stop that is not working

Any challenges and solutions to overcome them

# EVIDENCE ON WHAT WORKS

A rapid literature review will be undertaken to include current guidance, frameworks and toolkits and good practice.

Summary of the findings from the literature review will be shared with the stakeholders group to agree the key themes that should be used for the big conversations

A draft structure for the big conversations will be agreed with the stakeholder group

# MAPPING CURRENT GOOD PRACTICE AND GAPS

The information will be collected by

- Self assessment by schools
- A structured question for the big conversations



# SOME EXAMPLES OF WORK ALREADY TAKING PLACE FOR DISCUSSION

- •MENTAL HEALTH SUPPORT TEAMS IN SCHOOLS -TRAILBLAZER
- ■PATHS PROGRAMME
- **MENTAL HEALTH FIRST AID**
- ■NEW RSE CURRICULUM
- **DAILY MILE**
- GREEN SCREENS AIR QUALITY INITIATIVE
- NATIONAL CHILDHOOD MEASUREMENT PROGRAMME
- DENTAL SCREENING CHECK
- VISION AND HEARING SCREENING
- IMMUNISATIONS
- PREVENTING RISKY BEHAVIOURS

## **ANALYSES**

Thematic analyses will be undertaken on the information from self assessment and the big conversations

The findings from the thematic analyses will be shared with the stakeholder group

Draft recommendations based on findings will be shared with stakeholder group

### REPORT CONTENT



Foreword by DPH and Lead member for Health



**Executive Summary** 



Introduction



Context – describe health of children in Richmond and issues, opportunity with schools/colleges setting



Evidence/what works



**Current initiatives** 



Topic based chapters e.g emotional and mental health, risky behaviours, air pollution



Gaps/recommendations

### REPORT STRUCTURE AND WRITING



The draft structure will be agreed with the stakeholder group



Chapters will be written and shared with stakeholder group



Draft report will be shared with stakeholder group and appropriate committees



Final report will be published on Richmond website

### **PROJECT PLAN**

Key milestones	Dec 2019	Jan 2020	Feb 2020	March 2020
Agree the outline content and design of APHR with DPH and internal comms/pub Agree resources				
Hold meetings with key people for engagement process	_	<del></del>		
Draft introduction and context ready	_	<del></del>		
Conversation café/workshops in place (F2F and online if capacity)	_			
Big Conversations held			<del></del>	
Thematic analyses and write up		_	<del></del>	
Draft for sense-checking ready			_	
Present to relevant members and committees				
Publish as per council policy				

### **FEEDBACK AND SUGGESTIONS**

Please send feedback and suggestions to

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