

Barnet Children and Young People's Integrated Therapy Service – Speech and Language Therapy, Occupational Therapy, Physiotherapy

Description of Activity

Who are we?

The Barnet Children and Young People's Integrated Therapy (CIT) Service is made up of Physiotherapists, Speech and Language Therapists, Occupational Therapists and integrated therapy assistants. The work we do is supported by our Children's Integrated Care Liaison Officers, who provide links between families and therapists, and by our admin team.

Who do we work with?

The service is expected to see Children and Young People (CYP) presenting with a range of needs, (some may already have diagnosed conditions), requiring Physiotherapy (PT), Occupational Therapy (OT) and Speech and Language Therapy (SLT) who meet our entry criteria and live within the borough of Barnet, or whose GP or school is in the borough.

We will see children and young people (CYP) between 0 - 25 years of age:

- 0 – 18 years, up to 19 years if in special school.
- 19 – 25 years with an EHCP and therapy provision included.

Where do we work?

The CIT service will offer universal services in the form of groups in Children's Centres and Schools, targeted services offering early intervention and blocks of therapeutic intervention and Specialist services requiring trans- disciplinary interventions and specialist services such as dysphagia.

The team works with children and parents/carers in schools, children's centres, clinics and their homes to assess need and deliver therapy. Children and young people who have an Education and Health Care Plan (EHCP) will be treated according to the requirements of the plan.

The service will run groups in Children's centres which offer a pre-referral assessment for under 5 year olds, please contact your local Children's Centre
<https://www.barnet.gov.uk/citizen-home/children-young-people-and-families/fyi-families-and-young-peoples-information-service.html>

Referral criteria

How can a child/young person access our service?

Children are referred to our service by educational professionals, parents/carers, and health care professionals including GPs, paediatricians, Health visitors and allied health professionals.

Referrals forms should be posted or emailed to the service at the address above.

For further information and to find our referral form please visit

<https://www.nelft.nhs.uk/barnet-childrens-integrated-therapies>

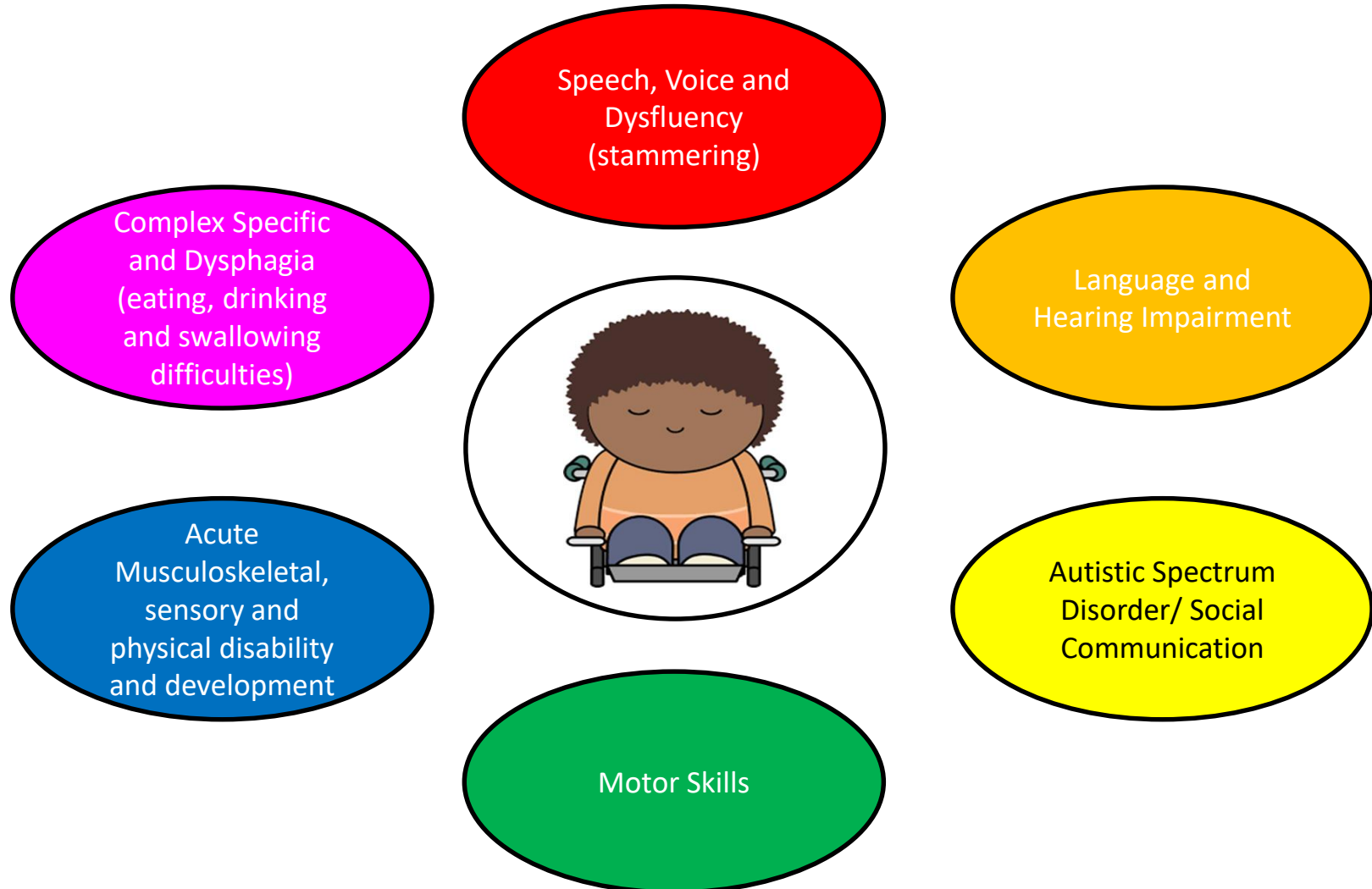
What kind of service will a child/young person receive?

A child or young person's therapy needs are met through universal therapy provision (for all and focusing on prevention), targeted therapy provision (working with others to set up and monitor therapy) and specialist therapy provision (requiring ongoing input from the therapist to effect change). Children whose needs can be met at a universal level do not require a referral to us.

Best care by the best people

Our service is comprised of six different pathways each of which addresses specific needs based on a child/young person's profile of need rather than their setting or diagnosis.

Referrals are triaged into the following pathways:



The table below provides a brief description of each pathway. A child’s profile of need may fit neatly into one pathway, may fall into two pathways but their primary needs can currently be met within one pathway, or they may require input from more than one pathway. The therapists(s) working with your child will be able to advise you further.

Speech, voice and dysfluency	Language and Hearing Impairment	Autistic Spectrum Disorder/ Social Communication	Motor Skills	Acute MSK, sensory and physical disability and development	Complex Specific and Dysphagia
<p>CYP with difficulties pronouncing or producing sounds, with a stammer or with vocal hoarseness/nodules Speech and Language Therapy will be delivered in clinics, nurseries and schools.</p>	<p>CYP with language delay/disorder across their expressive (use) or receptive (understanding) language. CYP with hearing impairment and language/speech difficulties as a result. Speech and Language Therapy will be delivered in clinics, mainstream nurseries, schools and colleges.</p>	<p>CYP with ASD or social communication difficulties which impact on their communication and social participation. Speech and Language Therapy and/or Occupational Therapy will be delivered in clinics, mainstream nurseries, schools and colleges and in Autism Resource Provisions.</p>	<p>CYP who have difficulties with fine and/or gross motor skills; developmental co-ordination disorder. Physiotherapy and/or Occupational Therapy will be delivered in clinics and school settings.</p>	<p>CYP who have movement or sensory needs from physical disability or delay in development; orthopaedic or musculoskeletal needs. Physiotherapy and/or Occupational Therapy will be delivered in community settings, and schools.</p>	<p>CYP with complex needs and/or eating and drinking difficulties requiring significant modifications to their environment in order to meet their communication, physical and sensory needs. Physiotherapy will be delivered in Special Schools and clinics. Speech and Language Therapy and Occupational Therapy will be delivered in community and school settings.</p>

Where to find more information

- If you would like to find out more information about our core offer to children and young people receiving integrated therapy services in Barnet please see the “Barnet Children and Young People’s Integrated Therapy Service – Core Offer”
- Barnet CIT will be providing a termly update for parents and professionals which will be available to view on our NELFT Webpage:
<https://www.nelft.nhs.uk/barnet-childrens-integrated-therapies>
- As a part of our Universal services we are developing training packages which you will be able to book on our website in due course. We also hold a half termly parent forum which you may sign up to using the EventBrite link that will be posted on our Trust website. For more information, and to book a place on the parent forum please follow the link to the trust website. The parent forum dates for this academic year will be: 11th February 10-11.30am; 1st April 1-2.30pm; 12th May 10-11.30am; 24th June 1-2.30pm.
- If you wish to get in touch with our service to discuss a referral or have a query about your child’s therapy, please call us on [0300 300 1821](tel:03003001821) or email nem-tr.BarnetCIT@nhs.net
- We welcome feedback from all stakeholders so that we can review and improve the delivery of our service to children and young people. If you have a concern or complaint about our service, we would value the opportunity to try and resolve this with you at a local level. If you would like to feedback about your child’s therapy experience please contact us on the above number/email address and we will endeavour to support with your query/concern.
- The complaints / compliments / comments form on the NELFT website is currently being amended. When it is ready we will make the link available.

Barnet Children's Integrated Therapies Structure

