



Safety



Accidents are the second biggest killer of children in the UK. Serious accidents can cause injuries that take months or years to heal. The psychological damage caused to children and their families often lasts a lifetime.

Many accidents that happen in the home can be prevented:

Falls:

- Once a baby can crawl they can climb. Beware of furniture pushed up to windows that they could climb onto.
- Beware of the toys that are in their cot as your child may use them to climb out.
- Fit window locks and safety catches to stop them opening more than 6cm wide.
- **Fire**, you need a working smoke alarm on every level of your home and check it is in working order regularly .
- **Blind Safety**, make sure all blind cords and chains are secured and out of reach.

First Contact

and

Support Hub

01429 284284

fcsh@hartlepool.gov.uk

<http://hartlepool.fsd.org.uk>

To find your nearest children's
centre call: **01429 284284**





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Burns and Scalds:

- When running a hot bath put the cold water in first.
- Put your baby down before picking up a hot drink, they may grab or knock it.
- Make sure all electrical appliances are out of reach.
- Try to keep your children out of the kitchen whilst cooking.
- Use a kettle with a short or curled lead.
- Fit fireguards to all fires and heaters.

Sun Safety

Children love playing outside, however excessive sun exposure and sunburn is a major risk factor for skin cancer. Protecting the skin of babies and children is therefore vital.

Babies and children have extremely delicate skin that burns very easily. They should always wear a high factor sunscreen, a hat and loose, long sleeved shirt to protect them from the sun.

You should ever leave your baby in the sun.

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