



Why you should make your own clay

- It's lots of fun, exciting and provides exploratory opportunities.
- Easy to handle and mould, making it good for little hands as they develop handling skills with tools such as cutters and rolling pins.
- It can be soothing and comforting.
- It introduces children to following recipes and provides early experiences of measuring as children pour, mix and knead.
- It develops creativity and imaginative play as children mould, form and explore changing shapes and model making.



Baked Craft Clay

Ingredients:

- 4 Cups of flour
- 1 Cup of salt
- 1 ½ cups of water
- 2 Tablespoons of vegetable oil
- Food colouring
- 1 Egg, beaten

Mix together and knead until smooth. Separate into parts and add a few drops of different coloured food colouring. Make shapes and brush egg over the top. Put shapes on a cookie sheet and bake in the oven at 300°F for about one hour until the clay is golden. Seal with varnish to make shiny and then paint.

No Bake Craft Clay

Mix together and add food colouring. Refrigerate for a few hours. Store in an airtight container or a plastic zip lock bag.

Ingredients:

- 2 ½ cups flour
- 1 cup salt
- 1 cup water
- Food colouring

Homemade Clay

Ingredients:

- 2 Cups salt
- ¾ cup water
- 1 cup cornstarch
- ½ cup water

Mix salt and ¾ of a cup of water in a saucepan over medium heat for about 5 minutes, stirring constantly. Remove from heat. Add cornstarch and ½ cup water. Stir and heat again on medium heat until smooth and thick. Refrigerate for a few hours. Store in airtight plastic zip lock.

Cinnamon Apple Clay

Mix together in a bowl and add food colouring. Refrigerate for a few hours until the clay is firm.

Ingredients:

- 1 cup apple sauce
- 1 cup flour
- 1 cup cinnamon
- ½ cup white school (PVA) glue
- Food colouring

First Contact

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