



Building your child's confidence



- Let your toddler choose what they want to play and join in with.
- Ask your toddler what they want to do. They might not tell you the first few times, so just watch and give encouragement.
- Give plenty of praise, like 'you are so clever!' or 'well done' and ignore silly behaviour.
- Smile and look at your toddler. Comment on how your toddler looks, for example 'you look happy today'.
- Show your toddler that you are interested in the game through your comments. For example, 'you are building a really big tower,' Repeat what your toddler says, for example if they say 'I like my dinosaur', reply that you really like it too. This shows that you've listened.
- You want your toddler to enjoy themselves, so don't interrupt or try to take control.





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- Value and give your full attention to your child's play activities.
- Reinforce your child's learning efforts by describing what they are doing.
- Praiseyour child's efforts as well as their successes.
- Follow your child's lead when talking with them or playing.
- Spend regular daily time with your child.
- Listen to your child – watch for times when your child is open to talking – don't pressure them to talk if they don't want to.

First Contact
and

Support Hub

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Ref: Little baby books
Heads-up lookers and communicators

To find your nearest children's
centre call: **01429 284284**

