

## AfC Open Award D of E Centre 2019-20:

**All sessions for participants start at 5.45pm and finish at 8pm, unless otherwise stated**

**(All staff in at Ham Youth Centre from 5.15 to 8.15 p.m.)**

**Updated 16<sup>th</sup> October 2019**

### Key:

Ham Gold Award (Monday's)	<b>Total of 13 sessions</b>
OAC Expeditions/Navigation Training Days	<b>3</b>

### Monday's

21 <sup>st</sup> October* <b>(New Starters)</b>	Intro to Gold D of E Why you shouldn't do Gold D of E	Programme Information & Questions Discuss section choice Handout enrolment & other forms
<b>Half Term</b>	<b>Saturday 26<sup>th</sup> to Sunday 3<sup>rd</sup> November</b>	
25 <sup>th</sup> November* <b>(New Starters)</b>	Intro to Gold D of E Why you shouldn't do Gold D of E <b>Ensure participants have chosen sectional activities &amp; started to upload details to edofe</b>	Programme Information & Questions Discuss section choice Handout enrolment & other forms
16 <sup>th</sup> December	Ground Rules sessions & Expeditions Section choices, eDofe session, upload section details Residential Section + GAP (Record on edofe)	<b>(New Gold Participants)</b> <b>Sort into Expedition Groups</b> Expedition Clothing/Equipment, Sleeping Bags (TOG) & Rucksack Packing, Weather
<b>CHRISTMAS HOLIDAY'S</b>	<b>Saturday 21<sup>st</sup> December to Monday 6<sup>th</sup> January 2020</b>	
6 <sup>th</sup> January <b>(2020)</b>	Menu Plans & Nutrition (Calorie Intake) Food Weight	Traingia Gas Stoves (RA's) & Cooking Expedition Tents & Care
27 <sup>th</sup> January	Expedition Injuries First Aid & Emergencies	First Practice Route Cards (Days 1 & 2)
<b>HALF TERM</b>	<b>Saturday 15<sup>th</sup> to Sunday 23<sup>rd</sup> February</b>	
16 <sup>th</sup> February <b>(Sunday)</b>	<b>Gold - Navigation Training Day ( 09.30 to 17.00)</b> <b>(Ashdown Forest)</b>	
9 <sup>th</sup> March	Finish Gold Practice Route Cards & Menu Plans	<b>(Check Expedition Groups &amp; Expedition Aim)</b>
23 <sup>rd</sup> March	Gold Expedition Kit Issue, Expedition Briefing, Emergency Procedures (Expedition TME Forms) <b>(Ensure Route Cards are Completed)</b>	

<b>EASTER HOLIDAY'S</b>	<b>Saturday 4<sup>th</sup> to Sunday 19<sup>th</sup> April</b> (Good Friday 10 <sup>th</sup> , Easter Monday 13 <sup>th</sup> April)	
4 <sup>th</sup> to 8 <sup>th</sup> April	<b>Gold Practice Expedition - Black Mountains</b> <b>Saturday 4<sup>th</sup> to 8<sup>th</sup> April 2020</b>	
20 <sup>th</sup> April	Gold Expedition Kit Return & De-Brief (Complete Expedition TME Forms)	
Monday 4 <sup>th</sup> May	<b>Closed Bank Holiday</b>	
18 <sup>th</sup> May	<b>Navigation Skills</b> Grid References, Compass Use/Bearings, Distance, Scale, Pacing & Timing, Tick Features	
<b>HALF TERM</b>	<b>Saturday 23<sup>rd</sup> to Sunday 31<sup>st</sup> May</b>	
15 <sup>th</sup> June	Gold Assessed Route Cards & Menu Plans (Brecon Beacons) <b>(Days 1 &amp; 2)</b>	
6 <sup>th</sup> July	Finish Gold Assessed Route Cards & Menu Plans (Brecon Beacons) <b>(Days 3 &amp; 4)</b>	
<b>SUMMER HOLIDAY'S</b>	<b>Thursday 23<sup>rd</sup> July to Wednesday 2<sup>nd</sup> September?</b>	
25 <sup>th</sup> August <b>(Tuesday)</b>	Gold Expedition Kit Issue, Expedition Briefing, Emergency Procedures (Expedition TME Forms)	
26 <sup>th</sup> to 30 <sup>th</sup> August <b>(Wednesday to Sunday)</b>	<b>Gold Assessed Expedition (Brecon Beacons)</b>	
14 <sup>th</sup> September	Gold Assessed Expedition Kit Return & De-Brief (Complete Expedition TME Forms)	
1 <sup>st</sup> October <b>(Thursday)</b>	Gold edofe signing off session GAP setup on edofe	<b>Complete TME forms &amp; and Online Feedback</b>

**Programme uploaded to <https://www.afcinfo.org.uk/pages/young-people/information-and-advice/activities-and-fun/duke-of-edinburghs-award/open-dofe-centre>**

**Contact: Karen Lowry**

**Participant Feedback at:**

[http://www.richmond.gov.uk/home/services/children\\_and\\_family\\_care/youth/dofe/dofe\\_contact\\_and\\_feedback.htm](http://www.richmond.gov.uk/home/services/children_and_family_care/youth/dofe/dofe_contact_and_feedback.htm)

**Notes:**

- Any Gold Direct Entrants need to attend additional sessions (Bronze or Silver sessions)**