



# 1-2-3 Magic

**Behaviour management course for parents and carers of children aged 2 to 12 years diagnosed with ADHD or who display challenging behaviour**

The course provides simple tools for parents to:

- control unwanted behaviour
- encourage appropriate behaviour
- strengthen your relationship
- build self-esteem



The course will include information on 'What is ADHD'.

Where: Ham Youth Centre, Ham Hall, Ham Close, Richmond, TW10 7PL

The group starts on **Thursday 7 November 2019** and will run from **10.30am to 12.30pm**  
The course will run for **5 consecutive weeks**

For more information and to book a place, please contact Karen Williams 020 8547 6965 or 07771 974388.