



# Chat and Play

---

Autumn 2019 schedule



achieving  
for children

Do you have concerns about your child that you would like to chat about with a friendly local expert? We have planned some new and exciting bookable Chat and Play sessions where you can have the opportunity to talk to a specialist with your child in a comfortable play environment.

## **Who is leading the Chat and Play sessions?**

We are hosting a range of play sessions at our children's centres across Kingston and Richmond, led by colleagues from Achieving for Children. A brief outline of their expertise and the support they can offer you can be found within this leaflet.



## **Are they free to attend?**

Yes, they are completely free of charge for all parents.

## **When and where will the Chat and Play sessions take place?**

These will be held at different children's centres across Kingston and Richmond, running from October to November. Whether you are a Kingston or Richmond parent, you can attend a session in either borough. You can find further details of when the sessions will be running within this leaflet.

## **How long do the Chat and Play sessions last?**

The sessions will be open for an hour and a half, giving you time to play and have a chat with one of the local experts.



## What concerns can I come with?

You can come and chat with our local experts about any concerns you might have, they will be able to give advice and signpost you to further support, if appropriate. You can find out more about what each expert can offer you within this leaflet.



## How do I book to attend?

**For Richmond sessions:** Tangley Park, Norman Jackson, Ham or Barnes children's centres, please call **020 8481 9420**

**For Kingston sessions:** Kingston Town, Tolworth, Chessington or Old Malden children's centres, please call **020 8339 9848**

# Who can I talk to?

## Educational psychologists

Are you worried about aspects of your child's social skills or interactions? Concerned about their behaviour?

Educational psychologists understand what helps babies and young children grow, learn and develop well. As good listeners, we can help parents to:

- help your child to be social
- manage your child's emotions and their behaviour

We can chat with parents to help notice what is already working well and what other things can be implemented with your child.



| Children's centre | Borough  | Date       | Time           |
|-------------------|----------|------------|----------------|
| Kingston Town     | Kingston | 2 October  | 1.00 to 2.30pm |
| Tangley Park      | Richmond | 4 November | 1.00 to 2.30pm |

## Speech and language therapists



Do you have concerns about your child's ability to communicate, or their listening and attention skills? Are you worried about the amount of words your child is able to use?

Speech and language therapy provides services for children who are having difficulties with the development of their speech, language, communication or feeding.

We are available to talk through concerns and give advice to parents who have questions about the way your child is:

- communicating and playing with their friends and family
- understanding language and following instructions
- communicating their wants and needs
- able to listen and concentrate
- speaking unclearly or dysfluent (a stammer)

We can suggest and model strategies that can be reinforced at home.

| Children's centre | Borough  | Date        | Time            |
|-------------------|----------|-------------|-----------------|
| Tolworth          | Kingston | 15 October  | 1.00 to 2.30pm  |
| Norman Jackson    | Richmond | 15 November | 9.30 to 11.00am |

---

## Portage Service

Do you want to understand the importance of play and know how to use everyday objects in the home to support your child's learning and development?

With practical strategies we can support parents to use:

- a 'small steps' approach to learning, breaking down goals into achievable targets
- everyday activities in the home to support your child's development



We can help to empower parents to make informed choices about your child's development whilst supporting you to feel confident in your own abilities.

| Children's centre | Borough  | Date       | Time           |
|-------------------|----------|------------|----------------|
| Ham               | Richmond | 9 October  | 1.00 to 2.30pm |
| Old Malden        | Kingston | 6 November | 1.00 to 2.30pm |

---

## Sensory support teachers

Are you concerned about your child's hearing or worried they might have Glue Ear? Are you worried that your child frequently mouths objects or is over sensitive to certain sensations, such as noise?

We are specialist teachers qualified to work with children and young people with hearing, vision or multi-sensory needs.

We can offer parents:

- practical advice and information on hearing, vision and other sensory difficulties
- games and activities to play with your child to help build listening, looking and attention skills
- information on what to do if you find out your child has 'Glue Ear'
- advice on looking after hearing aids and glasses
- information on squints and patching



| Children's centre | Borough  | Date        | Time           |
|-------------------|----------|-------------|----------------|
| Barnes            | Richmond | 7 October   | 1.00 to 2.30pm |
| Chessington       | Kingston | 13 November | 1.00 to 2.30pm |

---

## Occupational therapy and physiotherapy

Would you like to talk to a therapist about any concerns you might have about your child's movement and physical or sensory development?

Occupational therapists and physiotherapists help when a child is having difficulty learning to perform a new skill, especially over a longer time than considered typical for their age.



We can offer advice should you have concerns regarding your child's development in the following areas.

- Is your child able to roll, sit, stand, walk, run, jump, climb on play-gyms just like their peers?
- Is your child using their arms and legs symmetrically (the same)?
- Are you worried about their reactions to sensory information?
- Are you worried about how your child uses their movement skills in play?
- Is your child having difficulties with a range of tasks required in their day, such as dressing, eating, toileting?

We can help parents by offering advice, strategies and signposting to further support where needed.

| Children's centre | Borough  | Date       | Time            |
|-------------------|----------|------------|-----------------|
| Chessington       | Kingston | 16 October | 1.00 to 2.30pm  |
| Heathfield        | Richmond | 5 November | 9.30 to 11.00am |

---

## **Where we are:**

### **Barnes Children's Centre**

76b Lower Richmond Road, Mortlake SW14 7HJ

### **Chessington Children's Centre**

Buckland Road, Chessington KT9 1JE

### **Ham Children's Centre**

Ashburnham Road, Ham TW10 7BJ

### **Tangley Park Children's Centre**

Tangley Park, Hampton TW12 3XB

### **Tolworth Children's Centre**

School Lane, Tolworth KT6 7QJ

### **Norman Jackson Children's Centre**

50 Windmill Road, Hampton Hill TW12 1QU

### **Old Malden Children's Centre**

Sheephouse Way (entrance Lawrence Avenue),  
New Malden KT3 5NB

### **Kingston Town Children's Centre**

Villiers Road, Kingston KT1 3AR

### **Heathfield Children's Centre**

Powder Mill Lane, Whitton, TW2 6EX