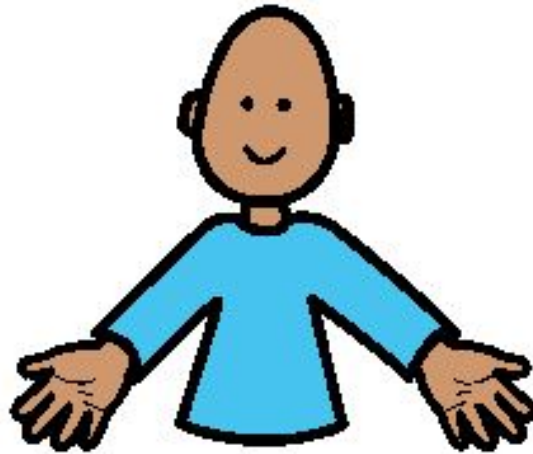


**“Participation is important
to bring everyone closer”**



Welcome!

Today's Workshop Team



Kiah



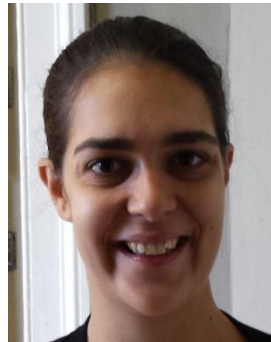
Dave



Aiden



Joe



Annabel



Grace

Hello!



I'm Kiah

I'm studying Animal Care

Hello!



I'm Dave

Hello!



I'm Aiden

I have two kittens

Hello!



I'm Joe

I'm a History Graduate on the Autism Spectrum

Hello!



I'm Annabel

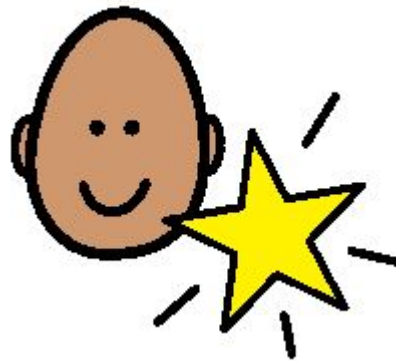
I'm a Participation Worker

Hello!

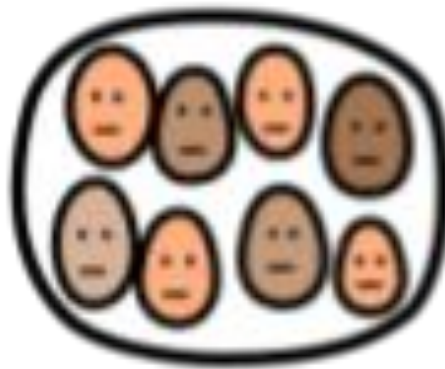


I'm grace

I'm a Participation Officer



We're all unique!



Group Activity!

Our Voices - Assumptions and Surprises



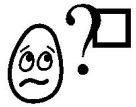
Kiah



Dave



Aiden



Things that people assume about me

- If I am out on my own in public I must be lost
- I have a radar key
- When I am walking they assume I don't have a disability



 **! Some things that surprise people about me are...**

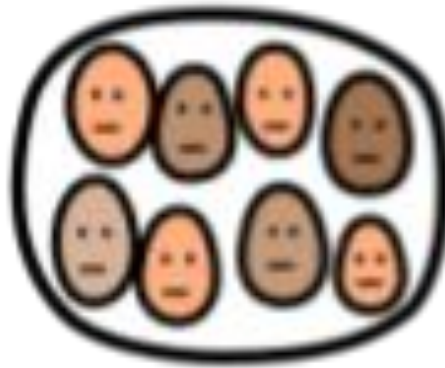
- I can walk
- I'm a fan of 'Real Housewives'
- I am independent when travelling
- I am a professional athlete

Things that people assume about us

- Because I use a wheelchair I have to stay in it all the time
- Because I am autistic I'm not sociable
- Because I can't speak I can't communicate
- Because I find academic work easy, I don't struggle with anything



Getting to Know Each Other



Group Activity!

Our Voices - A Little Bit About Us



Kiah



Dave



Aiden



I like....

- Computer Games
- Going to the Cinema
- Fun fairs and theme parks



I don't like...

- Tidying up
- People who are annoying
- Rollercoasters
- Donald Trump



Things I am good at...

- Looking after animals
- Travelling to college
- Spending money on stuff I don't need

Things I find difficult

- Stopping playing computer games
- Some friendships
- Saving money!



It's helpful when...

- I have extra time and rest breaks in exams
- People explain questions or information to me that's tricky to understand
- Maths and English were hard at school - they are easier at college now they are 'functional skills'



 I like



 I don't like

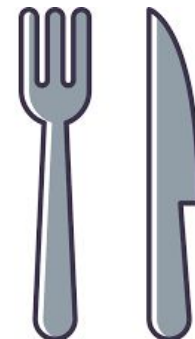




 I am good at...

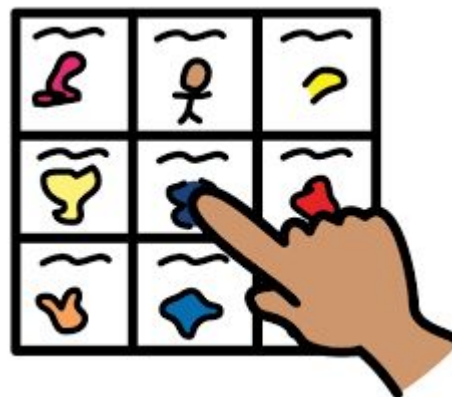


 Things I find difficult ...





I find these things easier...





I like

- Animals
- Christmas
- Nandos
- Travelling
- Spending time with family



I don't like

- American football
- Rain
- Hot weather
- Easter eggs



 I am good at...

- Media
- Getting involved with Participation
- Being creative

 Things I find difficult ...

- Telling people how I am feeling
- Speaking to large audiences
- Socialising with others



Top tips!

Don't make assumptions about us

We are individuals

We are not defined by our disabilities

Get to know us - we might surprise you

Our Voices - Getting to Know Us



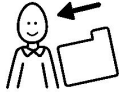
Kiah



Dave



Aiden



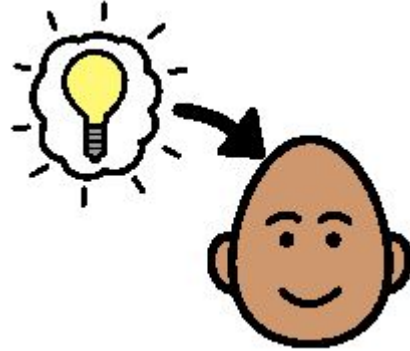
When you meet me for the first time...

- Introduce yourself, tell me your role and why you are here
- Show me respect
- Don't be patronising
- Ask friendly questions
- Be ok with questioning from me



Top tips!

- Write to us and use pictures in your letters
- Tell us you are coming and why
- Ask us when is good for us to meet
- Listen
- Show us you are interested in us
- Don't ask too many personal questions



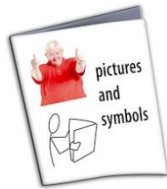
Thinking about Participation

Participation is the process by which children and young people influence decision-making, which brings about change in them, others, their services and their communities.

Participation



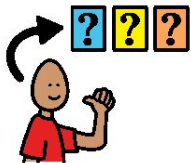
Rights



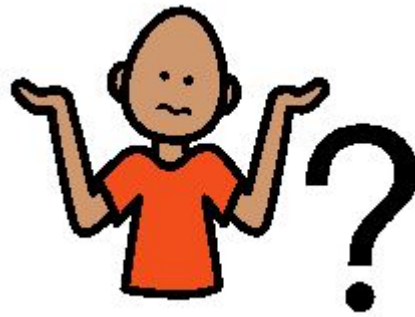
Information



Consultation and feedback



Decisions and planning



Why?



Rights and the law



- United Nations Convention on the Rights of The Child 1989 (UK 1991)
- United Nations Convention on the Rights of Persons with Disabilities 2007 (UK 2009)



- Children's Act 1989 & 2004
- Human Rights Act 1998
- Mental Capacity Act 2005 (16+)
- Equality Act 2010
- Children and Families Act 2014

You should listen to and involve us because...



It's about us and
it's our right



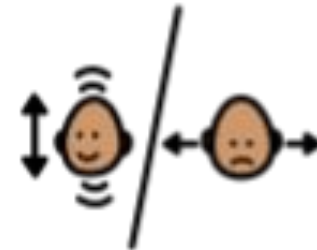
The law says you
should



It is respectful

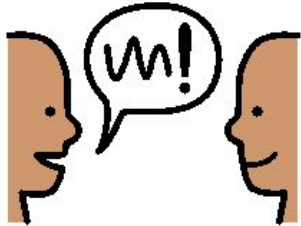


We know how it feels

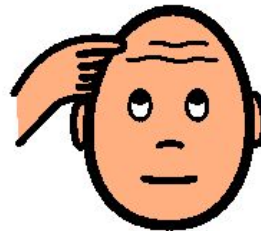


We can tell you if
it will work or not

You should listen to and involve us because...



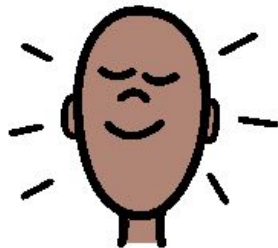
We will get better at communicating



We will get better at making decisions



We will feel more involved



We will feel good about ourselves



We will be making decisions when we are adults

Our Voices - Why This is Important



Kiah



Dave



Aiden



? It is important to listen to us because...

- It's our view that counts!



? It is important to listen to us because...

- We are the future!
- Our ideas are sometimes (usually) better
- You need to give us respect
- It will help us get better at making decisions
- We know what it **feels like**

Our Voices - On Being Listened To



Kiah



Dave



Aiden



My experiences of being listened to well...

- I was on the School Council and requested burger and chips to be on the canteen menu
- College have helped me deal with a tricky situation

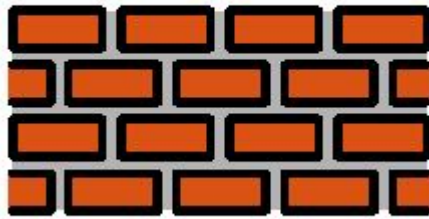


My experiences of being listened to well...

- My OT listened and got an automatic door for me
- I get listened to at Participation activities

When we weren't listened to well...

- . When my leg splints were uncomfortable and nobody did anything
- . I told school I needed extra help in my English exam
- . I didn't have a choice about my support in school
- . I didn't have the resources to tell people how I was feeling



What are the barriers?

Our Voices - When Speaking Up is Hard



Kiah



Dave



Aiden



It can be hard to speak up when...

- Staff change and you have to explain everything again to someone new
- But it's important to speak up - especially around bullying, otherwise they just carry on



It can be hard to speak up when...

- You're being ignored
- You're feeling nervous
- You feel like no actions will occur from you speaking up



It can be hard to speak up...

- When you don't have the right resources
- When people haven't listened before
- Because you worry how people will react
- When you don't know who you can talk to



You can encourage young people to speak up and give their views by...

- Being nice and kind
- Giving them sweets afterwards - this helps when you've talked about something difficult!
- Doing something about what they've told you



You can encourage young people to speak up and give their views by...

- Being positive
- Telling them a bit about yourself
- Being supportive



Top Tips!

- Give us enough time and support and a safe space to give our views
- Accept our contributions and views - even if they are different from your own

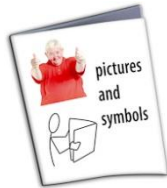
Listen to us and prove you are listening to us

Involve us in decisions that affect us

Respect us and don't treat us as if we are younger

Remember that we know how it feels to be us

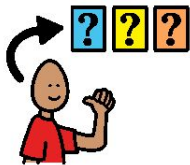
Participation



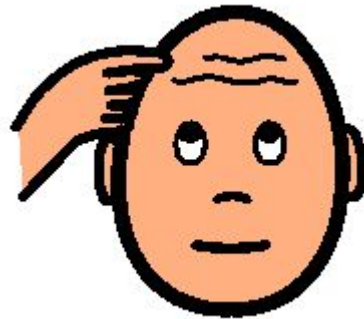
Information



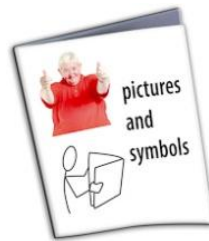
Consultation and feedback



Decisions and planning





Think about what you do




Information


'About Me' Staff Introductory Guides




Hello!




My name is Candice Raymond
I am Lead Children's Physiotherapist




I like




Cake Decorating




Swimming





I don't like




Traffic




Snakes




My job




I look after children & Young people who have difficulty moving and using their bodies. By giving them exercises and equipment to make it easier.




I manage the rest of the physio's and make sure they are doing a good job




How to contact me



The Moor Lane Centre
Moor Lane
Chessington
KT9 2AA



Candice.raymond@achievingforchildren.org.uk



0208 547 6039

9 REASONS TO USE VISUALS

www.northstarpaths.com

@kwiens62



- VISUALS ARE PERMANENT
(SPOKEN WORDS DISAPPEAR)



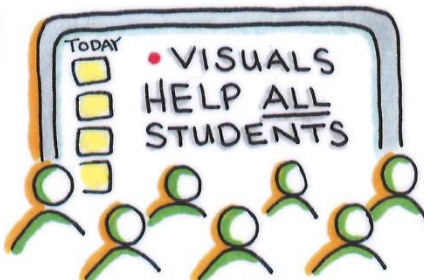
- VISUALS ALLOW TIME
FOR LANGUAGE PROCESSING



- VISUALS PREPARE
STUDENTS FOR TRANSITIONS



- VISUALS HELP KIDS
SEE WHAT YOU MEAN



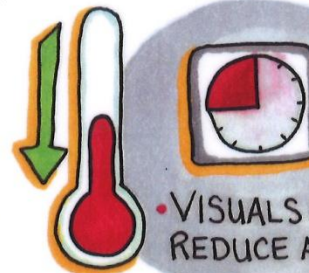
- VISUALS HELP
BUILD INDEPENDENCE



- VISUALS ARE TRANSFERABLE
BETWEEN ENVIRONMENTS
AND PEOPLE



- VISUALS HAVE NO ATTITUDE
• NO TONE • NO FRUSTRATION
• NO DISAPPROVAL



- VISUALS HELP
REDUCE ANXIETY

Easy Information Group



SEND Young People's Easy Information Group January 2018 (3)



Tuesday 9th January 2018, 4:30pm – 6:30pm



Guildhall 1, High Street, Kingston upon Thames, KT1 1EU



Agenda

1		Welcomes, Introductions and Apologies
2		Notes from the last meeting and updates
3		Information Reviews: <ul style="list-style-type: none"> Occupational Therapy leaflet Aiming High Application Pack SEN 'Future Options' Letters Family Support Team 'About Us' Guide
4		Ideas, Thoughts and Questions
5		Things to Do!
6		Feedback and finish
Next Meeting: Tuesday 13 th February 2018, Guildhall 1		

The Occupational Therapy Team at the Moor Lane Centre

A Guide About Us



We can help children and young people who find it difficult to carry out everyday activities



We can help with washing and dressing



We can help with school work and writing



We can also help children and young people to have fun and play



SEND Young People's Easy Information Group Information Review – 9.1.18



Occupational Therapy 'About Us' Guide



Young People's Views

Good	Not good
<ul style="list-style-type: none"> Good to have a team guide Good font type Good font size on some pages I would have liked to have this when I had Occupational Therapy – it would have been helpful 	<ul style="list-style-type: none"> Some photos missing Picture for 'everyday activities' unclear Too many slides Cover is boring – wouldn't pick it up Some words and descriptions unclear I would need 1:1 support to understand what it means Font a bit small under photos
Advice for improvement	
<ul style="list-style-type: none"> Better if all photos were taken in one setting (outside background is nice) Pictures and symbols need to closely match meaning of words Consider having 2 versions – e.g. for primary + secondary Pictures should go to left of or above words / sentences (not below) Descriptions need to be clearer and less confusing – sentences need to be cut down Needs to be chopped up into sections with titles, e.g. 'Who we are', 'How we help' 	



Top tips!

Use pictures or symbols and colour

Don't use jargon - use simple words and not too many

Use a font that's easy to read and "don't make the words so small it looks like an ant's written it"

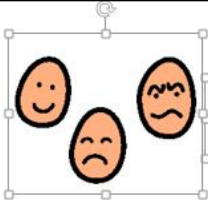
"We should get letters if they're about us"

"They assumed that because I could read I did not need Easy Read information. But if I had had it, I would have been able to keep up in class"



Consultation and Feedback

Individual Communication Profiles



How I communicate my feelings and views

When I am happy I might...



Smile



Flap my hands



Giggle or laugh



Hold my head up

When I am unhappy I might...



Wriggle



Shake my head



Go red if really cross



Make unhappy groaning noises



Bounce up and down in my chair



Push people or objects away

Sticker Consultations



My Views about School!

Thing that are good about choo



I like tag
rugby and
football.



clubs



I like computer
games.



love



adventure
ground



Homework
club.



love homework



maths



day.



I like the
lunch at
this school.






friends.

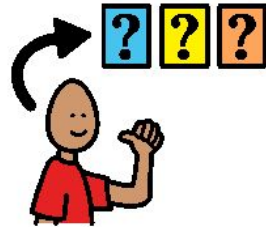
Sticker Consultations



Your Views

 Yes / True (All the time)	 Maybe / Not sure (Sometimes)	 No / False (Never)
<div data-bbox="393 606 486 692"></div> <div data-bbox="383 699 497 728">I feel safe</div> <div data-bbox="631 664 725 742"></div> <div data-bbox="569 756 777 785">I get the help I need</div> <div data-bbox="383 792 486 878"></div> <div data-bbox="362 885 497 913">School is fun</div> <div data-bbox="611 856 694 935"></div> <div data-bbox="569 949 735 978">I try new things</div> <div data-bbox="383 992 486 1078"></div> <div data-bbox="352 1085 507 1120">I make choices</div> <div data-bbox="631 1078 704 1149"></div> <div data-bbox="590 1156 735 1185">I have friends</div> <div data-bbox="362 1185 445 1249"></div> <div data-bbox="300 1263 507 1306">I am praised when I do well</div>	<div data-bbox="922 621 994 692"></div> <div data-bbox="859 699 1046 756">Other children are kind to me</div> <div data-bbox="901 813 994 899"></div> <div data-bbox="839 906 1046 942">People know me well</div> <div data-bbox="942 999 1004 1106"></div> <div data-bbox="859 1113 1067 1149">Adults are kind to me</div> <div data-bbox="1056 1163 1129 1228"></div> <div data-bbox="984 1235 1191 1292">I learn to do more things independently</div>	<div data-bbox="1377 592 1491 664"></div> <div data-bbox="1346 671 1512 728">I know what will happen at school</div> <div data-bbox="1388 792 1450 863"></div> <div data-bbox="1315 863 1512 928">I get information I understand</div> <div data-bbox="1357 985 1450 1063"></div> <div data-bbox="1305 1071 1502 1106">Adults listen to me</div> <div data-bbox="1533 1128 1616 1199"></div> <div data-bbox="1460 1206 1688 1263">I have someone to talk to if I am upset</div>

I don't like some people shouting, screaming, shut up, called some one name.



Decisions and planning

What is important to



Cleaning my teeth



Things that are important to me



Things that are not important to me



Going to the toilet without help



swimming



Going to bed on time



Putting my leg splints on without help



Handwriting



Eating vegetables



Being able to use the computer without help



Getting to School on time



Doing my physio exercises



Dressing myself in the mornings



Getting out of my chair without help



Using my walker at home



What my classroom chair looks like



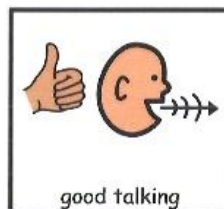
Playing with friends in the playground

Date:

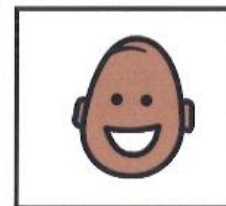
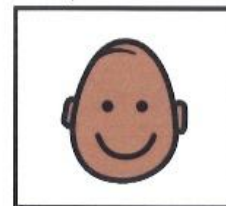
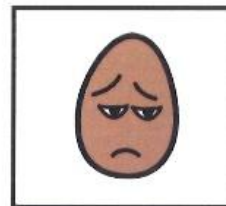
Today I saw



We worked on



My session was



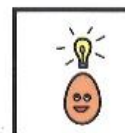
Andrea
thinks that
I did well at



Next time I would like to



I did well at

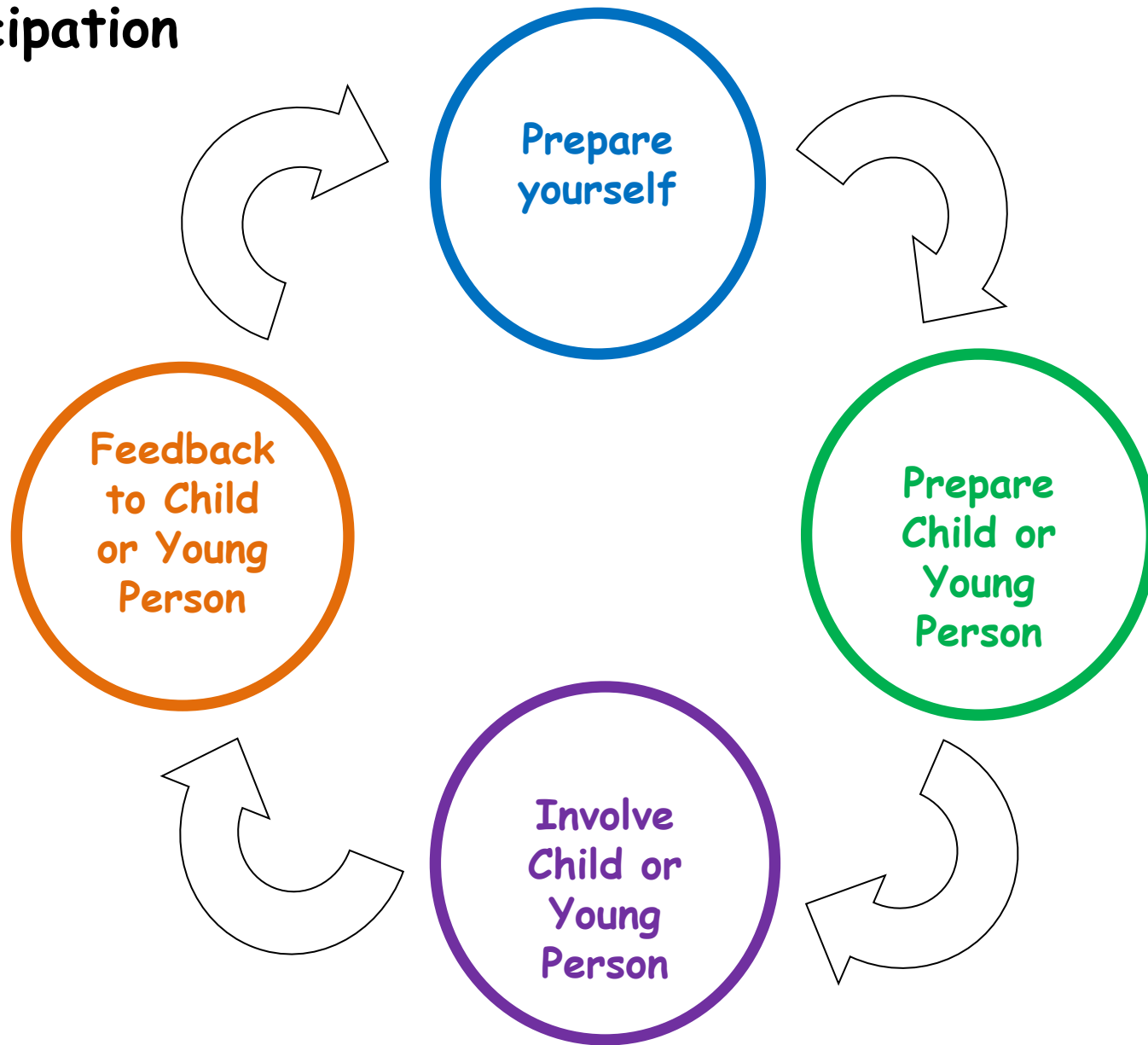


In class I will try to

The Recruits Crew



Participation Cycle



Our Voices - Our Participation



Kiah



Dave

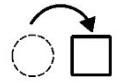


Aiden



Participation activities I have been involved in...

- Recruits Crew
- Easy Info. Group
- Monthly Meetings
- This!



The difference being involved has made to me is...

- I've met new friends
- I go to new places and learn new travel routes
- I earn gift cards and am saving up for an iPhone or iPod



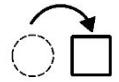
Participation activities I have been involved in ...





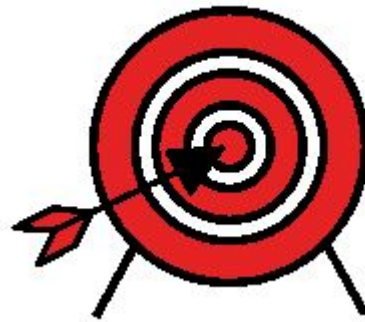
Participation activities I have been involved in ...

- Recruits Crew - speed interviewing and panel
- Consultations
- Filming
- Presentations
- Monthly meetings



The difference being involved has made to me is...

- I feel more confident
- I have my voice heard
- I have a purpose



Your Participation Targets

Our Voices - Our Hopes and Dreams



Kiah



Dave



Aiden



My hopes and dreams for the future are...

- To work at Chessington World of Adventures
- To travel to Australia and the USA
- To live on my own with a dog and a swimming pool
- To have house parties



My hopes and dreams for the future are...





My hopes and dreams for the future are...

- To go to Southampton University
- To get a Nandos black card



Top tips and Important Messages

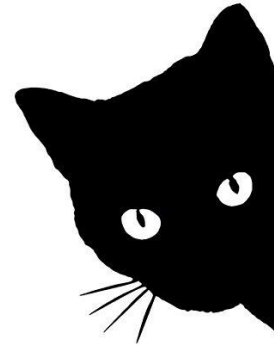
Our Voices - Important Messages



Kiah



Dave



Aiden



★ Top tips and important messages...

- Make sure children and young people know they can talk to you - especially if they are being bullied
- Do everything you can to prevent bullying
- Children and young people feel better when you listen to them



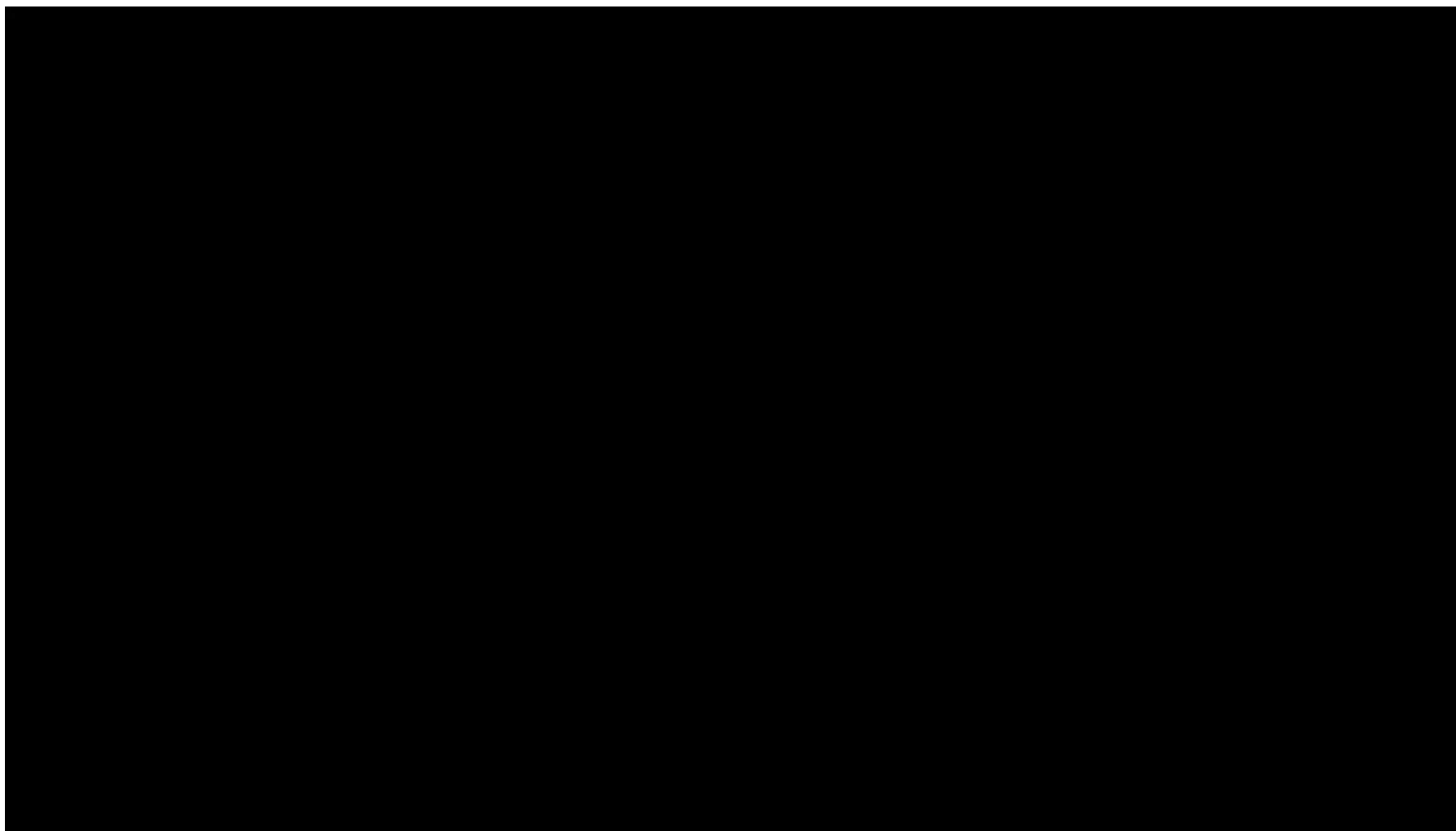
★ Top tips and important messages...





Top tips and important messages...

- Sometimes it can feel like we are problems that need to be solved
- Professionals need to learn about our rights
- Don't make assumptions about us, show us respect
- Listen to young people's ideas, they might surprise you





Important messages...

Don't make assumptions about us - get to know us

Learn about our rights

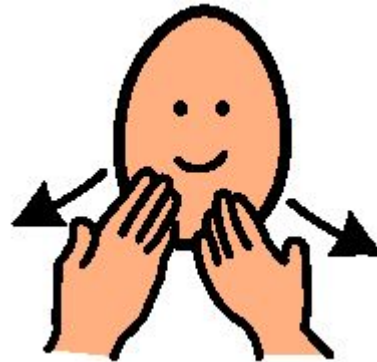
Give us information we understand

Tell us what's going to happen, when and why - this makes us less anxious

Listen to us and prove you are listening to us

Involve us in decisions that affect us

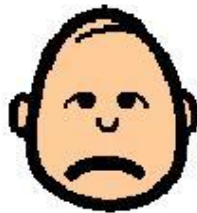
Listen to us, it's about us, it's not about you!



Thank you for listening
Please, keep listening

'Personalisation and Participation' 1-day Training





How was our workshop?



Goodbye!