



Youth Services

YOUTH SERVICE
STUDENT
SUPPORT
PROJECT



achieving
for children

The Youth Service works with young people aged 8 to 19 who need to be supported with making informed decisions around risk taking behaviour and engaging in positive activities both in and outside school.

SECONDARY AND MIDDLE SCHOOL CLASSROOM WORKSHOPS

Free one off sessions on raising awareness and understanding of risk taking behaviours

FREE

CHILD SEXUAL EXPLOITATION (CSE) YEAR 7+

- What is CSE?
- Grooming
- CSE online
- Signs of CSE

GANGS YEAR 8+

- What a gang is
- Alternatives to a gang
- What is appealing about a gang
- Consequences

SUBSTANCE MISUSE YEAR 7+

Sessions can include:

- Pills and powders
- Festivals and parties
- Drugs and the brain
- Cannabis
- Alcohol
- Nitrous Oxide

STAYING SAFE ONLINE YEAR 7+

- Know how to stay cyber safe
- Know what dangers are online
- Think about your own behaviour online
- Know where to get help
- The law around nudes

HEALTHY RELATIONSHIPS YEAR 7+

- Defining domestic violence
- Key concepts of healthy or unhealthy relationships
- Recognising early warning signs
- Keeping safe and knowing what to do

REALITY OF PORNOGRAPHY YEAR 10+

To learn about and explore personal and community attitudes towards pornography...
Porn is not normal sex

- What is pornography?
- The law
- Revenge porn
- Attitudes to sex

PRIMARY CLASSROOM WORKSHOPS

FREE

Free one off sessions for classes on raising awareness and improving understanding of risk taking behaviours (All content is age appropriate and age specific).

'ALRIGHT CHARLIE?' (GROOMING AND CSE) YEARS 5 AND 6 ONLY

Created by the Blast Project!/Basis/MESMAC Yorkshire

- Identify the warning signs of grooming and CSE
- Identify at least one trusted adult
- Know what to do when feeling unsafe

STAYING SAFE ONLINE AND DIGITAL WELLBEING YEAR 3+

Each workshop includes basic education on staying safe online but, each year group will have a specific theme to focus on.

- Year 3: Staying safe online: keeping safe
- Year 4: Staying safe online: dangers
- Year 5: Digital wellbeing: positive choices
- Year 6: Digital wellbeing: nudes and grooming
- Year 7: Online peer pressure

Programmes can be adapted or merged to meet the needs of the young people

HEALTHY RELATIONSHIPS YEAR 4+

- Defining domestic violence
- Key concepts of healthy or unhealthy relationships
- Recognising early warning signs
- Keeping safe and knowing what to do

(Delivered by the DASH Charity and supported by the Youth Service. Please contact 01753 549865 to discuss this session)

CANNABIS, SOLVENT ABUSE AND NITROUS OXIDE YEAR 6 ONLY

- What is Cannabis?
- The effects of Cannabis
- Consequences
- The law
- Effects and consequences of solvent abuse and NOS.

ALCOHOL YEAR 6 ONLY

- To know what alcohol is
- To understand alcohol units
- To understand the effects and consequences of alcohol
- To know what to do in an emergency

SPECIFIC ISSUE BASED GROUP WORKSHOP

FREE

A one off workshop delivered to a small group of young people (Maximum eight).
Topics such as:

- Online gaming
- Friendships
- Cyber bullying
- All classroom workshop topics
- Targeted group workshops: (Please email for price information)
- Self-esteem workshop: sessions for up to eight young people who are anxious and vulnerable and need support with coping strategies and confidence building
- Managing anger workshop: six to eight sessions for up to eight young people who need support with identifying triggers to their anger, to develop self-control and how to reflect on their actions.

ADDITIONAL SESSIONS OFFERED

Sessions are delivered within Windsor and Maidenhead including Duke of Edinburgh's Awards, ASDAN Awards and NICAS Climbing Award.

OUTDOOR EDUCATION (PLEASE EMAIL FOR PRICES)

A full day or half day class activities to encourage team work, raise self-esteem, overcome fears, gain new skills and try new activities. Activities include:

- Canoeing and kayaking (Year 3+)
- Climbing (Year 3+)
- Woodland skills (Year 3+)
- Low ropes (Year 7+)
- Orienteering (Year 4+)

BENEFITS TO SCHOOLS

- Young people make progress on agreed targets and pre and post measures show improvements.
- Programmes tailored to meet the needs of the young people
- Young people are aware of risk taking behaviours
- Young people are aware of the support available to them around the relevant topics.
- Young people try new activities, are physically active and gain new skills (Outdoor activities)
- Young people supported to access Youth Service activities outside of school hours.
- Knowledge of local environment to enable appropriate signposting and access to universal and specialist services.

Please contact us if you would like a topic covered that is not included above.

FOR FURTHER INFORMATION OR TO MAKE A BOOKING:

Please email danny.gomm@achievingforchildren.org.uk