

Barnet Special Educational Needs and Disabilities (SEND) Newsletter



Issue 03

Spring 2019

Introduction - Mav Ghalley Designated Clinical Officer (DCO)

As DCO, I provide leadership in relation to Special Educational Needs and Disabilities [SEND]. I support and advise on health needs for children and young people aged 0 - 25 with special educational needs and/or disabilities (SEND). My role includes:

- Acting as a point of contact for local partners - working with the Barnet Parent Carer Forum, to support engagement in service development and delivery of SEND
- Working with Community Health Provider services, to ensure Barnet meets the highest standards and National Inspection requirements, including statutory timeframes for the completion of EHCP
- Facilitating and delivering training to professionals in relation to SEND to improve services



I am committed to ensuring services work together to deliver high quality care achieving person centered outcomes for children and young people with SEND. I look forward to building on established good practice engaging with children, young people, families and all services across Barnet.

I joined Barnet Clinical Commissioning Group (CCG) in October 2018, as Designated Clinical Officer (DCO). I have over 20+ years NHS experience as both a Highly Specialist Speech and Language Therapist and Clinical Service Manager.

My previous role managed the delivery of Speech & Language Therapy across three Inner London Boroughs, overseeing a range of teams, including NHS Therapists in community and acute hospital settings.

Engagement and co-production with parents/carers and young people is essential in my work. Projects have included developing training programmes for parents/carers requiring pre and post Autism diagnosis and supporting local communities following the Grenfell tragedy.

As DCO, I provide leadership in relation to Special Educational Needs and Disabilities



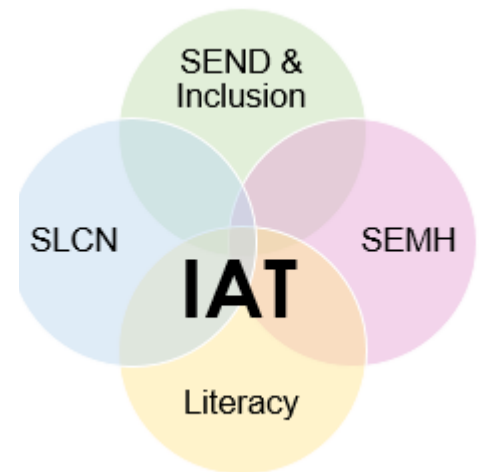
Inclusion Advisory Team (IAT) - change of name *(previously known as HIST)*

The Inclusion Advisory Team (IAT) is the name for the team that was previously called 'The High Incidence Support Team' (HIST).

We perceived the name IAT encompassed our work more accurately and so from February 2019 HIST was rebranded as the Inclusion Advisory Team

The IAT consist of advisory teachers and experienced SEND professionals in the following areas:

- Social, Emotional and Mental Health Needs (SEMH)
- Inclusion and strategic whole school SEND support
- Speech, Language and Communication Needs (SLCN)
- Literacy Difficulties



Examples of IAT support include:

- whole school SEND reviews and audits (self-assessment framework with clear outcomes and actions)
- bespoke and evidence based training
- advice and training on strategies and interventions
- support and strategies provided in response to individual C/YP referrals

For more information visit our Barnet Local offer page by [clicking 'here'](#) or email us via: IAT.team@barnet.gov.uk

Barnet Health Conference – Feb 2019

Following the success of the first Barnet Health Conference in 2018, Barnet CCG hosted its Health conference on 4th February 2019. Anna Gill – Associate representative for the Council for Disabled Children, facilitated the morning. 50 parents booked to attend the session and the Barnet Parent Carer Forum Committee generously gave their time and support for the event

Two health service providers presented at the conference. Barnet, Enfield and Haringey (BEH) NHS Trust presented an update on the Children and Mental Health Services (CAMHS). North East London NHS Foundation Trust (NELFT) presented an update on the Barnet Integrated therapies service as it currently stands and the service development planned for an integrated model across therapies

The CAMHS team updated everyone on progress for transformation of the CAMHS service. Updates included coproduced work with young people and parents. A parent describing their engagement and how this shaped the success of the CAMHS service transformation facilitated an excellent part of the session.

CAMHS delivered a session on next steps, take-away sheets were provided, which detailed information on ideas for children, young people and families on tips and strategies whilst waiting for an appointment.

Both BEH and NELFT service provider representatives detailed to everyone how to access their services and where to find further details on the Barnet local offer.

The feedback from the event will be carefully reviewed and constructive comments/suggestions will be added to an action plan to progress to next steps.

Save the Date!

Our 3rd SEND
ANNUAL
CONFERENCE

Thurs June 20th
2019

A free conference for Barnet parents, carers and professionals that has been jointly organised by education, health, social care and representatives of the Barnet SEND parent community.

Venue: Ariana Centre
(N11 1GN)

9:30am 2:30pm

Early Help

There is now a 0-19 Early Help hub in three areas of Barnet that went live in October 2018 (South, West, East/Central). The hub offers a range of services such as; help with routines, play activities and health support (such as breast feeding and weaning). The outreach work with under-fives and young people ensure they have fun activities in their local area with their parents receiving evidence-based programmes, to help with parenting and family relationships. This is available to families pre-birth and with children aged 0-19.

There are a range of positive activities and programmes for all children in their early years such as; stay and play groups, language development and new parent groups. For those aged 5-19, activities include music, drama and the Duke of Edinburgh Award (charges for some activities may apply). Where there are emerging problems or issues, there are more targeted services available such as

mediation and an Early Help Assessment, with a lead person, who can bring different agencies together to provide the required help so you don't have to keep telling your story to many different people.

Targeted Help and Early Help Assessments come through our Multi-Agency Safeguarding Hub and Children's Social Care Teams. Access to positive activities and outreach can be accessed by direct contact with the hubs.

South Parkfield Children's Centre – Team Managers Marianna Nicolaou/Shantha Shanmuganathan

West - Barnet and Southgate College – Collingdale campus – Team Managers Andrea Mullings/Mark Vargesson/Marissa Manco-Cox

East/Central – Newstead Children' Centre – Team Managers – Sally Bye/Sarah O'Donovan

Our website is currently being updated where more information on what's available and how to access services will be available, details of this will be in future editions of this newsletter

Barnet CAMHS - Developments

Barnet CAMHS is currently undergoing major changes in its service design. This is in response to national and local developments, and a need to continue to improve on our waiting times.

We have been working with our service users and parent/carers of our clients, to think about the good things that we do, but also the things we need to work on. Our new system will have clear streamlined pathways for our clients to gain the support they need as quickly as possible. We will also be introducing many other new features to our service, such as client self-referral after discharge if more support is required.

Another example of a new change to the service is better communication to service users and their families, with more written information being given out explaining the services we offer. We are very



excited about these changes and would like to ask more service users or parent/carers to join us in the on-going development of the service.

If you would like to be a part of these developments then contact Rebecca Conway on 0208 702 4500, or email her on: rebecca.conway5@nhs.net.

Support for young person age 16+, transition (family support work)

I am the Family Support Worker within the 0-25 Disabilities Social Work team specialising in working with young people and their families in preparing for their transition into adulthood. This can be an exciting time but for some it can be an anxious journey as they may feel unprepared for the adult world and the shift towards independence.

I have been working with a number of young people deeply worried about stepping out of the safety of their home to access activities in the community. For this to happen successfully I will offer a 12-week programme of support and most importantly start with developing a relationship with the young person and their parents/carers. During this time, I will undertake creative work with the young person to hear their 'voice' and to help me understand what the young person would like to achieve and what barriers exist. I discuss with them and their parents/carers the various places they could go; including college. To develop trust and self-confidence, with both the young person and parents/carers, I encourage the young person to accompany me to places in the community. Progress may be slow but I will be going at the pace of the young person. Some recent successes have been:

- A young person now attending activities in a day centre.
- A young person travelling on the bus with a support worker to explore Barnet
- A young person engaging in chosen craft activities. Although still in their bedroom the aim is to encourage them to use other rooms in the house.

These may seem like small steps, but for the young people I support these represent significant and positive changes to their quality of life.

Karen Ho, Family Support Worker, 0-25 Disabilities Service

The Archer Academy - Using Barnet's SCERTS approach to support autistic students in mainstream school

SCERTS stands for Social Communication, Emotional Regulation and Transactional Supports and is an effective identification, planning and monitoring framework that we are using at The Archer Academy with Barnet's Autism Advisory Team to support our autistic students.

The Barnet Autism Advisory Team has always been a really helpful and informative source of support for The Archer Academy. A large proportion of our EHCP students are autistic and having such a specialised and experienced team to call upon is invaluable. When our key contact, Mala Perera, introduced us to SCERTS in 2017-18, we could see immediately how useful it might be.



The SCERTS framework allows an autistic student to be assessed against a range of Social Communication and Emotional Regulation indicators. This is done with school and parental input. This allows the school to identify key areas for intervention. The Barnet Autism Advisory Team then works closely with Archer staff to consider various suitable interventions (Transactional Supports) with practical suggestions for implementation.

One feature of the framework that we have found really helpful is how it provides for a monitoring process which allows the school and family to observe whether the intervention is working or needs to be changed.

As a result, our experience with SCERTS at The Archer Academy is that it has provided an effective and supportive structure for discussion with families and with the students themselves.

Kathrynne Bickers, Lead Practitioner for Communication & Interaction, The Archer Academy

