

# CLASSROOM SESSIONS - YEARS 1 TO 6

## Grooming and CSE

Created by the Blast Project!, Basis, MESMAC Yorkshire  
Warning signs of grooming and CSE, Identify at least one trusted adult,  
know what to do when feeling unsafe

Years 5 and 6

## Staying safe online and digital wellbeing

Staying safe online: keeping safe

Year 3

Staying safe online: dangers

Year 4

Digital wellbeing: positive choices

Year 5

Digital wellbeing: nudes and grooming

Year 6

Online peer pressure

Year 7

Each workshop includes basic education on staying safe online,  
but each year group will have a specific theme to focus on.

## Cannabis, solvent abuse and nitrous oxide

Year 6

What is Cannabis, the effects and consequences of Cannabis, the law,  
effects and consequences of solvent abuse and NOS.

## Alcohol

Year 6

What alcohol is and the units of alcohol, to understand the effects and  
consequences of alcohol to know what to do in an emergency

## Relationships and domestic abuse

Friendships and secrets

Years 1 and 2

Friendships and arguments

Years 3 and 4

Introduction to domestic abuse

Year 5

Challenging stereotypes

Year 6

Programmes can be adapted or merged to meet the needs of the young people

For more information, contact

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### Police - PC Graham Slater

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### DASH - Eleanor Heywood-Bourne

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# STUDENT PROJECT

# SUPPORT

# FREE

Risk taking  
behaviour  
awareness  
sessions for  
Years 1 to 13



## Youth Services

This leaflet outlines the workshops and presentations that are delivered by Achieving for Children's (AFC's) Youth Service, Thames Valley Police and the DASH Charity and are available to schools in the Royal Borough of Windsor and Maidenhead (RBWM).

## AFC YOUTH SERVICE



**Youth Services**

The Youth Service works with young people in Year 3 and above who need to be supported with making informed decisions around risk taking behaviour and engaging in positive activities both in and outside school. For all topics that the Youth Service deliver workshops on xxxxxx they can also support young people on a more in depth one-to-one basis following a referral.

**Youth Service - Danny Gomm**

T: 01628 796744

E: danny.gomm@achievingforchildren.org.uk

## THAMES VALLEY POLICE

The police work closely with a range of local partners across the RBWM in supporting the Safer Schools Programme. This includes delivering a range of preventative sessions to students. Local neighbourhood officers can give short assemblies, particularly in primary and junior schools, introducing themselves, explaining their role and giving key messages such as Safer Stranger. PC Graham Slater is the Police Schools Safeguarding Officer for this area and is available to present student sessions on topics related to policing, crime and safety.



**Police - PC Graham Slater**

T: 07817 817677

E: graham.slater@thamesvalley.pnn.police.uk

## DASH

The Dash Charity provides healthy relationships workshops in a class room setting for Year 1 upwards. Our fun, interactive sessions are specifically created to be age appropriate, and give children class time to discuss what makes 'good' and 'bad' friendships, how to resolve an argument without hurting others, and about how stereotypes can be hurtful. Domestic abuse itself is not addressed until the comprehensive session in Year 5, which sensitively introduces children to the concept and illustrates how to get help if they ever need it.



**DASH - Eleanor Heywood-Bourne**

T: 07824 602886

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The workshops and presentations on offer are broken down into three sections, 20 to 30 minute assembly presentations, one hour assembly presentations or classroom sessions.

Due to the amount of content that needs covering and the benefit of interaction and discussion between students those sessions that are deemed to be classroom based cannot be shortened.

For further information or to make a booking contact the relevant service directly.

## 20 TO 30 MINUTE ASSEMBLY SESSIONS

<b>Alcohol or Cannabis or NOS:</b> Overview of any one of the areas	Years 7 to 13
<b>Stop and Search:</b> Why police do it, myths, young people's rights	Years 8 to 11
<b>Hate Crime:</b> That it is, the law, the importance of reporting	Years 8 to 11
<b>Healthy relationships:</b> Emotional abuse, what's healthy and what's not	Years 7 to 9
<b>Domestic abuse:</b> What is it - including emotional abuse	Years 10 to 13

## 50 MINUTES TO ONE HOUR ASSEMBLY SESSIONS

<b>Alcohol, Cannabis and NOS:</b> Risks, effects on the body, the law	Years 7 to 13
<b>Crimes and consequences:</b> Common crimes, consequences of offending, how the police work with schools	Years 6 to 11
<b>Weapons:</b> Fire and knife awareness, risks and consequences of knife carrying, the law	Years 9 to 11
<b>Assault and personal safety:</b> What assault is, risks of fighting and what is self defence	Years 8 to 10

## CLASSROOM SESSIONS - YEARS 7+

<b>Child sexual exploitation (CSE)</b> What is CSE? grooming, CSE online, Signs of CSE	Years 7 to 13
<b>Staying safe online:</b> Know how to stay cyber safe and the dangers online, the law around nudes, thinking about your own behaviour	Years 7 to 13
<b>Cyberbullying:</b> What is bullying, and cyber bullying, how to prevent being bullied online	Years 7 to 13
<b>Reality of pornography:</b> What porn is, the law, revenge porn, attitudes to sex	Years 10 to 13
<b>Substance misuse:</b> Pills and powders, festivals & parties, drugs and the brain, cannabis, alcohol, nitrous oxide	Years 7 to 13
<b>Gangs and exploitation:</b> What a gang is, alternatives to a gang, what is appealing about a gang, consequences	Years 7 to 13
<b>Relationships and domestic abuse</b>	
• Where is the line including emotional abuse	Years 7 to 9
• Domestic abuse and the law	Years 10 to 13