



Young People's Advice Centre (YPAC)

Thinking about your future?

Worried about something?

Want help achieving your goals and aspirations?

Need help, support or advice?

Have Special Education Needs or Disabilities?

Under 25?

Get in touch now!

We offer information, advice and support around Education, Health and Social Care to young people with Autism, ADHD, Down syndrome, Dyslexia, Mental Health, physical disability and more...

Young People's Advice Centre (YPAC)
30 Greatorex Street
Whitechapel
E1 5NP

📞 020 7364 4982 (9:00am – 5:00pm)

✉️ yp@towerhamlets.gov.uk

Parents and
carers also
welcome!

Our service can offer you:


- ▶ Information, advice and support on Education, Health and Social Care
- ▶ Help with getting your views heard
- ▶ Help to find out what support is available for you and opportunities in the local area
- ▶ Help with school meetings and annual reviews

Wednesday
DROP IN
4pm-6pm

Get your voice heard!

Working in partnership with
Our Time All Ability Youth Forum
who meet the first Saturday of every month.

In partnership with **Our Time** we run
Our Kitchen, 3.30-4.30pm and **Our Space, 4.30-6pm**
every Wednesday (term time only)

-  www.ourtimeyf.com
-  www.twitter.com/OurTimeYF
-  www.facebook.com/ourtime.yf

Information, Advice and Support for young people,
16 – 25, with special educational needs and disabilities
(SEND), who live in Tower Hamlets or the City of London.

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