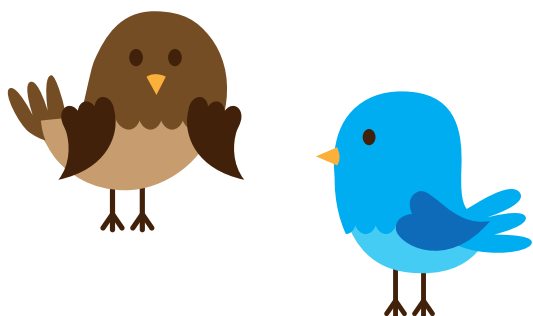


EarlyBird Plus programmes are located in different venues across Richmond and Kingston.

A member of staff from your child's school will be invited to attend the programme that you sign up for.

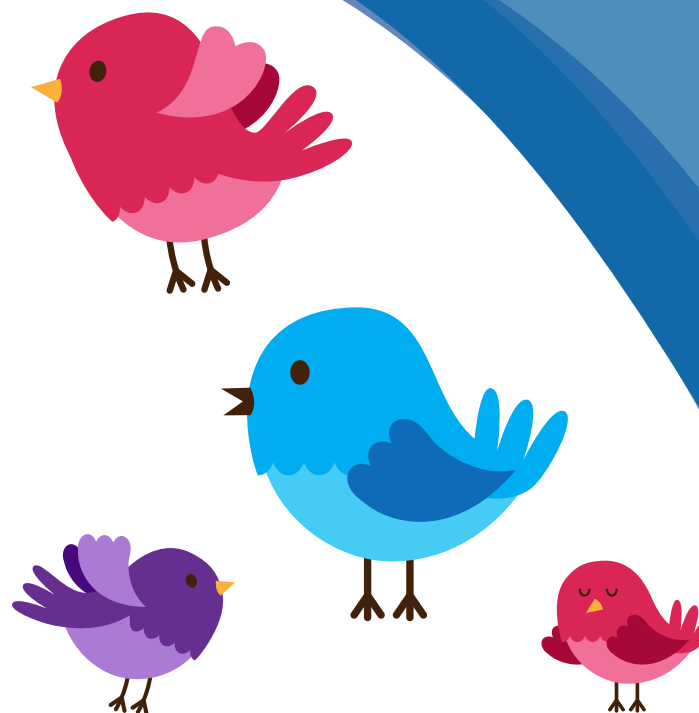
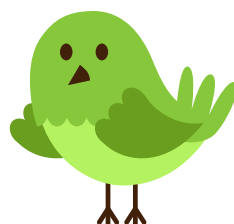


For more information about the

**Beth Hitchens**

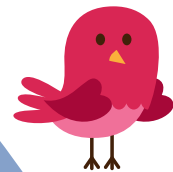
**T: 020 8547 6799 or 020 8547 6698**

**E: [beth.hitchens@achievingforchildren.org.uk](mailto:beth.hitchens@achievingforchildren.org.uk)**



## EarlyBirdPlus\*

Early intervention course for parents and carers of school aged children aged 4 to 9 years with an autism spectrum disorder



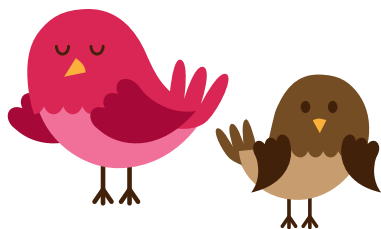
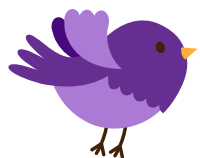
The National Autistic Society (NAS) EarlyBird Plus\* programme is a three month training programme for parents, carers and professionals working with children aged over 4 and under 10, who either already have or are 'on the road to' a diagnosis of autism spectrum disorder.

- It is a three month programme involving up to six families consisting of eight group sessions and two home visits
- It brings together parents, carers and professionals working with the children in school for daytime group training sessions once a week
- It involves families being visited during the programme in their own homes

The NAS EarlyBird Plus\* programme works in partnership with parents to help them to:

- understand their child's autism spectrum disorder
- develop their child's communication skills
- develop and apply practical strategies to manage their child's behaviour

The programme encourages a consistent approach between home and school and works to build both parents' and professionals' confidence and encourage problem solving together.



## Quotes from parents who have attended EarlyBird Plus\*

"It helped bring down the barriers between school and parents. It offers a pathway to share problems and find ways together to solve these problems."

"Fantastic as now we (school and parents) know each other and feel we can speak about most things comfortably ..."

"This has now provided a platform for a good and strong relationship between parents and teacher. There have been many opportunities for communicating and sharing ideas. This has benefitted (my son) by there now being a very clear and consistent message or expectations from me and the teacher."

"We loved coming on the course and found the practical advice very helpful and the wealth of knowledge meant that all experiences were understood."

\*EarlyBird Plus is a registered trademark of The National Autistic Society

