

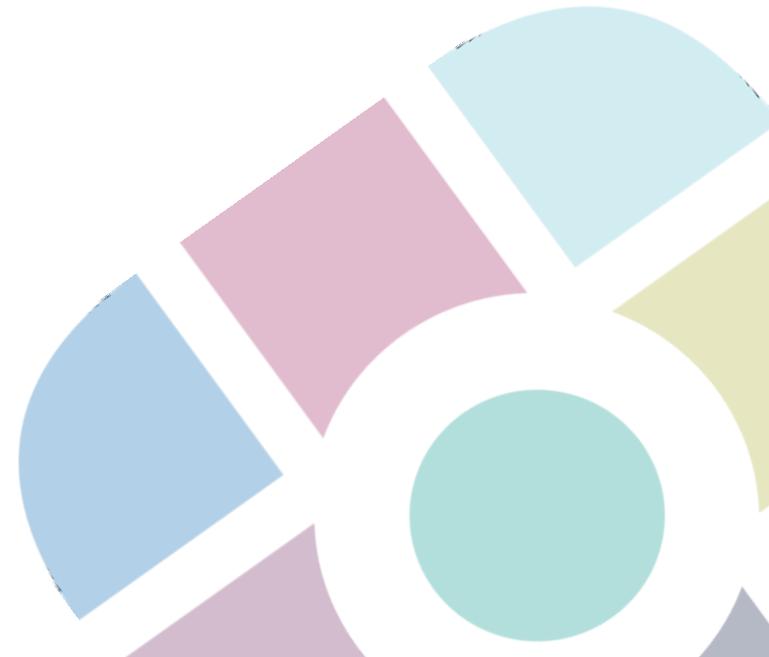


National Development Team for Inclusion

Planning Ahead – Preparation for Adult Life for all our Children and Young People

Barnet SEND Workshop

Stephens House
9th October 2018



Pathways into Adulthood

- Personalise your approach
- Develop a shared vision
- Improve post-16 options and support
- Raise aspirations
- Plan services together

Preparing for Adulthood

5 key messages → 4 Pathways → Prepared for adulthood

Employment

Independent living

Community Inclusion

Health





What does this mean for my child? ?



Motivation to be employed

Time management skills

Problem-solving skills

Collaborative working/social skills

Understanding specifics of a business

Number skills

Language skills including reading

IT skills

Experience of work



Time management





Collaborative working
/social skills



Employability for four year olds?!?!
Not child labour



Independence for eight year olds



Community participation for pre-teens





Good health for teenagers



Independent Living



Independent Living

- Support independence and having a voice from the earliest years
- Person-centred planning
- Young people benefit from advocacy, communication passports, decision making agreements, technology, peer support
- Equality Act and the Mental Capacity Act as well as what is positive and possible
- Curriculum to support young people to find out about housing options – choosing where to live and who to live with
- Support young people to have time away with other young people
- Information about housing and support options from at least year 9
- Young people and families to know what is positive and possible - meet adults to provide inspiration and role models
- Welfare benefits advice
- Ensure the local housing strategy includes people with significant disabilities

Outcomes

Aspiration

- To live in my own home with the support I need

Outcomes

- By December 2019, my family and I will have the information we need to enable me to plan the kind of accommodation I would like, who I might want to live with and the support I will need
- By July 2019, I will have been away overnight with a friend and supporter
- By July 2019, I will be able to plan what to buy, go to the shops and use cash (notes and coins) without support

Friends, Relationships and Community



Friends, Relationships and Community Participation

- Think about friends from the earliest years
- Set up and support circles of friends
- Workforce to be more aware of the importance of supporting friendships for motivation and learning
- Use available resources to support friendships and community participation
- Ensure the Local Offer is inclusive
- Student forums to include young disabled people
- Use Inclusion Web
- Travel integral to all planning
- Curriculum to include the tools of keeping in touch
- Support adult relationships
- Focus on the things that are important to all young people

Outcomes

Aspiration

- To have friends, be part of my community and have people who can help me have fun and get what I want in life

Outcomes

- By April 2019, I will be going out with friends at least twice a week. We will going to things like the gym, swimming, walking, going to the cinema, music events or a club.

Health



Health

- Shared vision and action plan with NHS services – and joint commissioning
- Health needs to be clearly included in plans – physical, medical and mental health needs
- Have communication passport and decision making agreements in place for young people with limited verbal communication before they leave school
- Young people and families to know how the NHS services work between age 16 and 25 – discharge times , responsibilities for referrals and equipment
- Professionals planning and working together – for example CAMHS and adult mental health services
- Resources used to support staying healthy (short breaks at the gym!)
- Universal health services are inclusive – Local Offer
- Clear information for young people and their families available from year 9

Outcomes

Aspiration

- To be as fit and healthy as I can be

Outcomes

- I will be eating three balanced meals a day by the end of year 12
- By the end of year 13, I will be able to write a shopping list of healthy food that I need and can eat, and with support, go shopping to buy these
- By the end of year 13, I will be taking exercise at least three times a week for half an hour or more, (walking, swimming, cycling or similar)
- By the end of year 12, I will be using my health plan to remind me about my medicines, my diet and exercise

Employment

