

## AfC Open Award D of E Centre 2018-19: Gold Training Sessions

All sessions will start at 5.45pm and finish at 8pm, unless otherwise stated.

(All staff in at Ham Youth Centre from 5.15 to 8.15 p.m.)

Updated 17<sup>th</sup> September 2018

### Key:

Ham Gold Award (Monday's)	<b>Total of 12 sessions</b>
OAC Expeditions/Navigation Training Days	11
Other/Kit Issue or Return mixed sessions (Thursday/Friday's)	<b>Total of 2 sessions</b>

### Monday's

15 <sup>th</sup> October* <b>(New Starters)</b>	Intro to Gold D of E Why you shouldn't do Gold D of E	Programme Information & Questions Discuss section choice Handout enrolment & other forms
<b>Half Term</b>	<b>Saturday 20<sup>th</sup> to Sunday 28<sup>th</sup> October</b>	
3 <sup>rd</sup> December* <b>(New Starters)</b> <b>(Thursday)</b>	Intro to Gold D of E Why you shouldn't do Gold D of E <b>Ensure participants have chosen sectional activities &amp; started to upload details to edofe</b>	Programme Information & Questions Discuss section choice Handout enrolment & other forms
<b>CHRISTMAS HOLIDAY'S</b>	<b>Thursday 20<sup>th</sup> December to Thursday 3<sup>rd</sup> January 2019</b>	
7 <sup>th</sup> January <b>(2019)</b>	Ground Rules sessions & Expeditions Section choices, eDofe session, upload section details Collect any outstanding forms/payments	<b>(New Gold Participants)</b> <b>Sort into Expedition Groups</b> Expedition Clothing/Equipment, Sleeping Bags (TOG) & Rucksack Packing
28 <sup>th</sup> January	Weather, Menu Plans & Nutrition (Calorie Intake) Food Weight	Traingia Gas Stoves (RA's) & Cooking Expedition Tents & Care
<b>HALF TERM</b>	<b>Saturday 16<sup>th</sup> to Sunday 24<sup>th</sup> February</b>	
11 <sup>th</sup> March	Expedition Injuries	First Aid & Emergencies
17 <sup>th</sup> March <b>(Sunday)</b>	<b>Gold - Navigation Training Day ( 09.30 to 17.00)</b> <b>(Ashdown Forest) Venue TBC</b>	
18 <sup>th</sup> March	Gold Practice Route Cards & Menu Plans	<b>(Check Expedition Groups &amp; Expedition Aim)</b>
1 <sup>st</sup> April	Gold Expedition Kit Issue, Expedition Briefing, Emergency Procedures (Expedition TME Forms) <b>(Ensure Route Cards are Completed)</b>	

<b>EASTER HOLIDAY'S</b>	<b>Saturday 6<sup>th</sup> to Monday 22<sup>nd</sup> April</b> (Good Friday 19 <sup>th</sup> , Easter Monday 22 <sup>nd</sup> April)	
6 <sup>th</sup> to 10 <sup>th</sup> April	<b>Gold Practice Expedition - Black Mountains</b> <b>Saturday 6<sup>th</sup> to 10<sup>th</sup> April 2019</b>	
29 <sup>th</sup> April	Gold Expedition Kit Return & De-Brief (Complete Expedition TME Forms)	
6 <sup>th</sup> May	<b>Closed Bank Holiday</b>	
<b>HALF TERM</b>	<b>Saturday 25<sup>th</sup> May to Sunday 2<sup>nd</sup> June</b>	
3 <sup>rd</sup> June	<b>Navigation Skills</b> Grid References, Compass Use/Bearings, Distance, Scale, Pacing & Timing, Tick Features	
24 <sup>th</sup> June	Gold Assessed Route Cards & Menu Plans (Brecon Beacons)	
8 <sup>th</sup> July	Gold Assessed Route Cards & Menu Plans (Brecon Beacons)	
<b>SUMMER HOLIDAY'S</b>	<b>Thursday 25<sup>th</sup> July to Monday 2<sup>nd</sup> September</b>	
23 <sup>rd</sup> August <b>(Friday)</b>	Gold Expedition Kit Issue, Expedition Briefing, Emergency Procedures (Expedition TME Forms)	
26 <sup>th</sup> to 30 <sup>th</sup> August <b>(Monday to Friday)</b>	<b>Gold Assessed Expedition (Brecon Beacons)</b>	
9 <sup>th</sup> September	Gold Assessed Expedition Kit Return & De-Brief (Complete Expedition TME Forms)	
30 <sup>th</sup> September	Gold edofe signing off session	<b>Complete TME forms &amp; and Online Feedback</b>

**Programme uploaded to <https://www.afcinfo.org.uk/pages/young-people/information-and-advice/activities-and-fun/duke-of-edinburghs-award/open-dofe-centre>**

**Contact: Karen Lowry**

**Participant Feedback at:**

[http://www.richmond.gov.uk/home/services/children\\_and\\_family\\_care/youth/dofe/dofe\\_contact\\_and\\_feedback.htm](http://www.richmond.gov.uk/home/services/children_and_family_care/youth/dofe/dofe_contact_and_feedback.htm)

**Notes:**