

B 16 - hand fidgets and oral motor tools to provide the additional stimulus that is regularly sought

Aim:

- To trial use of a variety of in-hand resistive fiddle toys, to allow appropriate exploration and touch sensations.
- To provide appropriate oral motor tools, to assist with exploring oral motor sensations to individual satisfaction. Try attaching these tools to trouser loops with ribbon or ski passes etc. for ease of access when required.

These additional tools will address some of the sensory seeking responses and although they may be a little bit of a distraction initially, the benefits (appropriate fidget exploration and improved attention to group carpet time) will become more apparent after familiarisation in use.



Stretchy smiley man toy

To provide hand fidgets and tactile pressure touch, to calm & help focus attention (once familiarised it becomes less of a distraction)

www.amazon.co.uk Various colours by Tobar



Koosh Ball

Spine balls or similar in-hand tactile toy

Available from a number of retail outlets and websites.

www.specialneedstoys.com www.specialdirect.com



Eggercizers

These gel-filled squeeze balls offer variable resistance training for hands, fingers and forearms and helps strengthen and reduce stress

www.physiotherapiststore.com www.amazon.co.uk

Orange is a good choice for EYRs



Therapy tangles or tangle toy

Rubbery or plastic bumpy, rough, hairy and squidgy textured in-hand teasers to help the mind focus more on tasks.

www.specialneedstoys.com www.google.co.uk



Organic fabric chewable wristband

Great for kids who chew on their shirt sleeves

www.nationalautismresources.com

Kid Companions chewelry with a clip on lanyard
kidcompanions.com/ www.fledglings.org.uk



Ps & Qs chewy tube

To provide bite down and chew action for oral motor development.

Particularly good for children with retained oral motor exploration patterns who need to chew and helps calm their sensory systems

www.amazon.co.uk www.specialneedstoys.com



Green knobbly chewy tube

Manufactured by Kapitex but available from equipment companies such as www.fledglings.org.uk or www.google.co.uk

The green is firmer than the yellow or red ones with additional tactile feedback for the oral motor sensory seeking child.

Other companies such as www.exploreyoursenses.co.uk and various retailers are continuously expanding product availability.

Watch the child and pick up relevant cues as to what they are seeking through the course of the day (different times, environments and influences on behaviours).