# **B 13 - Occupational therapy equipment**



# To promote upper limb function when grip or strength is compromised



**Caring Cutlery Junior** (please note that there are adult sizes in this product so ensure you request junior size)

Knife, fork and spoon with curved handle to assist with ranges of wrist movement and index finger location to assist finger placement and in-hand grasps, to promote greater independence in functional use. <a href="www.homecraft-rolyancom">www.homecraft-rolyancom</a> www.boots.com or <a href="www.fledglings.org.uk">www.fledglings.org.uk</a>

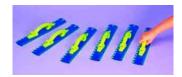


#### **Glitter tube**

Turn the tube over and the tiny metallic coloured foil leaves flutter through the non-toxic liquid.

Use to encourage retained in-hand grasps and arm extension stretches (arms taken up forwards and out to sides and up).

Dimensions: 28cm <u>www.specialneedstoys.com</u>



#### Alligator easy grip ruler with handle

www.hope-education.co.uk

For help with steadying and coordinating hand skills.



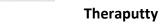
#### Multi-talent pencil - Set of six

Chunky wooden pencil is a colouring pencil, watercolour and wax crayon all in one, providing soft and rich colour application. Soft release requires little pressure on the page. www.spacekraft.co.uk



## R-lite resistive foam blocks

Memory foam blocks (variety pack or same strength) to encourage in-hand squeezes with oppositional grasps. **Pack of 32** www.homecraft-rolyan.com



Various resistive strengths available with green being a good resistive medium strength (yellow is softer) <a href="https://www.nrs-uk.co.uk">www.nrs-uk.co.uk</a>



### **Easy grip scissors**

Continuous loop system reopens the scissors for right and left hand use. 45mm **round end blade** 

www.nrs-uk.co.uk or www.specialdirect.com



#### Dycem

Non-slip colour reels can be cut to shape and suitable for wrapping objects to secure a good grip or heighten tactile touch or interest.

www.homecraft-rolyan.com or www.nrs-uk.co.uk

Try using on a seat base to reduce slumped positioning

(helps keep your bottom back in the chair seat).

**Try using under items on the table top** to increase stability for independence at mealtimes (to stop the plate from moving)