

B8f-fine motor activity ideas for 4 to 5 year olds

The skills listed below gradually develop somewhere between 4 years and 5 years of age.

Block Building

- Builds a five cube gate

Concepts

- Recognises and names six colours (red, blue, yellow, green, black and white)

Drawing

- Able to copy a / , □ , trace a X , draw a ○ , △
- Draws a man with head, trunk, arms and legs
- Sharpens a pencil
- Draws a house with door, window, roof, chimney
- Draws a man with head, trunk, arms, legs, feet and three facial features

Jigsaws

- Twelve piece wooden jigsaw within a frame

Scissors

- Cuts out a 15cm circle or square within 0.5cm
- Cuts out and pastes simple shapes

Other activities

- Can remember four objects in a picture
- Can remember one out of three, or two out of five objects removed from sight
- Tries to snap fingers (no noise)
- Folds paper in half and diagonally