

B8e-Fine motor activity ideas for 3 to 4 year olds

The skills listed below gradually develop somewhere between 3 years and 4 years of age.

Block building

- Builds a bridge
- Builds a tower from biggest to the smallest block
- Builds three steps from six cubes

Concepts

- Big and small
- Long and short
- Matches geometric card shapes
- Discriminates heavy and light jars
- Matches animal pictures eg, Animal Lotto
- Chooses red, yellow, blue and green objects

Drawing

- Copy a ○
- Imitate a + ^^^^ , H, T
- Colouring in a picture (attempts)
- Joining up two dots
- Traces over a Γ
- Draw a man with a head and one other body part (arms, legs)

Toys

- Key toys eg, telephone
- Makes a necklace by copying your design eg, different shapes and colours of beads

Finger rhymes

- For example, thumb wiggling in closed fist as a worm (draw face on thumb pad)

Jigsaws

- Simple two pieces eg, cut a picture in half and glue on cardboard
- Up to a six piece wooden jigsaw

Scissors

- Cuts a 6"/15cm line eg, to make own jigsaws
- Cuts out a \triangle