

# Triple P Teen

Parenting course for all parents and carers

Do you have a child approaching teens or aged between 13 and 19 years?

Would you like to:

- Learn new skills?
- Get the best out of your children?
- Share your parenting experiences?
- Get some tips for managing difficult behaviour?
- Develop your own parenting techniques in a relaxed friendly atmosphere?
- Make new friends?



This is a FREE parenting programme for parents which will help you set rules for children to follow, help you to take care of yourself as a parent, have some fun and meet other parents and carers.

Starting on Saturday 7<sup>th</sup> July 2018

(3 weekly sessions in total and 1 telephone or 1-1 consultation)

At The Star Centre, 50 King Charles Crescent, Surbiton, KT5 8SX

From 10.00am - 2.00pm

If you are a parent or carer and want to know more or make a provisional booking, please contact  
Karen Williams, Parenting Officer  
020 8547 6965 or 07771 974388 or email  
[karen.williams@achievingforchildren.org.uk](mailto:karen.williams@achievingforchildren.org.uk)