

Triple P Teen

Parenting course for all parents and carers

Do you have a child approaching teens or aged between 13 and 19 years?

Would you like to:

- Learn new skills?
- Get the best out of your children?
- Share your parenting experiences?
- Get some tips for managing difficult behaviour?
- Develop your own parenting techniques in a relaxed friendly atmosphere?
- Make new friends?



This is a FREE parenting programme for parents which will help you set rules for children to follow, help you to take care of yourself as a parent, have some fun and meet other parents and carers.

Starting Tuesday 9th January 2018

(6 weekly sessions in total and 1 telephone or 1-1 consultation)

At Kingston Town Children's Centre, 40 Villiers Road (next to King Athelstan Primary School), Kingston Upon Thames, KT1 3AR

From 10.30am - 12.30pm

If you are a parent or carer and want to know more or make a provisional booking, please contact Karen Williams, Parenting Officer
020 8547 6965 or 07771 974388 or email karen.williams@achievingforchildren.org.uk