

EarlyBird Plus*

Course for parents, carers and professionals working with young children (4 to 9 years) with an autism spectrum disorder

The National Autistic Society (NAS) EarlyBird Plus* programme is a three month training programme for parents, carers and professionals working with children aged over 4 and under 9, who either already have or are 'on the road to' a diagnosis of autism spectrum disorder.

- It is a three month programme involving up to six families consisting of eight group sessions and two home visits
- It brings together parents, carers and professionals working with the children in school for daytime group training sessions once a week
- It involves families being visited during the programme in their own homes

The NAS EarlyBird Plus* programme works in partnership with parents to help them to:

- understand their child's autism spectrum disorder
- develop their child's communication skills
- develop and apply practical strategies to manage their child's behaviour

The programme encourages a consistent approach between home and school and works to build both parents' and professionals' confidence and encourage problem solving together.

For further information about the programme and details of the next information evening please contact: **Hannah Webber**
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(*EarlyBird Plus is a registered trademark of The National Autistic Society)



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