

Care pathway for children - general information

Tier 1: You can talk to anyone in Universal Services about your child, including GPs, health visitors, schools, speech and language therapy, educational psychology

Still concerned? You or any professional can contact the **Single Point of Access (SPA)** on **020 8891 7969** for advice (out of hours call 020 8744 2442)

Referrals triaged according to risk, severity of difficulties and impact. Feedback on what support can be offered will be communicated within **48 hours**

Tier 2 Assessment to discuss your concerns and decide the next steps (known as a **choice appointment**)

Tier 3 Assessment to discuss your concerns and decide the next steps (known as a **choice appointment**)

Tier 2: Emotional Health Services

Specialists from community and primary care settings, including counsellors and psychologists. Offer consultation to families and practitioners. Identify severe or complex needs requiring more specialist intervention, complete assessment and offer training

A&E:

Referrals via the **emergency services** will enter at Tier 3 or Tier 4 depending on severity of need

Step up level of support if required

Assessment

Support and management

Tier 3

This is usually a multi-disciplinary team or service working in a community mental health clinic or child psychiatry outpatient service, providing a specialised service for children and young people with more severe, complex and persistent difficulties

Step up or step down level of support if required

Assessment

Support and management

Tier 4

Essential tertiary level services such as intensive community treatment services, day units and inpatient units. These are generally services for the small number of children and young people who are deemed to be at greatest risk

Assessment

Support and management

Feedback and advice will be provided to parents or carers regarding other universal services or specialist support available

Feedback meeting held and support plan agreed with parents or carers

If symptoms improve, but continued psychological therapy is indicated, child or young person will continue intervention with the Emotional Health Service, with continued access to the following universal services as needed

Primary health care (GP)

Home-based support

Nursery or school support

Voluntary/independent sector

Learning Disabilities Team