



Monday 20 July to Friday 4 September 2026

Monday

Midwife

Appointments

20 July - 24 Aug
9 am to 1 pm
Book with West Middlesex Hospital

1 & 2 Year Health Reviews

20 July - 17 Aug
12.30 to 4.30 pm
Book with CLCH 033 0058 1679

Mini Ninja

4 - 7 yrs
3 and 10 Aug
9.30 to 10.30 am
[Book Online Here](#)

BookStart

20 July, 3 and 10 Aug
11 - 11.30 am
[Book Online Here](#)

Tuesday

1 & 2 Year Health Reviews

21, 28 July, 4, 11, 18 Aug,
1 Sept
9 am to 12 pm
Book with CLCH 033 0058 1679

Midwife Appointments

21 July - 1 Sept
1 to 4 pm
Book with West Middlesex Hospital

Crafty Tales

0-12 mths
21 July, 4, 11, 18 Aug
1 - 1.30 pm
£4.50
[Book Online Here](#)

Baby Play

0-12 mths
21 July, 4, 11, 18 Aug
1.45 to 2.30 pm
Drop-In

Wednesday

Midwife Appointments

22 July - 2 Sept
9 am to 4 pm
Book with West Middlesex Hospital

1 & 2 Year Health Reviews

22, 29 July, 5, 12, 19 Aug,
2 Sept
9.30 am to 4.30 pm
Book with CLCH 033 0058 1679

Little Explorers

22 July, 5, 12, 19 Aug,
2 Sept
9.30 to 11.15 am
Invitation Only

Thursday

1 & 2 Year Health Reviews

23, 30 July, 6, 13, 20 Aug,
3 Sept
9.30 am 12 pm
Book with CLCH 033 0058 1679

Midwife Appointments

23 July - 3 Sept
9 am to 1 pm
Book with West Middlesex Hospital

Stay and Play Session 1

(with Speech and Language) £2.50
23 July, 6, 13, 20 Aug,
3 Sept
9.30 to 10.45 am
[Book Online Here](#)

Friday

Baby Massage £2.50 (8 weeks +)

24 July, 7, 14, 21 Aug,
4 Sept
11.15 am to 12.15 pm
[Book Online Here](#)

Holding & Reassurance

(newborn to 8 weeks)
24 July, 7, 14, 21 Aug,
4 Sept
12.15 to 12.45 pm
Drop in

NATIONAL PLAY DAY

31 July

11 am - 3 pm
The White House





Family Hubs

Heathfield Children's Centre Cont'd



Monday 20 July to Friday 4 September 2026

Monday

Crafty Tales

1 - 2 yrs

20 July, 3, 10, 17 Aug

2 - 2.30 pm

£4.50

[Book Online Here](#)

Tuesday

Wednesday

Thursday

Friday

Stay and Play

Session 2 £2.50

23 July, 6, 13, 20 Aug,

3 Sept

11.15 to 12.30 pm

[Book Online Here](#)

The White House Family Hub



Monday 20 July to Friday 4 September 2026

Monday

Stay and Play £2.50

20 July, 10, 17 Aug
10 to 11.30 am

[Book Online Here](#)

Little Explorers

20 July, 10, 17 Aug
1.15 to 2.45 pm
Invite Only

Tuesday

Midwife Appointments

21 July - 1 Sept
9 am to 1 pm

Book with Kingston
Hospital

Craft Session £2.50

21 July, 11 Aug
10 - 11 am
3 yrs +

[Book Online Here](#)

Slime Workshop £2.50

4 Aug
10 - 11 am
4 yrs +

[Book Online Here](#)

Cooking £4.50

(if your child has any
food allergies please
contact The White
House)

18 Aug
10 - 11 am
4 yrs +

[Book Online Here](#)

Wednesday

Midwife Appointments

22 July - 2 Sept
9 am to 1 pm

Book with Kingston
Hospital

Therapy Support Session

22 July, 5 - 19 Aug, 2 Sept
9 am - 1 pm

Water Play Session

£2.50

19 Aug
2 - 2.30 pm
18 mths +

[Book Online Here](#)

Infant Feeding Support

22 July - 2 Sept
9 am to 1 pm
Book with CLCH 033 0058
1679

Thursday

Well Baby Clinic

23 July - 3 Sept
9.30 to 11.30 am
Drop in

Midwife Appointments

23 July - 3 Sept
9 am to 1 pm
Book with Kingston
Hospital

Play and Sing for Crawler to Just Walkers £2.50

23 July, 6, 13, 20 Aug,
3 Sept
10 - 11 am
6 - 18 mths

[Book Online Here](#)

Friday

1 & 2 Year Health Reviews

24 July - 4 September
9 am - 1 pm
Book with CLCH 033
0058 1679

Stay and Play £2.50

25 July, 7 - 21 Aug,
4 Sept
9.30 to 11am

[Book Online Here](#)

NATIONAL PLAY DAY

31 July

**11 am - 3 pm
The White House**





Monday 20 July to Friday 4 September 2026

Monday

1 & 2 Year Health Reviews

20, 27 July, 3, 10, 24 August
9.30 am 4 pm
Book with CLCH 033 0058 1679

Stay and Play Under 2's with Bookstart

£2.50
20 July, 3, 24 Aug
10 to 11 am
[Book Online Here](#)

Tuesday

1 & 2 Year Health Reviews

21, 28 July, 4, 11, 25 August, 1 September
9.30 am 4 pm
Book with CLCH 033 0058 1679

Wednesday

Midwife Appointments

22 July to 2 September
9 am to 4 pm
Book with Kingston Hospital

Mini Ninja

2 - 5 yrs
£4.50
22 July, 5 August
10 to 11 am
[Book Online Here](#)

Thursday

Midwife Appointments

23 July to 3 September
9am to 5pm
Book with Kingston Hospital

Stay and Play £2.50

23 July, 6, 13, 27 August, 3 September
10 to 11.30 am
[Book Online Here](#)

The Real Junk Food Project

23, 30 July, 6, 13, 20 August
2.30 to 3.45 pm
Drop in

Friday

Midwife Appointments

24 July to 4 September
9 am to 4 pm
Book with Kingston Hospital

Outside Garden Play

24 July, 7, 28 August, 4 September
9.45 to 10.45 am
Drop-In

Baby Play

24 July, 7, 28 August, 4 September
10 - 11 am
Drop-In

NATIONAL PLAY DAY

31 July
11 am - 3 pm
The White House





Monday 20 July to Friday 4 September 2026

Monday

Midwife

Appointments

20 July to 24 August
9 am to 4 pm
Book with Kingston
Hospital

Stay and Play

Under 2's £2.50

20 July, 3, 10 August
10 to 11.15 am
[Book Online Here](#)

Tuesday

Midwife

Appointments

21 July to 1 September
9 am to 4 pm
Book with Kingston
Hospital

Stay and Play

Session 1 £2.50

21 July, 11 August,
1 September
9.30 to 10.45 am
[Book Online Here](#)

Wednesday

Midwife

Appointments

22 July to 2 September
9 am to 4 pm
Book with Kingston
Hospital

Messy Play £2.50

22 July, 5, 12 August,
2 September
10 to 11 am
[Book Online Here](#)

Crafty Tales

0-12 mths
26 Aug
10 to 10.30 am
£4.50
[Book Online Here](#)

Infant Feeding

Support

22, 29 July, 5, 12, 26
August, 2 September
2 to 3.30 pm
Drop in

Thursday

1 & 2 Year Health

Reviews

23, 30 July, 6, 13, 27 August,
3 September
9 am - 1 pm
Book with CLCH 033 0058
1679

Well Baby Clinic

23, 30 July, 6, 13, 27 August,
3 September
9 am - 1 pm
Book with CLCH 033 0058
1679

Friday

NATIONAL PLAY DAY

31 July

11 am - 3 pm

The White House



**Monday 20 July to Friday 4 September 2026****Monday****Tuesday****Wednesday****Thursday****Friday**

**Stay and Play £2.50
(Sunflower Centre)**
21 July, 1 September
9.30 to 11 am
[Book Online Here](#)

Wetlands Centre
4 August
Via Invitation

NATIONAL PLAY DAY
31 July
11 am - 3 pm
The White House





Baby Massage

Perfect for bonding with your baby, learning techniques to encourage sleep, support digestion and manage colic etc.

Baby Play

An informal group for parents and carers with new babies to meet each other.

Bookstart Reading and Songtime

Join us for a joyful Bookstart Reading & Song Time session, perfect for babies, toddlers, and their grown-ups! We'll share a lovely story together and enjoy singing cheerful nursery rhymes that little ones love. This friendly, relaxed session encourages early reading, language development, and bonding through books and music. As part of the Bookstart initiative, every family who attends will receive a Bookstart pack to take home, filled with resources to help you continue the fun and nurture a love of reading from the very beginning. Come along, connect with others, and make storytime extra special!

Crafty Tales

Discover why parents are simply amazing during our unique Music, Storytelling and BSL signing sessions for 0-12m, 1-2s, and 2-4s. Meet Boo-Boo the pop-up puppet, enjoy bubbles, parachute fun, hands-on instruments, and twirly lights with stardust to finish. Learn why it doesn't matter if you can't sing in tune, how party lights support early reading skills, why wiggling your fingers promotes early speech, why signing boosts your child's brain development, and so much more!

Family Mini Ninjas

For children aged and their carers. This course allows parents and carers and their little ones to participate together in learning karate and having fun. Watch your child's confidence soar as they master new karate techniques by your side.

Art & Craft

A fun-filled Arts & Crafts session for 3-year-olds, packed with painting, sticking, colouring, and hands-on creative play! Little artists will explore textures, colours, and their imagination while building confidence, fine motor skills, and having lots of messy fun.

Slime Workshop

Get ready for a squishy, stretchy adventure! Kids will mix, colour, and customise their very own slime to take home. With plenty of glitter, and hands-on sensory play, this exciting workshop is perfect for little creators aged 4 and up.



Holding and Reassurance

This session is suitable for parents with babies, new-born to 3 months. The session aims to increase parent's confidence in holding and handling their baby. Holding, handling and reassuring your baby through touch helps to promote strong bonds and attachment.

Expectant parents may wish to come along for advice and guidance on how to hold and handle a new baby. The Children's Centre staff will try to answer any questions parents have and give general advice and information as well as signposting to appropriate local services and further Children's Centre activities.

Water Play

Children will explore water through pouring, scooping, and splashing while developing their fine motor skills, coordination, and curiosity. This fun, sensory activity encourages problem-solving, language development, and cooperative play in a safe and engaging environment.

Play & Sing for Crawlers to Just Walkers

This group is aimed at babies who are crawling up to new walkers. It is an opportunity to explore and play whilst practicing and developing those new physical skills. Finishing with singing time.





Stay and Play 0 to 5 years

Planned sessions run by Children Centre staff to encourage children to learn through play, stories and singing, supported by their carers.

Stay and Play Under 2's

This group is aimed at babies who are discovering new things, up to crawling and new walkers. It is an opportunity to explore and play whilst practicing and developing those new physical skills.

Therapy Support Sessions

This session is run by children's therapy support team for them to host clinics in a community setting, bookings and invites are held direct with this service and cannot be booked via the children's centre.

Well Child Clinic/ 1 & 2 Yr Health Review

Run by our local Health Visiting Team, appointments only. Please call 0330 058 1679 to book your appointment at your nearest Children's Centre.

Jump Drama Stories

Bring your little ones on a storytelling adventure with Jump Drama Stories! We jump into stories through drama, music, movement and sensory play. Every week we explore a different story and work to develop a range of skills such as; confidence, vocabulary, spatial awareness, social skills and positive self image, along with many more. Jump into a story, unleash your imagination!



Links and Booking Information



[Online
Registration
Form](#)



[Facebook](#)



[Instagram](#)



[AfCinfo](#)



[Intro to
Solids](#)



[Virtual Potty
Training](#)



[Kew Gardens
Outreach](#)



[Booking
Activity
Platform](#)

