

SEND Early Years Support Service

Parent /carer training programme

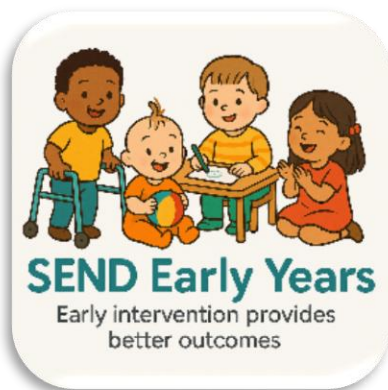


	Workshop	Description	Date	Time	Venue/trainer
1	Helping children to emotionally regulate in the early years	Learning strategies to support children with their emotionally regulation and understanding possible triggers.	20/4/2026	10:00-11:00	Online
2	An introduction to Autism in the early years	Understanding autism in young children and practical strategies to support their needs	27/4/2026	10:00-11:15	Online
3	Promoting positive behaviour strategies for children with autism or social communication needs	Practical strategies to promote positive behaviour for children with additional needs	11/5/2026	1:00-2:15	Online
4	How to support a child with Down Syndrome in the early years	Understanding Down Syndrome in young children and practical strategies to support their needs	18/5/2026	10:00-11:15	Online
5	Using visuals to support understanding and communication in the early years	Supporting children with social communication difficulties with visual strategies. Looking at why we use visuals, which visuals to use and how to use them.	1/6/2026	10:00-11:15	Online
6	An introduction to intimate care and toileting in the early years for children with SEND	The workshop covers, the importance of toileting, the impact, how the body works, how to get started, making reasonable adjustments and strategies.	8/6/2026	10:00-11:30	Online
7	Sleep support for children with SEND in the early years	Looking at the challenges around sleep and bedtime for children with additional needs and practical strategies to support.	15/6/2026	10:00-11:15	Online
8	How to prepare a child with SEND in the early years for the transition to school	The workshop covers how to prepare your child for school including how to reduce anxiety, build independence, establish routines and how to use visuals.	22/6/2026	10:00-11:15	Online
9	How to help your child develop communication and play skills in the early years	Supporting your child to develop their communication and play skills	29/6/2026	10:00-11:15	Online

10	Using sensory circuits to support sensory differences	Learning how to respond to sensory needs and difficulties using sensory circuits.	6/7/2026	10:00-11:15	Online
11	How to prepare a child with SEND in the early years for the transition to school	The workshop covers how to prepare your child for school including how to reduce anxiety, build independence, establish routines and how to use visuals.	9/7/2026	1:00-2:15	Online

Only those parents whose children meet the following criteria will be able to access the training:

- Live in Havering
- Under the age of 5
- Has an area of special educational need & disabilities (SEND)



[SEND Early Years Workshops for Parents and Carers \(Summer term\) – Fill in form](#)



If you wish to attend any or all of the sessions, please sign up via the QR code or the link above.

For further information please email SENDEarlyyears@haverling.gov.uk