

Keeping secrets



**WEST YORKSHIRE
POLICE**

www.westyorkshire.police.uk



How to tell
a good secret
from a bad
secret.

Easy Read Factsheet



Never keep a secret that makes
you feel worried or scared.

Always tell someone you trust.

There are good secrets and bad secrets.



Keeping a secret about a surprise
birthday party is good fun.

Everyone finds out the secret in the end.



Keeping a secret about a crime or
abuse is bad.

The person wants things to stay secret.

If someone abuses you don't keep it a secret.

Tell someone you trust.

You will not get into trouble.



Here are some examples of abuse:



Taking your money or your things.

Stealing is a crime..



Being nasty or hurting you.

People should not abuse you.



Sexually abusing you.

People should treat you with respect.



Not caring for you properly.

You have the right to good care.

What to do if someone is abusing you.



Tell someone you trust. Tell lots of people.

Report it to your local Safeguarding Adults Unit.

They help to protect people from abuse.

- Bradford 01274 376116
- Calderdale 01422 337041
- Kirklees 01924 335073
- Leeds 01133 859590
- Wakefield 01924 878008

In an emergency phone 999 for the Police.



Don't keep secrets about crimes. For example:



People stealing things.



STOLEN

People selling stolen goods.



Drugs.



People hurting other people.

Always tell the Police if a crime has happened to you.



Phone 101 to talk to the Police.
Phone 999 in an emergency.

The Police will help you stay safe.

Keeping bad secrets will make you feel stressed and unhappy.



Even if you think you might have done something wrong it is better to tell someone.

If you know anything about a crime and do not want to give your name call Crimestoppers on 0800 555 111.



See all of our Easy Read Crime Prevention Factsheets.

Go to: www.westyorkshire.police.uk/contact-us/easy-read



- How to contact us
- Safety when out and about
- Protecting your home
- Visitors to your home
- Mate crime
- Travelling safely
- Child Sexual Exploitation
- Internet and phone bullying
- Identity theft
- Keeping secrets
- Domestic abuse
- Hate crime

For more advice visit our website: www.westyorkshire.police.uk



If you are hard of hearing or speech impaired, Typetalk on 18001 101 (non-emergency) or 18000 (emergency) or text us on 07786 200 200 or 999 (For more information visit www.emergencysms.org.uk).

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