

#### The School Nurse

Helping with health issues for school aged children

## **Primary Mental Health Team**

Advising about your child's emotional wellbeing

# **HBBS Counselling**

Supporting your child's emotional wellbeing

### **Budgeting & Debt Management**

Helping with issues around financial planning

#### **SEND Support**

Advice, support and guidance from experienced SENDCOS

### **Havering Volunteer Centre**

Connecting people into volunteering

Our Help Hub on the first Tuesday of every month (except August) operates as an informal drop-in space to listen to your worries and provide advice to support you and your family. You can be sure of a warm welcome, a hot drink and someone to talk to, so why not pop along to our next Hub and meet the team.

165 Ardleigh Green Road, RM11 2LF

Parking available at New City Colleg opposite the Family Centre

Are you feeling overwhelmed or worried about something?

Are you fed up with trying to find the right person to help?

Visit our drop-in hub for support.

