



Join your child's world

NHS

Barts Health
NHS Trust

Sit at the **same level** as them and be **face to face**

Let them **choose** what to play with (you can put out a few options)

Wait and **watch** how they are playing

copy their play

- If they hold up the ball and drop it, you do the same



have a turn

- If they build a tower, you place a block



respond to them

- If they look to you while pointing at something, label the item
- If they approach you for a hug, greet them with 'hello'

say a word or phrase for their thought bubble

- If your child shows you their car going backwards, you could say 'Beep beep – we're reversing'.

It's okay...

If your child plays differently from how you would – learn from them.

If your child leaves the activity – stay in their world.



**Young
Barts
Health**

[Video example](#)

