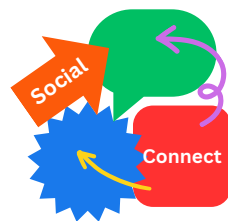


Social Connect Groups



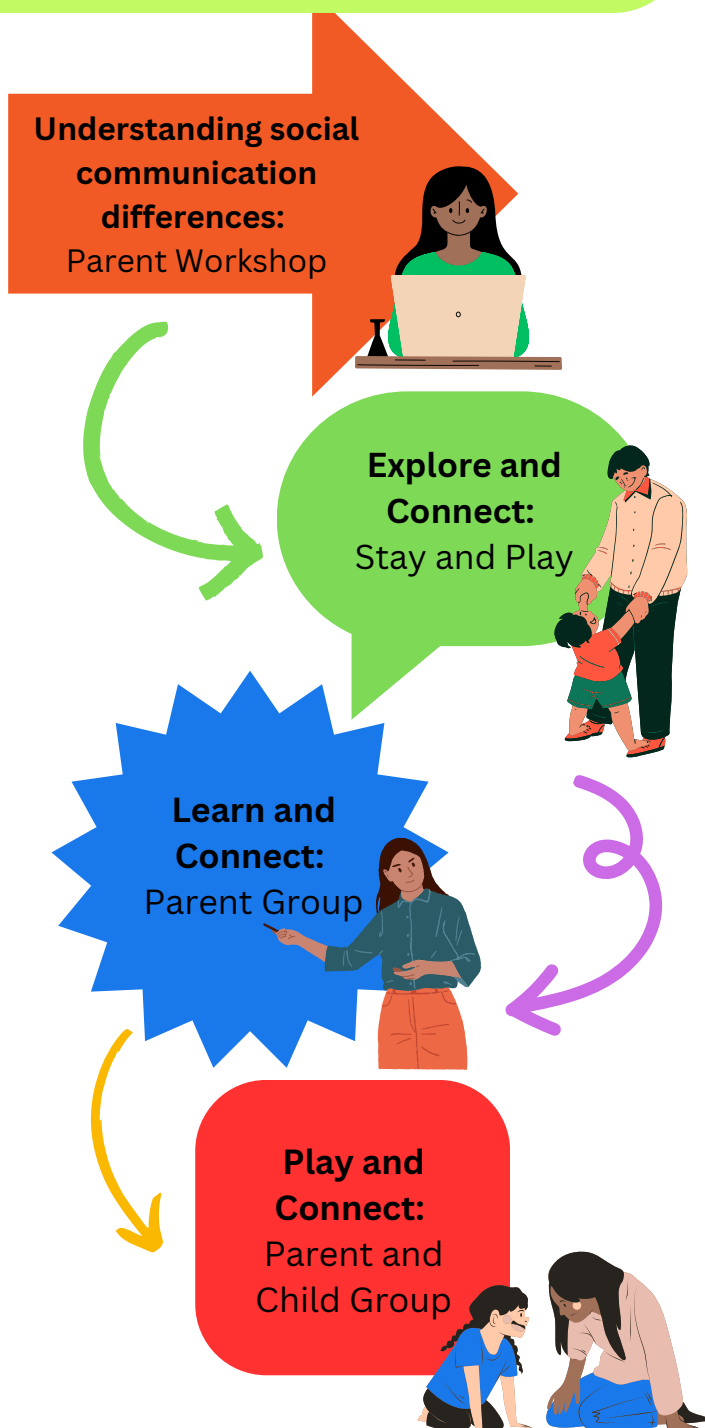
In Tower Hamlets, the NHS and Children and Family Centres and Family Hubs are working together to help children with **'social communication differences' (SCD)** or autism.

SCD stands for **'social communication differences'**. This is when people have differences in the way they interact with other people. Children with SCD might need help communicating, joining in, and managing their feelings. Some people with SCD have a diagnosis of autism, but others don't.

- If you have not been to our groups yet, start with the **'Understanding SCD'** parent workshop.
- Other Social Connect groups are **'Play and Connect'**, **'Learn and Connect'** and **'Explore and Connect'**. You can attend these groups in any order. Together with a professional, you can decide which group you think is best for you.
- Some of our groups are online (you join from home using your phone or computer) and some are 'in-person' groups (you go to the children's centre).
- To join the **online** groups, sign yourself up on our Eventbrite website! Click this link: <https://www.eventbrite.co.uk/o/barts-young-health-childrens-therapies-75042212983>
- Or scan this code using the camera on your phone...



- If you want to join the **in-person** groups, ask your nearest Children and Family Centre.



Understanding social communication differences:
Parent Workshop



Learn about what SCD is and what that looks like for your child. This is an online group for 1.5 hours, with an expert and other parents. This is for parents only. You **can't** bring your child.

To sign up: use your phone to scan the code at the bottom of the page, or click the link at the bottom of the page.

Explore and Connect is a stay and play for children with SCD. You can play with your child and connect with other parents. You can also speak to experts who can give you ideas and tips.

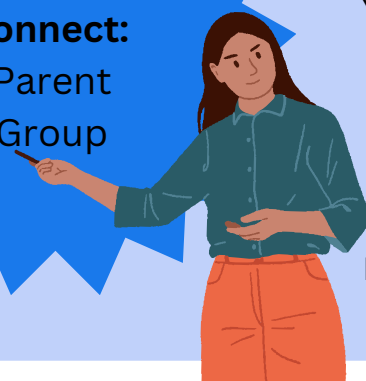
To join:

ask your nearest Children and Family Centre or speak to a professional



Explore and Connect:
Stay and Play

Learn and Connect:
Parent Group



Learn even more ways to help your child. NHS experts (Speech and Language Therapist or/and an Occupational Therapist) will give tips and ideas using videos and group discussion.

You can choose to attend a group online or in-person at the Children and Family Centres. This is a group for parents only. **For in-person groups, there will be a creche where you child can be looked after.**

Every group is 1.5 hours, and the course is 6 weeks long.

To sign up:

Online: Scan the QR code with your phone camera/follow the link
In-person: ask your nearest Children and Family Centre or speak to a professional

Learn new ways to help your child with their communication and taking part in everyday activities. You will try the ideas and activities with your child, while Early Intervention Workers support you. Each week is 1.5 hours long and it takes 6 weeks. This a group for you **and** your child - you will learn together!

To join: ask your nearest Children and Family Centre or speak to a professional.

Play and Connect:
Parent and Child Group



If you need a group in an another language, or need help joining

please ask your nearest Children and Family Centre, ask a health professional or email us
bartshealth.socialconnect@nhs.net

To sign up to online groups, visit the link below or scan the QR code

<https://www.eventbrite.co.uk/o/barts-young-health-childrens-therapies-75042212983>

