

Summer Holidays 2024



Kingston Programme Children's Centre services

serving: Kingston, New Malden,
Old Malden, Chessington,
Surbiton and Tolworth

Further information

Find us online:

X: [@AforC_info](#)

Facebook: <https://www.facebook.com/groups/kingstonchildrenscentres>

Website: www.afcinfo.org.uk

AfC Kingston Town Children's Centre

Email: kingstonccs@achievingforchildren.org.uk

AfC Chessington Children's Centre

Email: kingstonccs@achievingforchildren.org.uk

AfC Tolworth Children's Centre

Email: kingstonccs@achievingforchildren.org.uk

AfC Old Malden Children's Centre

Email: kingstonccs@achievingforchildren.org.uk

Outreach phone numbers: 07784 006661 and 07849 305143

Translation advice

Translation Advice

Please contact us if you need this leaflet in Braille, large print, on audio tape or in another language.

Phone: 020 8891 1411.

Introduction

Welcome to Kingston Children's Centre Services

Our Children's Centres are places where all families with children under five, and expectant mothers and fathers, can go to help their children to get the best start in life.

We are pleased to offer a range of sessions in our centres over the summer holidays.

Please check individual listings for details and booking information, where applicable.

This timetable will cover

29 July to 30 August

Our Aims

- To promote high quality inclusive education and care from birth to five years.
- To provide all-inclusive opportunities for parents and carers to meet and support each other.
- To offer support, advice and information to parents, carers and families, through multi agencies e.g. Health Visitors, Midwives Nurseries, Pre Schools, Schools and Family Support Workers.
- To support and develop parents and carers awareness of how to become a "Play Partner" for their children and how to help their children be ready for school.
- To promote and support parents and carers in healthy lifestyles and preparing their children for school.

Our Objectives

- To provide well planned age appropriate, all-inclusive sessions and activities to extend children's learning through the Early Years Foundation Stage.
- To provide an environment that is friendly, relaxed, supporting and welcoming to all families.
 - To have staff who will lead by example and model good practice.
 - To make information available that is clear for parents.

Our sessions

Please join our Facebook Group for further updates and information.

<https://www.facebook.com/groups/kingstonchildrenscentres>

Midwives appointments

By appointment only.

Health Visitors Clinic and Review Appointments

See programme for further information. Drop in clinics now available in all centres. Reviews by appointment only. Initially by invitation only. Please speak to your health visitor or call the number in your red book for further information.

Infant Feeding Support

Advice and support for expectant and feeding Mums. Drop in sessions. Specialist 1-1 advice and support-appointment by health professional referral only. Contact the Infant Feeding Team at InfantFeeding.YH@yourhealthcare.org

Stay & Play Sessions

All of our Stay & Play sessions include a variety of indoor and outdoor activities for you and your child to have fun and learn together. Sessions include toys, activities and singing. We would like to request a voluntary contribution of £2.50 for attendance to help pay for the costs of the session

0 – 18 month Stay & Play & Under Ones Stay & Play

Designed to support new parents. Meet others, share experiences and have lots of age-appropriate play. Social, Sensory and Discovery play. We would like to request a voluntary contribution of £2.50 for attendance to help pay for the costs of the session

Sand & Water Play

Indoor and outdoor sand and water activities. Supporting motor skills, encouraging speech & language, sparking creativity and introducing STEM

Crafty Tales

Understand child development through music and signing in the early years, and in the power of story-telling. Ignite a child's imagination and encourage their creativity. Combining stories with drama, music and games in a fun, rounded, stimulating experience.

Intro to Solids

Advice, information and support when your baby is ready to move on from milk alone. Session includes child development. Delivered by Health Visitor and Children's Centre staff. Sessions available online and in person at our Children's Centres.

Healthy Start Vitamins

Show your Healthy Start card or purchase from the Centre. £1.50 for children's vitamins. £1.00 for adult vitamins.

Tolworth

29 July, 5 August, 12 August & 19 August
Midwives clinic
appointments only

29 July, 5 August & 12 August
Under 5s Play & Learn
10:00-11:30am
Play session with fun indoor and outdoor activities, school readiness information & activities, cooking and more.
Drop in session, no booking required.

19 & 26 August
Centre Closed

Chessington

29 July, 5 August & 12 August
Midwives clinic
appointments only

29 July & 5 August
Junior Jammers
10:00-10:45am
Musical singing session for children aged 0-5 years
£6.00 per child
£10.00 for child and sibling
To book visit
www.juniorjammers.co.uk

Baby Jammers
11:00-11:45am
Musical singing session for children aged 0-18 months
£5.00 per child
To book visit
www.juniorjammers.co.uk

19 & 26 August
Centre Closed

Old Malden

Centre Closed for Building Work



Kingston Town

29 July, 5 August, 12 August & 19 August
Midwives clinic
appointments only

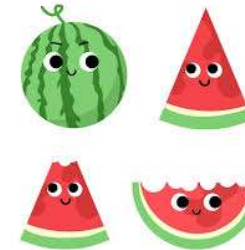
5 August
Under 5s Stay & Play
10:00-11:30am
Play session with fun indoor and outdoor activities and singing.
Drop in session, no booking required.

29 July, 5 August & 12 August
Let's Nurture
1:30-2:30pm
Small group play session for children under the age of 5 who need a calm environment.
Invitation only
If you have concerns about your child's social and communication development, please call the team on 020 8481 0640

19 & 26 August
Centre Closed

Virtual

Online Intro to Solids including play and development
10:00-11:00am
19 August
[To book](#)



Information

Voluntary Contribution
We request a voluntary contribution of £2.50 for attendance at our centre sessions to support the cost of fruit and resources.

Play Pass
For families where making a donation may prove difficult or who are in receipt of benefits. Please speak to a member of staff.

Tolworth

30 July, 6 August, 13 August,
20 August & 27 August

Midwives clinic
appointments only

30 July

Rhymetime

10:00-10:30am

Stories, songs and rhymes to share
with your little ones.

Drop in session, no booking
required

6 August

Water & Ice Play

10:00-11:15am

A variety of indoor and outdoor
water & ice activities.

Suitable for 0-5 year olds.

**Drop in session, no booking
required.**

6 August

Health Visitors

Child Health Reviews

1st and 3rd Tuesday of the month

1:00-3:00pm

Appointments Only

Appointments available with the
Health Visiting Team. Please bring
your Red Book.

6 August

Perinatal Clinic

1st & 3rd Tuesday of the month

Appointments only

13 August & 27 August

BCG Clinic

2nd and 4th Tuesday of the month

Appointments Only

Centre Closed

20 August

Chessington

30 July & 13 August

Perinatal Mental Health
appointments only

30 July, 6 August & 13 August

Infant Feeding Support

Drop In

1:00-3:00pm

Advice and support for feeding
and expectant Mums.

**Drop in session, no need to
book.**

30 July, 6 August & 13 August

Health Visitors

Well Baby Clinic

Drop In

1:00-3:00pm

Please bring your Red Book

Centre Closed

20 & 27 August

Old Malden

Outreach Sessions

30 July, 6 August & 13 August

Under 5s Soft Play

10:00-11:00am

at

The Lighthouse,

28-30 Church Road, Worcester
Park, KT4 7RA.

**Drop in session, no booking
required.**



Kingston Town

30 July, 6 August, 13 August
& 27 August

Midwives clinic
appointments only

30 July, 6 August, 13 August
& 27 August

Health Visitors

Well Baby Clinic

Drop In

9:30-11:30am

Please bring your Red Book

Centre Closed

20 August

Virtual

Facebook

Please join our Facebook page
for information and updates
on any new upcoming courses
or events.

[Kingston Children's Centre](#)

[Facebook Page](#)



Information

Baby Massage

5 week course promoting
bonding, attachment, muscle
and brain development.

£25 per course.

To request a place on our
next available course please
complete the booking form.

[To book](#)

Parenting

To express an interest in our
Parenting courses please
complete the online form:

[To book](#)

**1-1 Children's Centre
Sessions**

Limited bookable sessions
available to discuss particular
issues with a member of the
Children's Centres team.

Contact your local Centre for
more information.

Online Registration Form

If you have not attended a
Kingston Children's Centre in
the past or you have a new
addition to your family please
complete our online
registration form

[Online registration form](#)

Summer Term: 29 July to 30 August 2024

WEDNESDAYS

Tolworth

31 July, 14 August, 21 August & 28 August
Midwives clinic
appointments only

31 July & 14 August,
Water & Ice Play
10:00-11:15am
A variety of indoor and outdoor water & ice activities.
Suitable for 0-5 year olds.
Drop in session, no booking required.

31 July, 14 August, 21 August & 28 August
Health Visitor
Well Baby Clinic
Drop In
1:30-3:00pm
No appointment required.
Please bring your Red Book

31 July & 14 August,
Water & Ice Play
2:00-3:15pm
A variety of indoor and outdoor water & ice activities.
Suitable for 0-5 year olds.
Drop in session, no booking required.

Centre Closed
7 August

Chessington

31 July & 14 August
Midwives clinic
appointments only

31 July & 14 August
Under 5s Stay and Play
10:00-11:30am
Play session with fun indoor and outdoor activities and singing.
Drop in session, no booking required.

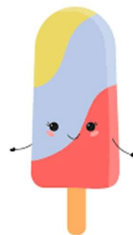
31 July & 14 August
Health Visitors
Child Health Reviews
1:00-4:00pm
Appointments Only

Centre Closed
7, 21 & 28 August

Old Malden

Outreach Sessions

31 July, 14 August, 21 August & 28 August
Under 5s Soft Play
10:00-11:00am
at
The Lighthouse,
28-30 Church Road, Worcester
Park, KT4 7RA.
Drop in session, no booking required.



Kingston Town

31 July, 7 August, 14 August, 21 August & 28 August
Midwives clinic
appointments only

31 July, 14 August & 28 August
Infant Feeding Support
9:00am-12:00pm
Specialist 1-1 advice and support-
appointment by health professional
referral only. 020 8274 7709.
1:00-2:30pm
Advice and support for feeding and
expectant Mums. Drop in session.

31 July, 14 August & 28 August
Health Visitors
Child Health Reviews
9:30-12:30pm
Appointments Only
Please bring your Red Book
Call 0208 549 3672 to book

31 July & 14 August
Crafty Tales
for Under 1s
11:30-12:00pm
&
for 1-2 years
12:30-1:00pm
Suggested donation
£4.50 per session
Booking essential
Call 020 8481 0640
**Please call no sooner than 2 working
days prior to the session**

31 July
Come Outside
2:00-3:30pm
Put on your waterproofs and wellies
and join us for this outdoor only session
with gardening and outside activities.
Drop in session, no booking required.

Centre Closed
7 & 21 August

Outreach

**Advice and Information
Session**
with Children's Centre Lead
Outreach Worker
10:00-2:00pm
Growbaby @ The Hub
38 Surbiton Road
Kingston, KT1 2JR
For further information
please call Sophie Hodges,
Children's Centre Lead
Outreach Worker on 07849
305143

Events



Free Family Event!
National Play Day
Wednesday 7 August
11:00am-3:00pm
Dickerage Youth & Community
Centre
Dickerage Road,
New Malden, KT3 3EQ
Join the children's centre team
and youth service for a family
fun day featuring:
Music,
Dancing,
Rhymetime,
Storytime,
Art & craft,
Sensory play
Sports,
Play activities,
Face painting,
Children's farm,
Fire brigade,
Information & advice from local
services,
Refreshments,
And much more!
Free family event,
suitable for those with children
aged 0-11 years



Tolworth

1 August, 8 August, 15 August,
22 August & 29 August

Midwives clinic
appointments only

1 August, 15 August
& 29 August

Perinatal Mental Health
Appointments only

Outreach Session

8 August

Teddy Bears Picnic

11:00am-1:00pm

Bring your teddy and picnic
lunch and join us at
Fishponds Park, Hollyfield Road,
KT5 9AL

for fun, games and songs.

No booking required.

In the event of adverse weather we
will post cancellation details to our
Facebook page.

Chessington

1 August, 8 August
& 15 August

Water & Ice Play
10:00-11:15am

Play session with fun indoor and
outdoor water and ice activities.

Drop in session, no booking
required.

1 August, 8 August
& 15 August

Water & Ice Play
1:00-2:15pm

Play session with fun indoor and
outdoor water and ice activities.

Drop in session, no booking
required.

Centre Closed
22 & 29 August

Old Malden

Outreach Sessions

1 August, 8 August
& 22 August

Rhymetime

Old Malden Library
Old Malden, KT4 7RD
10:15-10:45am

Join us for stories, songs and
rhymes for under 5s.
Come along, have fun and make
new friends.

Drop in session, no booking
required.

For further information please
call Siobhan Meacher, Children's
Centre Outreach Worker on
07784 006661

29 August

Teddy Bears Picnic

11:00am-1:00pm

Bring your teddy and picnic
lunch and join us at
Manor Park, Malden Road,
KT3 6AU

for fun, games and songs.

No booking required.

In the event of adverse weather we
will post cancellation details to our
Facebook page.

Kingston Town

1 August, 8 August, 15 August,
22 August & 29 August

Midwives clinic
appointments only

1 August, 8 August, 15 August
& 29 August

Health Visitors
27 Month Reviews
9:30-12:00pm

Appointments Only
Please bring your Red Book
Call 0208 549 3672 to book

15 August

Messy Play

10:00-11:00am

A fun sensory & messy play
session suitable for under 5s.

Come dressed for mess!
Drop in session, no booking
required.

Outreach Session

8 August

Teddy Bears Picnic

11:00am-1:00pm

Bring your teddy and picnic
lunch and join us at
Fishponds Park, Hollyfield Road,
KT5 9AL

for fun, games and songs.

No booking required.

In the event of adverse weather we
will post cancellation details to our
Facebook page.

Centre Closed
22 August

Information

Baby Massage

5 week course promoting
bonding, attachment, muscle
and brain development.

£25 per course.

To request a place on our
next available course please
complete the booking form.

[To book](#)

Parenting

To express an interest in our
Parenting courses please
complete the online form:

[To book](#)

1-1 Children's Centre
Sessions

Limited bookable sessions
available to discuss particular
issues with a member of the
Children's Centres team.

Contact your local Centre for
more information.

Online Registration Form

If you have not attended a
Kingston Children's Centre in
the past or you have a new
addition to your family please
complete our online
registration form

[Online registration form](#)

Events

Outreach Sessions

1 August

Children's Centre visit to
Hampton Court Palace

10:00am-2:00pm

Please contact your local
children's centre to register your
interest.

This is a very popular event and
therefore places cannot be
guaranteed as numbers are
limited.

Bookings open 15 July.

You will receive a confirmation
email on Monday 22 July if you
have been allocated a place.



Tolworth

2 August, 9 August, 16 August,
23 August & 30 August
Perinatal Mental Health
Appointments only

2 August, 9 August, 16 August,
23 August & 30 August
Infant Feeding Support
Drop In
9.30-12:00pm
Advice and support for feeding and
expectant Mums. Drop in session,
no need to book.

2 August, 9 August & 30 August
Junior Jammers
10:00-10:45am
Musical singing session for children
aged 0-5 years
£6.00 per child
£10.00 for child and sibling
To book visit
www.juniorjammers.co.uk
Baby Jammers
11:00-11:45am
Musical singing session for children
aged 0-18 months
£5.00 per child
To book visit
www.juniorjammers.co.uk

2 August & 9 August
Under 18 Months Stay & Play
1:15-2:45pm
Session for families with babies
under 18 months.
**Drop in session, no booking
required.**

Chessington

2 August, 9 August & 16 August
Midwives clinic
appointments only

2 August
Playdough Masterclass
10:00-11:15am
Come and make your own dough to
play with and take home at the end
of the session.
Recommended age 18 months and
over.
Suggested donation £2.50 per
family.
Booking essential
Call 020 8397 2006 option 5 to
book. Booking opens 22 July.

9 August & 16 August
Make & Bake
10:00am-12:00pm
Family cookery session for over 2s
and parents/carers
Suggested donation £4 per family
Booking essential
Please call the Centre on
020 8397 2006 option 5
to book.
**Bookings for these sessions will
open on 29 July.**

2 August, 9 August & 16 August
Crafty Tales
for under 1 year olds
11:30-12:00pm
Suggested donation
£4.50 per session
Booking essential
Call 020 8397 2006 option 5 to
book.
**Please call no sooner than 2
working days prior to the session**

Centre Closed
23 August & 30 August

Old Malden

**Centre Closed for Building
Work**



Kingston Town

2 August, 9 August, 16 August,
23 August & 30 August
Midwives clinic
appointments only

2 August & 9 August
Under 18 Months
Baby Sensory Play
10:00-11.30am
A creative and messy play
session using, textures, scents
and music in simple practical
ways that can be easily
replicated at home
**Drop in session, no booking
required.**

Centre Closed
23 August

Virtual

Facebook
Please join our Facebook page
for information and updates
on any new upcoming courses
or events.
[Kingston Children's Centre](#)
[Facebook Page](#)



Information

Voluntary Contribution
We request a voluntary
contribution of £2.50 for
attendance at our centre
sessions to support the cost of
fruit and resources.

Play Pass
For families where making a
donation may prove difficult or
who are in receipt of benefits.
Please speak to a member of
staff.

Useful numbers

Single Point of Access

020 8547 5008

Families Information Service

020 8547 5215

Relate

020 8940 8578

Victim Support

0845 450 3936

National DV 24hr Helpline

0808 2000 247

Homestart

020 8487 8500

Kingston Hospital Antenatal Clinic

020 8934 2290

NHS 111 (previously NHS Direct)

111

National Breastfeeding Helpline

0300 100 0212

Citizens Advice Bureau Kingston

020 3166 0953

Mon, Tues, Thurs, Fri 10-3.30pm

Where are we?

Tolworth Children's Centre

School Lane, Tolworth, KT6 7QJ

Telephone: 020 8339 9848

Chessington Children's Centre

Buckland Road, Chessington, KT9 1JE

Telephone: 020 8397 2006

Kingston Town Children's Centre

Villiers Road, Kingston, KT1 3AR

Telephone: 020 8481 0640

Old Malden Children's Centre

Sheephouse Way (entrance on
Lawrence Avenue), New Malden,
KT3 5NB

Telephone: 020 8241 0837

Dickerage Youth & Community Centre

Dickerage Road, New Malden,
KT3 3EQ

Old Malden Library

Church Road, Worcester Park,
KT4 7RD

Growbaby

The Hub, 38 Surbiton Road,
Kingston, KT1 2JR