



Short Breaks and activities for children and young people with special educational needs and disabilities (SEND)



**achieving
for children**

Short breaks provide disabled children and young people with fun, enjoyment and a chance to be with friends while their parents and carers get a break from caring.

The short breaks schemes in Kingston and Richmond are called 'Aiming High'.

Some are free to attend or families may have to pay a contribution.

Aiming High Short Breaks

Children and young people who meet the following eligibility criteria can apply for Aiming High short breaks:

- the child or young person has a diagnosed disability
- the child or young person is aged between 0 to 18th birthday
- the child or young person lives in the Kingston or Richmond boroughs.



Descriptions of the different schemes

Activity Fund

An amount of money that families maybe able to claim each financial year towards activities for children and young people to enjoy. For example, swimming sessions, annual passes, and activity clubs during term time or school holidays..

kr.afcinfo.org.uk/ActivityFund



Additional Support Funding

Funding that pays for additional support for children and young people with disabilities, complex health and special needs who access mainstream short break activities. The activity providers applies for the funding.

kr.afcinfo.org.uk/AdditionalSupportFunding



Challengers Saturday and holiday playschemes

Playschemes and youth schemes for children aged 4 to 12 years and 13 years to 18th birthday. The schemes run on Saturdays, Easter and summer and half term school holidays in Kingston and Richmond.

kr.afcinfo.org.uk/Challengers



EnhanceAble:

Ribbons, Flyers and Kite groups

After school clubs for children and young people with a wide range of disabilities in Kingston. Children and young people from Richmond may be able to attend, but priority would be given to children from Kingston.

Ribbons: for children aged 5 to 11 years.

Flyers: for children aged 5 to 18 years. This session is for children and young people with more complex health and physical disabilities who may need one-to-one support at all times.

Kites: for young people aged 11 to 18 years.

kr.afcinfo.org.uk/Enhanceable



KEEN2GO - U18 Social Club

A weekly term time social club for young people aged 8 to 18 years in Richmond. Young people from Kingston can also attend, but priority will be given to young people from kr.afcinfo.org.uk/KEEN2GO



Aiming High Club at Albany Outdoors

Water sports activities for disabled young people aged between 11 to 17 years. The club runs from April to September

kr.afcinfo.org.uk/AlbanyOutdoorsAH



Home and Community Support

One-to-one support for children and young people with a disability. Support may be in the home or in the community to enable children and young people to take part in mainstream activities.

kr.afcinfo.org.uk/HomeandCommunity



Bikeability

Cycle training for children with special educational needs and disabilities (SEND) at primary schools within Kingston.

kr.afcinfo.org.uk/Bikeability



Kingston and Richmond BuddyUp

For young people with disabilities or additional needs aged 14 to 17 years. Young people with their own young volunteer (buddy).

The aim is to enable young people to increase independence and confidence through travelling and getting out and about more in their community. Young people must have an education, health and care plan (EHCP) to access this service.

kr.afcinfo.org.uk/BuddyUp



Assessed need short breaks

Children with more complex needs might also be offered specialist sessions. These can include both day and overnight provision. These are 'assessed need short breaks'.

These children and families will need to meet the eligibility criteria to receive services from the Social Care Disabled Children's Team or the Family Support Team.

kr.afcinfo.org.uk/AssessedNeed



Other leisure and social activities

There are many more activities and clubs for children with disabilities in the local area.

kr.afcinfo.org.uk/Activities



Youth centres

Youth centres across Kingston and Richmond offer varied programmes of inclusive activities during term times and school holidays. These are free to attend. The teams are happy to discuss activities and explain how children and young people can take part and be supported to attend.

kr.afcinfo.org.uk/YouthCentres



Inclusion Development Officers

This team can advise you if your child needs support to access mainstream activities or out of school settings.

kr.afcinfo.org.uk/Inclusion



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