

Summer Holidays 2023



Kingston Programme
Children's Centre services
serving: Kingston, New Malden,
Old Malden, Chessington,
Surbiton and Tolworth

Further information

Find us online:

Twitter: [@AforC_info](https://twitter.com/AforC_info)

Facebook: <https://www.facebook.com/groups/kingstonchildrenscentres>

Website: www.afcinfo.org.uk

AfC Kingston Town Children's Centre

Email: kingstonccs@achievingforchildren.org.uk

AfC Chessington Children's Centre

Email: kingstonccs@achievingforchildren.org.uk

AfC Tolworth Children's Centre

Email: kingstonccs@achievingforchildren.org.uk

AfC Old Malden Children's Centre

Email: kingstonccs@achievingforchildren.org.uk

Outreach phone numbers: 07784 006661 and 07849 305143

Translation advice

Translation Advice

Please contact us if you need this leaflet in Braille, large print, on audio tape or in another language.

Phone: 020 8891 1411.

Introduction

Welcome to Kingston Children's Centre Services

Our Children's Centres are places where all families with children under five, and expectant mothers and fathers, can go to help their children to get the best start in life.

We are pleased to offer a full a range of activities in our centres for the summer holidays. This timetable will cover

24 July to 1 September 2023

Advance booking is no longer required for our universal children's centre sessions.

Children up to 8 years of age may join younger siblings at our holiday sessions, if appropriate.

Please see individual listings for booking details for other sessions.

Thank you

Our Aims

- To promote high quality inclusive education and care from birth to five years.
- To provide all-inclusive opportunities for parents and carers to meet and support each other.
- To offer support, advice and information to parents, carers and families, through multi agencies e.g. Health Visitors, Midwives Nurseries, Pre Schools, Schools and Family Support Workers.
- To support and develop parents and carers awareness of how to become a "Play Partner" for their children and how to help their children be ready for school.
- To promote and support parents and carers in healthy lifestyles and preparing their children for school.

Our Objectives

- To provide well planned age appropriate, all-inclusive sessions and activities to extend children's learning through the Early Years Foundation Stage.
- To provide an environment that is friendly, relaxed, supporting and welcoming to all families.
 - To have staff who will lead by example and model good practice.
 - To make information available that is clear for parents

Our sessions

Please join our Facebook Group for further updates and information.

<https://www.facebook.com/groups/kingstonchildrenscentres>

We would like to request a voluntary donation of £2.50 per family for our children's centre sessions

Midwives appointments

By appointment only.

Health Visitors Clinic and Review Appointments

See programme for further information. Drop in clinics available in some centres. Reviews by appointment only. Initially by invitation only. Please speak to your health visitor or call the number in your red book for further information.

Infant Feeding Support

Advice and support for expectant and feeding Mums. Drop in sessions. Specialist 1-1 advice and support-appointment by health professional referral only. Contact the Infant Feeding Team at InfantFeeding.YH@yourhealthcare.org

Stay & Play Sessions

All of our Stay & Play sessions include a variety of indoor and outdoor activities for you and your child to have fun and learn together. Sessions include toys, activities and singing.

0 – 18 month Stay & Play & Under Ones Stay & Play

Designed to support new parents. Meet others, share experiences and have lots of age-appropriate play. Social, Sensory and Discovery play.

Water & Ice Play

Indoor and outdoor water & ice activities. Supporting motor skills, encouraging speech & language, sparking creativity and introducing STEM concepts.

Messy Play

A fun messy session with lots of wet and dry sensory and tactile experiences for your child to explore. Please dress prepared to get messy!

Art & Craft

A summer themed art & craft session and an opportunity for you and your child to explore their creativity and practise fine motor skills.

Make & Bake

A parent and child cookery session- make some healthy snacks together. Suitable for over 2s. Suggested donation £4.00 per family.

Rhyme & Story Time

A session of songs, rhymes and stories with actions and props for under 5s.

Crafty Tales

Understand child development through music and signing in the early years, and in the power of story-telling. Ignite a child's imagination and encourage their creativity. Combining stories with drama, music and games in a fun, rounded, stimulating experience.

Online Intro to Solids

Advice, information and support when your baby is ready to move on from milk alone. Session includes child development. Delivered by Health Visitor and Children's Centre staff.

Healthy Start Vitamins

Show your Healthy Start card or purchase from the Centre. £1.50 for children's vitamins. £1.00 for adult vitamins.

Summer Holidays: 24 July to 1 Sept 2023

MONDAYS

Tolworth

Midwives clinic
appointments only

Under 5s Stay & Play
Special themed Beach Day
10:00-11:30am

24 July

Play session with fun beach
themed indoor and outdoor
activities and singing.

**Drop in session, no booking
required.**

Water & Ice Play
10:00-11:30am

31 July

Play session with fun indoor and
outdoor water and ice activities.

**Drop in session, no booking
required.**

Messy Play
10:00-11:00am

7 August

A variety of wet and dry messy
and sensory activities for 0-5
year olds.

Come dressed for mess!

**Drop in session, no booking
required.**

14 August
Centre Closed
Midwife Appointments Only

Chessington

Midwives clinic
appointments only

Under 12 Months Stay & Play
10:00-11:30am

24 July

7 August

Session for families with babies
under 12 months.

**Drop in session, no booking
required.**

Under 12 Months Messy Play
10:00-11:00am

31 July

Session for families with babies
under 12 months.

**Drop in session, no booking
required.**

Baby & Junior Jammers
10:30-11:15am

24 & 31 July, 7 & 14 August

Musical singing session for children

aged 0-5 years

£6.00 per child

£10.00 for child and sibling

To book visit

www.juniorjammers.co.uk

Teddy Bears' Picnic

10:30am-1:00pm

14 August

at Churchfields Recreation Ground,
KT9 2ES

Bring your teddy & picnic lunch and
join us at Churchfields for fun,
games and songs.

To book

Call 020 8397 2006, ext. 5

21 & 28 August
Centre Closed

Old Malden

Midwives clinic
appointments only

Infant Feeding Support
Drop In

9:30-11:30am

24 & 31 July, 14 & 21 August

Advice and support for feeding and
expectant Mums.

Drop in session, no need to book.

Health Visitors
Well Baby Clinic

9:00-12:30pm

Appointments Only

Call 020 8949 9974/8505

to book

Please bring your Red Book.

Messy Play

10.00-11.00am

24 July

A variety of wet and dry messy and
sensory activities for 0-5 year olds.

Come dressed for mess!

Call 020 8241 0837 to book.

Bookings taken from Wednesday

19 July.

Let's Nurture

1:30-2:45pm

24 July

31 July

14 August

Small group play session for
children under the age of 5 who
need a calm environment.

Invitation only

If you have concerns about your
child's social and communication
development, please call the team
on

020 8241 0837

7 August
Centre Closed
Midwife Appointments Only

Kingston Town

Midwives clinic
appointments only

Under 5s Stay & Play
10:00-11:30am

31 July

Play session with fun indoor and
outdoor activities and singing.

**Drop in session, no booking
required.**

Rhyme & Story Time
10:00-10:40am

7 August

Stories, songs and rhymes for
under 5s.

**Drop in session, no booking
required.**

Messy Play
10.00-11.00am

14 August

A variety of wet and dry messy
and sensory activities for 0-5
year olds.

Come dressed for mess!

**Drop in session, no booking
required.**

Virtual

Online Intro to Solids
including play and
development
1:00-1:45pm

7 August

[To book](#)

Information

Voluntary Contribution

We request a voluntary
contribution of £2.50 for
attendance at our centre
sessions to support the cost of
fruit and resources.

Play Pass

For families where making a
donation may prove difficult or
who are in receipt of benefits.

Please speak to a member of
staff.

Summer Holidays: 24 July to 1 Sept 2023

TUESDAYS

Tolworth

Midwives clinic
appointments only

Rhyme & Story Time
10:00-10:40am

1 August
8 August

Stories, songs and rhymes for
under 5s.

Drop in session, no booking
required.

Health Visitors

Child Health Reviews
1st and 3rd Tuesday of the month
1:00-4:00pm

Appointments Only

Appointments available with the
Health Visiting Team. Please
bring your Red Book.

BCG Clinic

2nd and 4th Tuesday of the month
Appointments Only

15 August
Centre Closed
Midwife Appointments Only

Chessington

Perinatal Mental Health
appointments only

Infant Feeding Support
Drop In

1:00-3:00pm

1 August
8 August
15 August

Advice and support for feeding
and expectant Mums.

Drop in session, no need to
book.

Health Visitors
Well Baby Clinic
Drop In

1:00-3:00pm

1 August
8 August
15 August

Please bring your Red Book

25 July,
22 & 29 August
Centre Closed

Old Malden

Midwives clinic
appointments only

0-5 Stay and Play
10:00-11:30am

25 July
1 August
15 August

Play session with fun indoor and
outdoor activities and singing.

Drop in session, no booking
required.

8 August
Centre Closed
Midwife Appointments Only

Kingston Town

Midwives clinic
appointments only

Health Visitors
Well Baby Clinic
Drop In

9:30-11:30am

Please bring your Red Book

Rhyme & Story Time
10:00-10:40am
25 July

Stories, songs and rhymes for
under 5s.

Drop in session, no booking
required.

Call 020 8481 0640 to book

Teddy Bears' Picnic
11:00am-1:00pm
8 August

Bring your teddy & picnic lunch
and join us in the Kingston Town
Children's Centre garden for fun,
games and songs.

Booking required.

Call 020 8481 0640 to book

Health Visitors
10-12 Month Health Reviews
1:00-3:30pm
Appointments Only

Virtual

Facebook

Please join our Facebook page
for information and updates
on any new upcoming courses
or events.

[Kingston Children's Centre](#)
[Facebook page](#)

Upcoming

Baby Massage

5 week course promoting
bonding, attachment, muscle
and brain development.

£25 per course.

To request a place on our
next available course please
complete the booking form.

[To book](#)

Parenting

To express an interest in our
Parenting courses please
complete the online form:

[To book](#)

1-1 Children's Centre
Sessions

Limited bookable sessions
available to discuss particular
issues with a member of the
Children's Centres team.
Contact your local Centre for
more information.

Online Registration Form

If you have not attended a
Kingston Children's Centre in
the past or you have a new
addition to your family please
complete our online
registration form

[Online registration form](#)

Summer Holidays: 24 July to 1 Sept 2023

Tolworth

Midwives clinic
appointments only

Under 18 Months Stay & Play

1:15-2:45pm

26 July
9 August

Session for families with babies
under 18 months.

**Drop in session, no booking
required.**

Health Visitor Well Baby Clinic Appointments Only

1:30-3:00pm

Please bring your Red Book
Call 020 8274 7719 to book

Free Family Event! National Play Day

11:00am-3:00pm

2 August
at

Dickerage Youth & Community
Centre, KT3 3EQ

See special events section for
further details

16 August
Centre Closed
Midwife Appointments Only

Chessington

Midwives clinic
appointments only

Under 5s Stay and Play

10:00-11:30am

26 July
16 August

Play session with fun indoor and
outdoor activities and singing.

**Drop in session, no booking
required.**

Free Family Event! National Play Day

11:00am-3:00pm

2 August
at

Dickerage Youth & Community
Centre, KT3 3EQ

See special events section for
further details

Health Visitors Child Health Reviews Appointments Only

1:00-4:00pm

23 & 30 August
Centre Closed

Old Malden

Midwives clinic
appointments only

Health Visitors Well Baby Clinic

9:00-12:00pm

Appointments Only

Call 020 8949 9974/8505 to
book

Please bring your Red Book

Under 18 Months Stay & Play

10:30-11:45am

26 July
16 August

Session for families with babies
under 18 months.

**Drop in session, no booking
required.**

Free Family Event! National Play Day

11:00am-3:00pm

2 August
at

Dickerage Youth & Community
Centre, KT3 3EQ

See special events section for
further details

9 August
Centre Closed
Midwife Appointments Only

Kingston Town

Midwives clinic
appointments only

Infant Feeding Support

9:00am-12:00pm

26 July, 9, 16 & 30 August

Specialist 1-1 advice and support-
appointment by health professional
referral only. 020 8274 7709.

1:00-2:30pm

Advice and support for feeding and
expectant Mums.

Drop in session.

Health Visitors Child Health Reviews

9:30-12:30pm

Appointments Only

Please bring your Red Book
Call 0208 549 3672 to book

Water & Ice Play

10:00-11:30am

9 August

Play session with fun indoor and
outdoor water and ice activities.

**Drop in session, no booking
required.**

Rhyme & Story Time

10:00-10:40am

16 August

Stories, songs and rhymes for under
5s. Drop in, no booking required.

Crafty Tales

for Under 1s

11:30-12:00pm

26 July, 9 & 16 August

Suggested donation
£4.50 per session

Booking essential

Call 020 8481 0640

**Please call no sooner than 2
working days prior to the session**

Outreach

Advice and Information Session

with Children's Centre Lead

Outreach Worker

10:00-2:00pm

Growbaby @ The Hub

38 Surbiton Road

Kingston, KT1 2JR

For further information
please call Sophie Hodges,
Children's Centre Lead
Outreach Worker on 07849
305143

Special Events

Free Family Event! National Play Day

Wednesday 2 August

11:00am-3:00pm

Dickerage Youth & Community
Centre

Dickerage Road,
New Malden, KT3 3EQ

Join the children's centre team
and youth service for a family
fun day featuring:

Music,

Dancing,

Rhymetime,

Storytime,

Jammers,

Art & craft,

Sports,

Play activities,

Face painting,

Children's farm,

Fire brigade,

Information & advice from local
services,

Refreshments,

And much more!

Free family event, suitable for
those with children aged 0-13
years.

Summer Holidays: 24 July to 1 Sept 2023

THURSDAYS

Tolworth

Midwives clinic
appointments only

Perinatal Mental Health
Appointments only

Teddy Bears' Picnic
10:30am-1:00pm
Alexandra Recreation Ground,
King Charles Road, KT5 9BE
27 July
Bring your teddy & picnic lunch
and join us in at Alexandra
Recreation Ground for fun,
games and songs.
Booking required.
Call 020 8339 9848 to book

17 August
Centre Closed
Midwife Appointments Only

Chessington

Water & Ice Play
10:00-11:15am
27 July
3 August
10 August
17 August

Play session with fun indoor and
outdoor water and ice activities.

**Drop in session, no booking
required.**

Water & Ice Play
2:30-3:45pm
27 July
3 August
10 August
17 August

Play session with fun indoor and
outdoor water and ice activities.

**Drop in session, no booking
required.**

24 & 31 August
Centre Closed

Old Malden

Midwives clinic
appointments only

Sand & Water Play
10:00-11:00am
3 August
Sand & water session with
indoor and outdoor activities.
Booking required.
Call 020 8241 0837 to book.
Bookings taken from 30 July.

Teddy Bears' Picnic
10:30am-1:00pm
17 August
at Manor Park, Manor Drive
North, New Malden, KT3 5PA.
Bring your teddy & picnic lunch
and join us in at Manor Park for
fun, games and songs.
Booking required.
Call 020 8241 0837 to book

10 August
Centre Closed
Midwife Appointments Only

Kingston Town

Midwives clinic
appointments only

Health Visitors
27 Month Reviews
9:30-12:00pm
Appointments Only
Please bring your Red Book
Call 0208 549 3672 to book

Under 18 Months Stay & Play
10:00-11:30am
27 July
Session for families with babies
under 18 months
**Drop in session, no booking
required.**

Rhyme & Story Time
10:00-10:40am
3 August
Stories, songs and rhymes for
under 5s. Drop in, no booking
required

Upcoming

Baby Massage
5 week course promoting
bonding, attachment, muscle
and brain development.
£25 per course.
To request a place on our
next available course please
complete the booking form.

[To book](#)

Parenting
To express an interest in our
Parenting courses please
complete the online form:
[To book](#)

**1-1 Children's Centre
Sessions**
Limited bookable sessions
available to discuss particular
issues with a member of the
Children's Centres team.
Contact your local Centre for
more information.

Online Registration Form
If you have not attended a
Kingston Children's Centre in
the past or you have a new
addition to your family please
complete our online
registration form
[Online registration form](#)

Special Events

**Children's Centres
visit to Hampton Court
Palace**
10 August
10:00am-2:00pm
Contact your local Children's
Centre to book.

Summer Holidays: 24 July to 1 Sept 2023

FRIDAYS

Tolworth

Midwives clinic
appointments only

Perinatal Mental Health
Appointments only

Infant Feeding Support
Drop In

28 July, 4 & 11 August,
1 September

9.30-12:00pm

Advice and support for feeding and
expectant Mums. Drop in session,
no need to book.

Junior Jammers
10:00-10:45am

28 July, 4 August, 11 August

Musical singing session for children
aged 0-5 years

£6.00 per child

£10.00 for child and sibling

To book visit

www.juniorjammers.co.uk

Baby Jammers
11:00-11:45am

28 July, 4 August, 11 August

Musical singing session for children
aged 0-18 months

£5.00 per child

To book visit

www.juniorjammers.co.uk

11 August
Centre Closed
Midwife Appointments Only

Chessington

Midwives clinic
appointments only

Make & Bake

10:00-11:30am

28 July

11 August

Family cookery session for over 2s
and parents/carers

Suggested donation £4 per family

Booking essential

Please call the Centre on

020 8397 2006 option 5

to book.

**Bookings for these sessions will
open on 14 & 28 July.**

Summer Art & Craft

10:00-11:30am

4 August

Summer craft session suitable for
over 2 years

**Drop in session, no booking
required.**

Crafty Tales

for under 1 year olds

11:30-12:00pm

28 July

4 August

11 August

18 August

Suggested donation

£4.50 per session

Booking essential

Call 020 8397 2006 option 5 to
book.

**Please call no sooner than 2
working days prior to the session**

25 August & 1 September
Centre Closed

Old Malden

Centre Closed on Fridays
throughout the holidays.

Kingston Town

Midwives clinic
appointments only

Under 5s Stay and Play

10:00-11:30

28 July

18 August

Play session with fun indoor and
outdoor activities and singing.

Drop in session, no booking
required.

Special Beach Themed

Under 5s Stay and Play

10:00am-12:00pm

4 August

Play session with fun beach
themed indoor and outdoor
activities and singing.

Drop in session, no booking
required.

Water & Ice Play

10:00am-12:00pm

11 August

Play session with fun indoor and
outdoor water and ice activities.

**Drop in session, no booking
required.**

Virtual

Online Intro to Solids
including play and
development

1:00-1:45pm

25 August

[To book](#)

Voluntary Contribution

We request a voluntary
contribution of £2.50 for
attendance at our sessions to
support the cost of fruit and
resources.

Play Pass

For families where making a
donation may prove difficult
or who are in receipt of
benefits.
Please speak to a member of
staff.

Special Events

Kingston Children's Centres
Soft Play Session at

The Pod,

YMCA Hawker Centre,

Lower Ham Road,

Kingston,

KT2 5BH

1:00-3:00pm

Soft play session for children's
centre families. A cash
donation of £2.50 per family
is requested for these
sessions. Free for families
with a play pass.

Suitable for 6 months to 10
years (older children must be
accompanied by a
sibling/relative under 5
years).

Children must be supervised
by parent/carer at all times.

4 August

11 August

18 August

Booking essential- to book
please complete the form via

[This Link](#)

Useful numbers

Single Point of Access

020 8547 5008

Families Information Service

020 8547 5215

Relate

020 8940 8578

Victim Support

0845 450 3936

National DV 24hr Helpline

0808 2000 247

Homestart

020 8487 8500

Kingston Hospital Antenatal Clinic

020 8934 2290

NHS 111 (previously NHS Direct)

111

National Breastfeeding Helpline

0300 100 0212

Citizens Advice Bureau Kingston

020 3166 0953

Mon, Tues, Thurs, Fri 10-3.30pm

Where are we?

Tolworth Children's Centre

School Lane, Tolworth, KT6 7QJ

Telephone: 020 8339 9848

Chessington Children's Centre

Buckland Road, Chessington, KT9 1JE

Telephone: 020 8397 2006

Kingston Town Children's Centre

Villiers Road, Kingston, KT1 3AR

Telephone: 020 8481 0640

Old Malden Children's Centre

Sheephouse Way (entrance on
Lawrence Avenue), New Malden,
KT3 5NB

Telephone: 020 8241 0837

Dickerage Youth & Community Centre

Dickerage Road, New Malden,
KT3 3EQ

Growbaby

The Hub, 38 Surbiton Road,
Kingston, KT1 2JR

Translation Advice

Please contact us if you need this leaflet in Braille, large print, on audio tape or in another language.

Phone: 020 8891 1411.