

Memory Toolkit

Barnet Education and Learning Service

**This toolkit has been developed by members of the
Inclusion Advisory Team**

Memory Toolkit

Cognition & Learning



Inclusive
Strategies



Areas of Impact

Self-Esteem
and
Confidence



Scaffolding



Areas of Impact

Cue when storing things



Processing information increases working memory overload – **GIVE TIME**



Repeat information in the same way – **clearly and concisely**



Reduce memory loads as much as possible – use visuals



Provide **active listening** opportunities



Practice recalling information e.g. messages, learning poems, reciting passages from memory



Recognise it is **difficult**



Prepare **prompts** and **task schedules** and always back up with **visuals**



Teach them to be active readers; underline, highlight key things



Give directions in **visual** and **verbal**



Memory

Over-learn material



Prime the memory prior to starting tasks – warm up games



Memory Strategies

Playing **memory games**, with **visuals**, if necessary, e.g. Kim's game or the shopping list game



Cooperative and paired learning to support each other



Get them to repeat the instructions back, keeping them short, using gestures and visuals



Pre-teach and practise key vocabulary



Memory

Relate new learning to existing knowledge – it sticks better



Materials needed are ready on pupil's desks



Time given to practising new routines



Memory moments – promote memory through early morning work reminder tasks



Blurt – blurt out all you can remember on this topic



Use retrieval practice as a starter and include key vocabulary



Get students to use visual images and other memory joggers e.g. mnemonics

Memory Strategies