



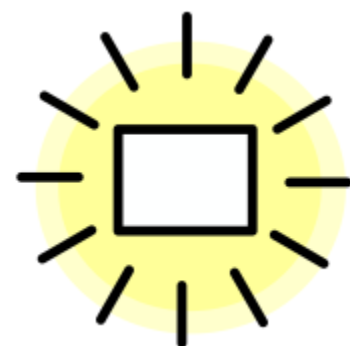
# Speech and Language Therapy age 16+



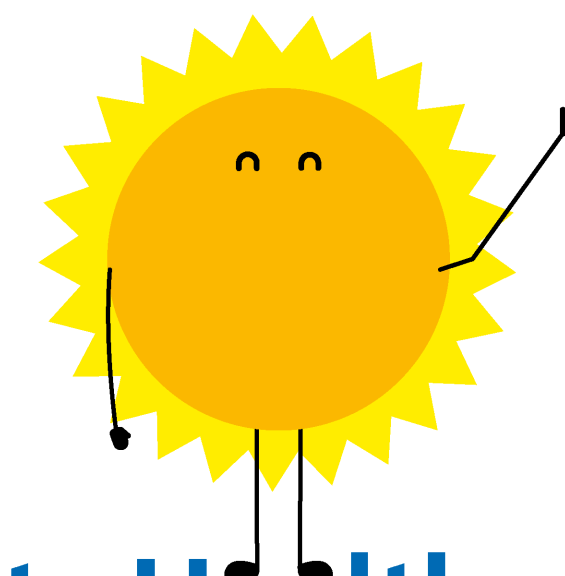
**Barts Health**  
NHS Trust

General NHS-funded service for 11-19 Years:

- Assessments
- Training and advice to the wider workforce
- Other intervention in exceptional cases (e.g. no school/college place)



**New! Chat Spot:** we can now see young people at **Spotlight youth centres.**

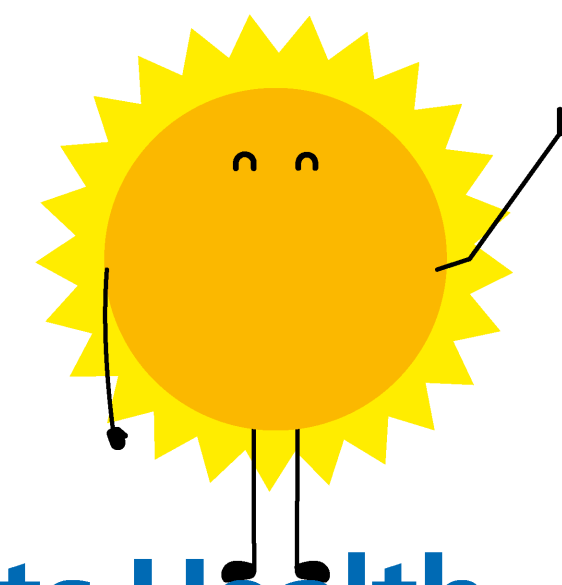


**Young Barts Health**



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- Stammering service (clinic-based)
- Deafness service
- Service into Beatrice Tate school
- School/college-funded: as agreed with the individual school/college



**Young Barts Health**

# Typical focus at 16+

- \*Making informed decisions and speaking up for myself
- \*Understanding my own strengths, needs and what helps me
- \*Managing my emotions
- Transition to new educational setting/into employment
- Learning about my rights
- Accessing other services

**Young person agrees their plan with the therapist**



# Our team uses



- It is for any child/young person with a long term health condition (can include communication needs)
- Prepares for transition to adult services (including where there is no equivalent to the children's service)
- Best to start early – Year 8 is often a good time





# Topics



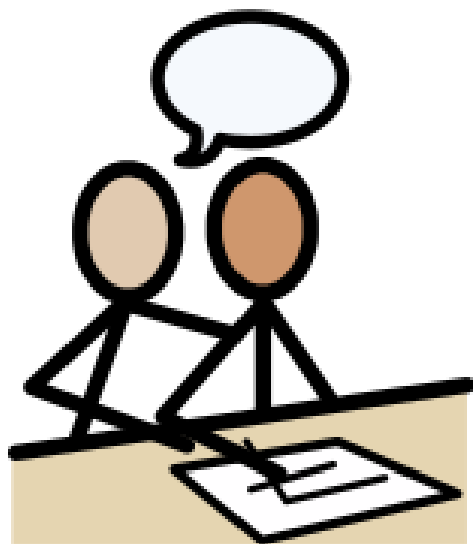
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 <b>Knowing myself and what I need</b>	 <b><u>Self advocacy</u></b> (speaking up for myself)	 <b>Health + lifestyle</b> (looking after myself)
 <b>Daily living</b>	 <b>At school and leaving school</b>	 <b>Free time</b>
 <b>Managing my emotions</b>	 <b>Transition to adult life</b>	



 <b>Relationships</b>
 <b>Safety</b>
 <b>Anything else?</b>

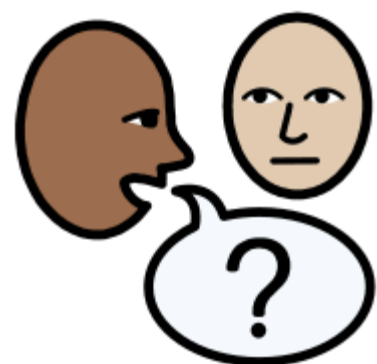




# Advice



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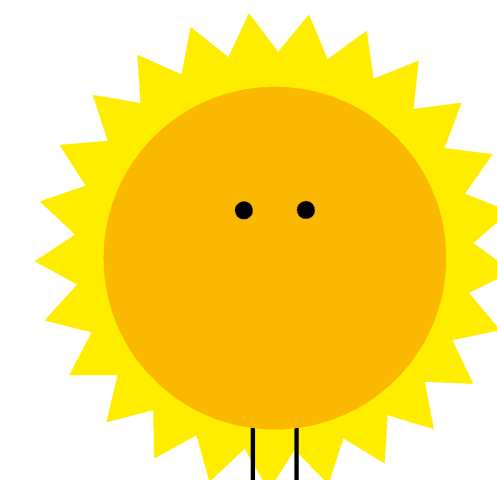
**Ask** the school/college which service provides their speech and language therapy



**For more information about our service:**

Phone Clare Barker on 020 7767 3322

Or email [sltconsultation.bartshealth@nhs.net](mailto:sltconsultation.bartshealth@nhs.net)



**Young  
Barts  
Health**