

Using Visuals

How do I do it?

1. Use the 'now' page below.
2. Take a photo of an activity your child enjoys or a small item to represent it (like a single lego block, or an empty bubble pot).
3. Show your child the 'now' page with the photo or object on it. Say 'now...' then name the activity.
4. Start the activity straight away.
5. When you have finished, say e.g. 'bubbles finished' and take the photo or object off the 'now' board.

Why should I do it?

We use images of things every day to help us communicate, like drawing a map for someone who needs directions to get somewhere new.

When you use images with your child, it helps them to understand your words more easily. This reduces frustration.

You can use a picture or small object to represent an activity. Your child may also use these to show you what they want. Children will communicate more when it is easier for them.

IDEAS!

Try using these ideas with your 'now' board:

Toys and games

Drawing: show a pencil
Lego: a single lego block
Sand play: a bucket/spade
Painting: a paintbrush
Puzzles: a photo of their favourite puzzles

Food

Cereal: a toy bowl or spoon
Raisins: an empty raisin box
Drink: a photo of their cup
Dinner: a toy fork/plate
Going to a café: a photo of the café

Daily routines

Bath time: a face cloth
Bedtime: picture of bedroom
Going out: picture of shoes
Swimming: an armband
Shopping: a shopping bag or a photo of the supermarket

Now