

Giving bit by bit



How do I do it?

1. Give things bit by bit (give a small part so your child has a reason to request more).
2. Wait and watch to see if your child looks or reaches to show they want more.
3. Respond to what your child does to request for more (moving closer towards you or reaching for the item) and label, 'more', 'more cookie/ Lego/ crisps' etc.

Why should I do it?

When you give bit by bit, during play or during snack time, for example, you are giving your child a communication opportunity - to request for more.

If you give your child everything they need (all the Lego blocks or the whole packet of crisps), your child doesn't need to communicate/interact with you for more as they have everything they need!

IDEAS!

Toys

Some toys are easier to give out bit by bit e.g. puzzle pieces, Lego and stacking rings. Your child will have lots of opportunities to ask you for more!



Food

Cut food into pieces e.g. cut a banana into slices and give your child one piece at a time so that he/she will have more opportunities to ask for things bit by bit.



People Games

People Games are games we can play with our children that don't involve using toys e.g. chase/ tickles/ singing/ spinning your child around. You can do a little bit of the activity, pause, and then give a little more when your child shows you they want more of the activity. This may be useful for those children who use little eye contact and are focussing on the object rather than sharing their attention with you.