

## Following your child's Lead



### How do I do it?

1. Sit face to face and at the same eye level with your child
2. Let them choose the activity or toy to play with
3. Watch what they are doing at first
4. Then comment on it or copy them- Your child might not play with a toy how you would but try to comment on it or copy them and join in

### Why should I do it?

Following your child allow them to set the 'pace' that's right for them.  
Following your child allows them to show you what they are interested in

### Ideas

#### Toy animals

Watch your child play and then comment on or copy their actions/sounds/words

e.g. if they are saying 'moo' while holding a cow, say 'moo' or if they are making the pig eat something, you should make an animal eat something.



#### Balls

Watch what your child is doing with the ball and copy them (e.g. if they are rolling the ball, roll it back to them).

#### Blocks/Lego

Watch what your child is doing with the blocks and then copy them

e.g. if they are building a tower, take turns placing blocks or build a tower beside them.

