

WHAT'S ON AT HAM YOUTH CENTRE?

WHO ARE WE?

We are a team of experienced youth workers who work with 11 to 19 year olds in Kingston and Richmond to provide fun, free and developmental activities.

WHAT WE DO

We provide young people with a safe space where they can meet their friends, talk to staff, and take part in activities. We are open after school every day of the week and also during school holidays.

WEEKLY TIME TABLE

MONDAYS

Football training 3pm to 5pm

Good4Girls Youth Club 5pm to 7.15pm

TUESDAYS

Junior Youth Club 3pm to 5.30pm

Ham in Session: Music 3pm to 5.30pm

Boxing 5pm to 6pm

Game Jam 6pm to 8pm

WEDNESDAYS

Handmade Arts Club 3.30pm to 6pm

Youth Orchestra 3.30 to 5pm

Senior Youth Club 5pm to 8pm

THURSDAYS

Parkour 3pm to 6pm

Anxiety support group 4pm to 6pm

Ham in Session - Music 3pm to 5.30pm

FRIDAY

After school drop in 3pm to 5pm

Bike repair workshop: 3pm to 5pm (first Friday of the month)

Ham in Session - Music 3pm to 5.30pm



Ham Youth Centre, Ham Close, Ham TW10 7PL



**achieving
for children**

WHAT HAPPENS AT THESE DIFFERENT SESSIONS?

FOOTBALL TRAINING

Open to everyone, coached by Brentford Football Club.

GOOD4GIRLS YOUTH CLUB

Exciting new project for young women where girls get sole use of the centre. Focusing on emotional wellbeing, trying new things and having fun.

JUNIOR YOUTH CLUB: Years 6 to 8 **SENIOR YOUTH CLUB:** Years 9+
AFTER SCHOOL DROP IN: All ages

Open access youth club where young people decide on the activities offered: art, pool, gaming, cooking, archery, skateboarding, fencing, table tennis, badminton and more.

GAMEJAM

Come and try out the new state of the art gaming lounge. Take part in workshops on coding and game design.

YOUTH ORCHESTRA

A fantastic opportunity to learn an instrument. We have a selection of string and wind instruments available for you to practise on and be taught by musicians Firas and Micka.

HAM IN SESSION - MUSIC

Come and use our state of the art music studio with tutor Zad. Learn drumming, guitar, music production and studio recording.

HANDMADE ART CLUB

Work with professional artists in different art forms including textiles, painting, and fashion design.

PARKOUR

A form of urban gymnastics, learn from expert coach Jason to precision jump and cat leap on our range of specialist parkour equipment.

ANXIETY SUPPORT GROUP

We have charity MIND visit every Thursday to offer support around anxiety and stress.

OTHER SUPPORT FOR YOUNG PEOPLE

Our experienced staff team are always there to support young people with issues they might be facing including drugs and alcohol, anxiety, stress, career choices, school, relationships. We offer the CCard scheme.

For more information contact centre manager, Ben Skelton:

E: ben.selton@achievingforchildren.org.uk

