A comprehensive training and support program for parents/ carers of children aged 6-19, with a **diagnosis of autism**.

This course is available free of charge to **families living in Barnet.**

**Cygnet is a 6-week training course covering topics including:**

* An overview of autism
* Communication
* Sensory needs
* Understanding behaviour

This course also gives parents/carers an opportunity to meet to meet each other and share their experiences.

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| **Where : Online**  | **When: Tuesday mornings 10.00 - 11.30am 1st November, 8th November, 15th November, 22nd November, 29th November, 6th December** |

**The course is free, but it is essential that parents/carers register.**Please use this link:

[**CYGNETS registration form Autumn 2 (Nov & Dec) mornings 2022**](https://forms.office.com/r/Rfvcd4um1u)

Or scan the QR code: 

For any enquiries please email : autism.team@barnet.gov.uk with ‘Cygnets’ mentioned in the subject line.