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| Barnet header logo |
|   | **Emotional Literacy Support Assistant (ELSA) training**  |    |

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| **What is ELSA?**ELSA is an evidence-based training programme for Barnet schools organised by the Educational Psychology Team (in collaboration with Barnet Virtual School). ELSA is a programme which builds capacity within primary and secondary schools to support children and young people’s social and emotional needs. Support assistants (such as TAs and learning mentors) are trained to deliver psychological interventions, usually over 6-12 weeks, to individuals and groups of children and young people. ELSAs provide planned and focused interventions, providing young people with a safe space to understand and express their feelings, develop coping skills and build resilience.ELSA supports a range of needs in children and young people, which may include* Low confidence & anxiety
* Bereavement, loss & trauma
* Limited understanding of emotions in themselves and others
* Emotional regulation needs
* Peer relationship difficulties

ELSAs attend an initial 6-day training programme (with line managers attending half of day 1) and ongoing half-termly supervision, all facilitated by the Educational Psychology Team. After 1 full year of supervision, ELSAs will become fully accredited. ELSAs must then then continue to attend regular supervision to maintain their accreditation.**Commitment:**By signing up to the programme, you are committing to the staff member(s) attending 6 full days of training and ongoing half-termly 2-hour supervision sessions. ELSAs will be expected to be allocated protected time each week to plan and deliver the ELSA programme, and attend planned supervision sessions. **Initial training package:**Each ELSA will receive 6 days of training (Autumn Term), plus 4 supervision sessions (Spring and Summer Terms). The ELSAs will also be provided with training materials.**Costs:**£736 per delegate or 12.5 BPSI hours (from 22/23 allocation) for the 6 days of training and first 4 supervision sessions. No charge for the Senior leader attending half of Day 1. Please note that there will be a small yearly cost for ongoing supervision of approximately £300 (6 sessions per year).**Leader(s):** Abigail Freedman & Aimee Cole, Educational Psychologists  |
| **Training Dates:**  | **Day 1: Monday 12th September 2022****Day 2: Monday 19th September 2022****Day 3: Monday 3rd October 2022****Day 4: Monday 31st October 2022****Day 5: Monday 14th November 2022****Day 6: Monday 28th November 2022** |   |
| **Time(s):**  | 09:30 - 15:30 (please arrive from 9am for a prompt start) |   |
| **Venue:** | PDC@Claremont, Claremont Road, Cricklewood NW2 1AB (use old infant entrance) |   |
| **Provider:** | Educational Psychology Team (in collaboration with Barnet Virtual School) |   |
| **Cancellation policy:**  | A cancellation notice period of five working days is required before the first training day or the full course fee will be charged. If the course is oversubscribed we will operate a waiting list. |  |
| **Supervision dates** | Dates will be circulated later in the year |  |
| **Booking** | Please email Abigail.freedman@barnet.gov.uk to secure your place |  |

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| The council is committed to providing equality of opportunity for all. If you have any particular needs (for example, access, parking, hearing loop, large print handouts, signing, tape recorders, or specific dietary needs etc) please telephone the Traded Services Business Support Team on (020) 8359 /6306/6325/6341 to discuss your needs.  |
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| Training & Traded Services TeamOffice address: 2 Bristol Avenue, Colindale, NW9 4EWEmail: BELS.training@barnet.gov.ukTel: 020 8359 6306 / 3301 / 6353 |
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