

Emotional Health Service (EHS) Update

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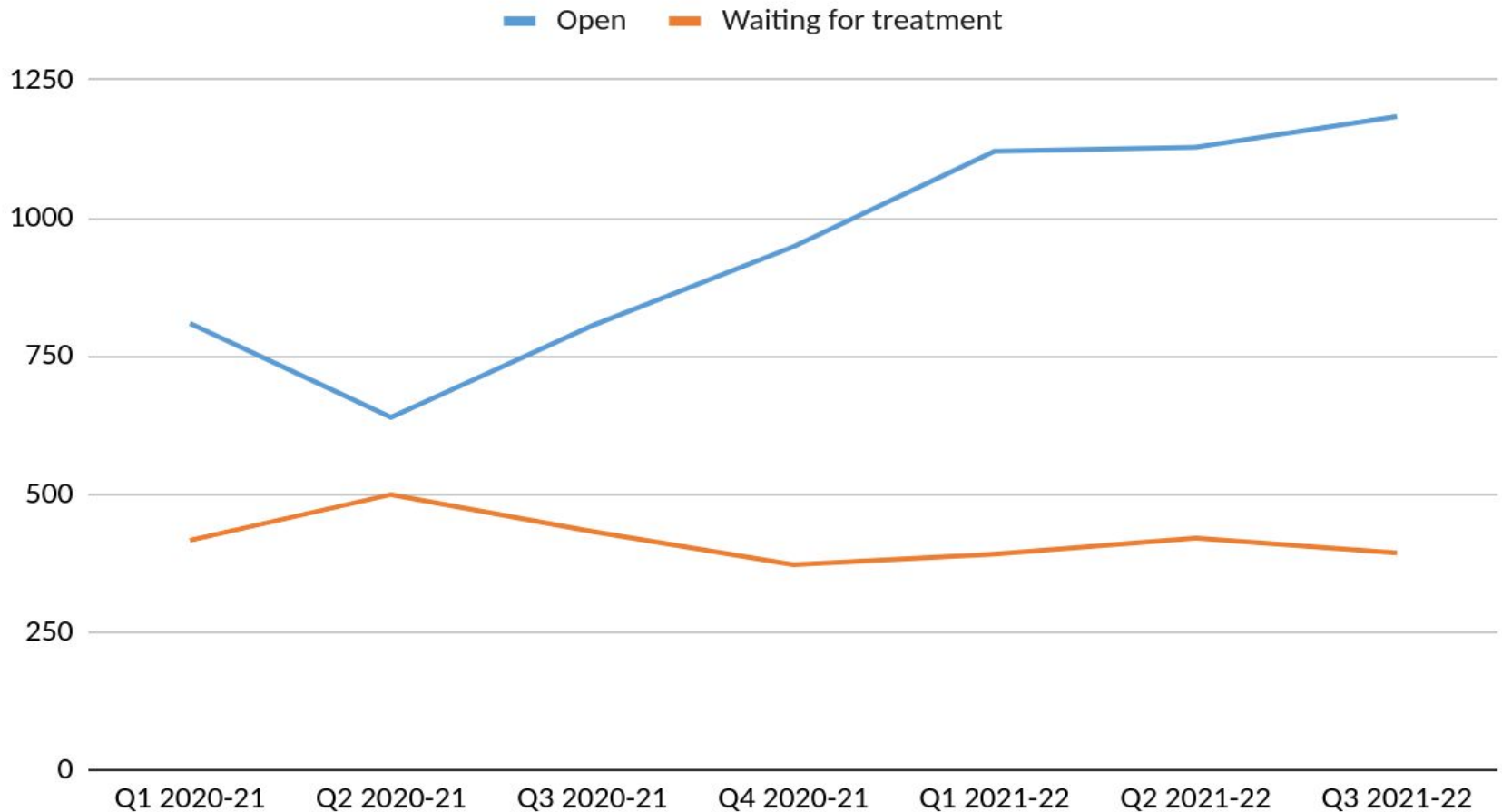
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Referral Trends

BLUE open cases **ORANGE** waiting cases



Referral trends

Top concerns

- Anxiety
- Low mood

Top referrers

- Schools
- GPs
- Early Help
- Tier 3 CAMHS



Waiting times

- Most people wait 13-18 weeks for initial choice appointment, but a quarter wait upto 6 months
- 24% wait under 6 months but most people wait 6 months to 1 year for treatment following their choice appointment
- Waits for groups are shorter, sometimes under 4 weeks
- Current longest waits are Art Therapy in Kingston due to staffing changes (1 year from referral)
- Waiting times for treatment are reducing overall at EHS, but slowly

What's going well?

- Change to our waiting list for treatment to ensure fair waits even if you come via Tier 3 or MHST.
- Virtual waiting room project - more contacts during the wait and workshops, a more proactive approach.
- New assistant psychologists to focus on post diagnosis for ASC - 4 check in's a year and more! (Started April 22)
- Extensive online group programme - for young people with anxiety or low mood plus parents of anxious primary aged children.
- New post focusing on care leavers and UASC in Permanency
- Increased funding for a team dedicated to children with learning disabilities including Positive Behaviour Support
- Mental Health Support Teams in school - 100% of Kingston schools offered to join the programme. All bar 2 schools are now involved.

What are we worried about?

- Very significant recruitment challenges across the system, leading to vacancies, pressure on existing staff.
- Waiting times for choice, therapy and NDT assessment at EHS
- Increase in complexity of cases
- Very limited voluntary sector counselling in Kingston



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