

#### HARTLEPOOL VCS NEWS

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#### Have Your Say

Are you wanting to promote an event, course or vacancy? If you would like a space in the Hartlepower Newsletter, please get in touch with: <u>JamesIrvin@hartlepower.co.uk</u>.



**Notices** 

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#### Covid Champions Update

Just an update in regards to the Covid Champion programme going forward. Our role of Covid Engagement Officer is coming to an end next month.

The Covid Champion programme has been a great success in keeping the residents of Hartlepool up to date with the latest Covid guidance. There is huge potential in developing this programme and we would like to know your thoughts.

The Champion role could potentially evolve covering Covid information, Public Health messages and raising awareness of health issues. If this is something you may be interested

in going forward, please let us know.

We would also like to take this opportunity to thank you for your support, help and time during this really difficult period. You have made such a huge difference in getting messages out to your families, friends & communities.

Take care & thanks once again

Hannah & Julie

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22nd-24th March: National Lottery Open Week at Hartlepower



31st March: Autism Awareness Event, Community Hub Central, 2-4:30pm

5th April: Sector Connector 59 Live at Greenbank, 10-11:15am

**13th April:** Social justice Research in the North East 10-12am, <u>https://www.eventbrite.co.uk/e/social-justice-research</u> for more information.

19th April: Sector Connector 60 Live on Zoom, 10-11:15am

# Room Availability Back to Top



We have plenty of rooms available for functions and new spaces available in <u>Hartlepower</u> <u>Hubs 1 & 2</u>. If you are interested in finding out more information, please get in touch with Clair Gilbraith via: <u>ClairGilbraith@hartlepower.co.uk</u> or call 01429 806400 and select option

2.

#### **Sector Connector Notes**

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#### Jan Grocott - Alice House Hospice

Jan has been focusing on the two services Alice House Hospice provide, Bereavement Counseling and Holistic Wellbeing. The counselling they offer is for all ages dealing with bereavement, around the East Durham and Hartlepool Areas, this can either be in the form of 1-1 or group sessions, with self or agency referrals being the norm. <u>Hartlepool Holisitic</u> <u>Wellbeing</u> offers multiple therapies like Reiki, meditation, mindfullness, accupuncture and much more. This has become an extremely relevant service with growing lockown and Ukrainian anxieties. There is a parent + child mindfullness group running Tuesday evenings which values resocialising and wellbeing through holistic crafts.

#### Get in touch: JGrocott@alicehousehospice.co.uk

Ollie Watt - Community Navigator, Hartlepool Borough Council

Ollie has recently been hard at work as part of his team of 6, who are there as the first point of access for people with needs, to be signposted and assessed. They then provide a handholding approach to allow the individual to access services.

In the <u>Hartlepool Community Hub 1</u>, there are also plenty of events, like Digital support groups, occupational therapy, outreach groups for children, The FabLab and many others. A young men's mental health group has also been setup for 18-35's between 1:30-3:30pm.

Get in touch: Oliver.Watt@hartlepool.gov.uk

**Vacancies** 

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#### HartlePower Sustainable Warmth Project Officer



#### Your Views: Consultation and Feedback

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Your Say our Future, <u>Hartlepool Borough Council</u> invite you to help shape pharmacy services in the town, to get involved please click the link below: <u>https://yoursay.hartlepool.gov.uk/hbc21-pna</u>

#### MMR vaccine take-up - can you help?

As part of a campaign to improve uptake in MMR vaccination across the region, NHS England & NHS Improvement have designed a survey for parents of children aged 5 and under - to establish **how much is known about measles, mumps & rubella and the MMR vaccine**. The survey also aims to understand anything that may be preventing parents from having their children vaccinated.

Please share the survey link below amongst your contacts – and do what you can to encourage parents of children aged 5 and under to complete the survey.

#### MMR Survey for Parents of Children aged 5 and Under

A Selection of Funding Opportunities
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#### New Lloyds Bank Foundation Funding Application



#### www.lloydsbankfoundation.org.uk/we-fund

#### A Forum of Funders for Hartlepool 10am–12pm, Wednesday 30<sup>th</sup> March @ Greenbank, Stranton

Join representatives from the following funders of voluntary and community sector organisations to hear about their grant giving practice:

- National Lottery Community Fund (Lorraine McConnell)
  - Sir James Knott Trust (Jo Curry)
    - PFC Trust (Joe Dunne)
  - Greggs Foundation (Justine Massingham)
    - The Teesside Charity (Diane Williams)
  - Hartlepool Borough Council (Gemma Ptak)

Whilst our meeting room in Greenbank is fairly large we do need to know who intends to come – so please contact <u>jamesirvin@hartlepower.co.uk</u> to reserve a place.

### **Training Opportunities**

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Calling community group leaders

Sign up for a free interactive workshop, online or in person, where your <u>UK Parliament</u> Outreach Officer will show your group: how to campaign for change, how to get their voices heard, and how UK Parliament works.

Click the picture on your right to find out more.



Eden Academy's Free Driving Theory Support Course 28th March 2022 for 1 week (Mon-Fri 9:30-2:30pm)



<u>Hartlepool Borough Council</u> have again increased their current Distance Learning offer and from today have added another three qualifications to our offer;

- Level 2 Adverse Childhood Experiences
- Level 2 Domestic Violence Awareness

• Level 2 Workplace Violence and Harassment

All three of these courses are fully funded!

### **Recent Research**

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Ethnic inequalities in NHS healthcare

Health research body **The NHS Race and Health Observatory** ensures that the best possible evidence is available to support the NHS to tackle ethnic health inequity. Its recent report – Ethnic Inequalities in Healthcare: A Rapid Evidence Review (February 2022) – presents findings and recommendations regarding ethnic inequalities in healthcare and within the NHS workforce. The work was conducted by academics from the Universities of Manchester, Sheffield and Sussex.

The Observatory acknowledges that ethnic inequalities in access to, experiences of, & outcomes of healthcare are longstanding problems in the NHS and that these are rooted in experiences of structural, institutional and interpersonal racism. It notes that the health of ethnic minority people has been negatively impacted by:

- lack of appropriate treatment for health problems by the NHS;
- poor quality or discriminatory treatment from healthcare staff;
- a lack of high quality ethnic monitoring data recorded in NHS systems;
- lack of appropriate interpreting services for people who do not speak English confidently and

• delays in, or avoidance of, seeking help for health problems due to fear of racist treatment from NHS healthcare professionals.

Based on a review of academic research evidence spanning 10 years (2011-21) alongside the findings from stakeholder engagement with academics, clinicians & people working with ethnic minorities in the community – the report authors concluded that ethnic inequalities are evident in each of:

- access to, experiences of, and outcomes of, mental healthcare;
- access to, experiences of, and outcomes of, maternal and neonatal healthcare;
- digital access to healthcare;
- genetic testing and genomic medicine;
- the NHS workforce.

The researchers noted that there were differences between individual ethnic minority groups – suggesting that some groups have particularly poor access, experiences and outcomes.

Read the full report here: <u>Publications Archives - NHS - Race and Health ObservatoryNHS</u> <u>– Race and Health Observatory (nhsrho.org)</u>

"The quality of our vision depends entirely on the extent our consciousness permeates and resonates within [reality's] magical realm. In this respect, there is complete symmetry between science and art. Both are creative acts of the most intimate communion with reality."

M-W Ho (geneticist)