

BELS Advisory Team for Autistic Children and Young People

BACPAC: Barnet Autism Course for Parents And Carers. An Online Parent/Carer Training Course

A comprehensive training and support programme for parents/carers of children **aged 6-19**, with a **diagnosis of Autism**.

This course is available free of charge to **families living in Barnet**.

A 6-session online training course, covering topics including:

- An overview of what it means for your child to be Autistic.
- Communication.
- Sensory needs.
- Understanding emotional regulation/'behaviour'.

This course also gives parents/carers an opportunity to meet each other and share experiences.

Please only sign up for **one** of these courses and please do not sign up if you have already attended this course, or the Cygnets Course.

BACPAC: Barnet Autism Course for Parents and Carers. Summer Term 2024 One, A 6-session morning course.

Dates and times:

Wednesday 17th April 10-11.30am

Wednesday 24th April 10-11.30am *An alternative session is available on Monday 22nd April 11am-12.30pm for those unable to attend 24th April.

Wednesday 1st May 10-11.30am

Wednesday 8th May 10-11.30am

Wednesday 15th May 10-11.30am

Wednesday 22nd May 10-11.30am

Sign up here: <https://forms.office.com/e/CVh5yKZmvE>

BACPAC: Barnet Autism Course for Parents and Carers. Summer Term 2024 Two, A 6-session morning course.

Dates and times:

Thursday 6th June 10-11.30am

Thursday 13th June 10-11.30am *An alternative session is available on Monday 10th June 10-11.30am for those unable to attend 13th June.

Thursday 20th June 10-11.30am

Thursday 27th June 10-11.30am

Thursday 4th July 10-11.30am

Thursday 11th July 10-11.30am

Sign up here: <https://forms.office.com/e/p6Bjk8f7Yw>

For any enquires please email Autism.Team@barnet.gov.uk with 'BACPAC course' as the subject, thanks.