

BELS Advisory Team for Autistic Children and Young People

Are very pleased to welcome guest speakers:

Sam and Tony Holness

Sam Holness is an Autistic triathlete; he is the first from the BAME community to complete Kona. His goals are also to motivate other people, like himself, to participate in sport to help with their wellbeing and to get healthy. Sam also wants to increase the diversity amongst the triathlon family and to become the first professional autistic triathlete.

The online talks are free, but it is essential that parents/carers/staff register.

Where: Online via Zoom.

When: Tuesday 26th September at 10am

Or Monday 2nd October at 6pm

Please register for **one talk**.

For the 26th September 10am talk please use this link to register;

<https://forms.office.com/e/mh7E5zjBRf> Or scan the QR code:



For the 2nd October 6pm talk please use this link to register;

<https://forms.office.com/e/bhJUXeLfDA> Or scan the QR code:

