

## **Celebrate Autistic Neurodivergence!**

For 'Autism Acceptance Week' 2023

**ALL AUTISTIC PEOPLE ARE DIFFERENT!** ... And have different challenges and strengths.

**But some things that Autistic people may have in common are:**

- Sensory differences
- Language differences
- Motor skills differences
- Executive functioning differences
- Perception differences

**How can you accept, embrace, and celebrate Autistic Neurodivergence?**

- Appreciate and celebrate people's differences
- Think about how useful our differences can be- if we were all the same how would our world look?
- Consider how you can adjust your environment to make your neurodivergent peers more comfortable
  - Listen to Autistic experience
  - Communicate inclusively

Visit [World Autism Acceptance Week 2023](#) for more information!

**Where to learn more about the diversity of Autistic experience:**

**Watch:**

'Inside Our Autistic Minds' by Chris Packham

[BBC Two - Inside Our Autistic Minds](#)

Amazing Things Happen - by Alexander Amelines

[Amazing Things Happen - by Alexander Amelines - YouTube](#)

**Listen:** '1800 Seconds On Autism' on BBC Sounds

[BBC Sounds - 1800 Seconds on Autism](#)

**Read:**

[National Autistic Society \(autism.org.uk\)](#)