# Cygnet Parent / Carer Autism Training

A comprehensive training and support program for parents/ carers of children aged 6-19, with a **diagnosis of autism**.

This course is available free of charge to **families living in Barnet.**

Cygnet is a 6-week training course covering topics including:

* An overview of autism
* Communication
* Sensory needs
* Understanding behaviour

This course also gives parents/carers an opportunity to meet to meet each other and share their experiences.

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| Where : Online | When: Wednesday morning 10.00 - 11.30am  September 7th, September 14th, September 21st, September 28th, October 5th, and October 12th |

The course is free, but it is essential that parents/carers register.   
Please use this link:

[CYGNETS registration form Autumn 1 (Sept/Oct) mornings 2022](https://forms.office.com/r/RiC5Gri14e)

Or scan the QR code: Qr code

Description automatically generated

For any enquiries please email : [autism.team@barnet.gov.uk](mailto:autism.team@barnet.gov.uk) with ‘Cygnets’ mentioned in the subject line.